



2023
Fall
Winchester
Recreation
&
Community
Education

PHOTO TAKEN DURING ANNUAL HALLOWEEN WINDOW PAINTING!

INSIDE

YOUTH PROGRAMS

Pre School 23'/24'
After School Care 23'/24'
Archery
Art Studio
Babes in Artiland
Basketball
Chess Wizards
Computer Programming
Fun-Derland
Fish On
Frisbee
Gymnastics
Halloween Painting
Kids Test Kitchen
Karate
Kids Newsroom
Lacrosse
Language Clubs
LEGO Challenges
Soccer
Sports Broadcasting
Volleyball

ADULT/COMMUNITY PROGRAMS

Youth Tennis
Adult Tennis
Social Skills Workshops
Adult French Conversation
Intro to Drawing
Zumba
Yoga & Mindfulness
Pickleball
College Planning
Softball

WWW.WINREC.COM

Winchester Recreation Department, 263 Main Street - Winchester MA 01890

Department Information

Winchester Recreation
263 Main Street
Winchester MA 01890
Main Office: 781-721-7125
Fax: 781-721-7129
www.winchester.us/635/Recreation-
Department

OFFICE HOURS

Monday: 8AM to 7PM
Tuesday-Friday: 8AM to 4PM

STAFF CONTACT INFO

Nick Cacciolfi

Director of Recreation
ncacciolfi@winchester.us

Mitchel Ulacco

Program Supervisor
mulacco@winchester.us

Jennifer Cutillo

Administrative Assistant
jcutillo@winchester.us

Michelle Blumsack

Office Clerk
mblumsack@winchester.us

Sonja Ferraguto

Pre-School Director
sferraguto@winchester.us

Carol McCollem

WRAP Director
cmccollem@winchester.us

Lisa Paganis

WRAP Assistant Director
lpaganis@winchester.us

REGISTRATION

Online: www.winrec.com
Register or add yourself to the waitlist
for classes 24/7

TRANSPORTATION

Transportation, when provided,
will be by North Suburban
Transportation, unless otherwise
noted.

FINANCIAL AID INFO

Financial Assistance may be available
upon request. Applications available
online or by request.

SPECIAL CIRCUMSTANCES

Those requiring special assistance,
please contact the Recreation Director.

TUITION

Tuition must be paid at the time
of registration. Visa, Master Card,
Discover are accepted. Checks should
be made payable to Winchester
Recreation Department.

PAYMENT PLANS

If you are in need of setting up a
payment plan please reach out to
Michelle Blumsack mblumsack@
winchester.us

E-ANNOUNCEMENTS

Please sign up for our general email list
to receive periodic updates and new
program information via email.

WEATHER CANCELLATIONS

Weather cancellations will be emailed
and posted on our registration website:
www.winrec.com

FLEXIBLE SPENDING

Town of Winchester
Tax ID # 046-001-371

NEIGHBORS HELPING

NEIGHBORS

NHN is a fund set up to help support
Winchester families who might
otherwise be unable to afford recreation
programs. To donate: Add Neighbors
Helping Neighbors to your cart, then
select the amount you would like to
donate.

PHOTO PERMISSION

Participants in Winchester Recreation
Sponsored activities permit the taking
of photos and videos of themselves
and their children for publication and
use. Instructions to the contrary must
be made in writing to the Recreation
Department.

REFUND AND CANCELATION POLICY ON PAGE 6

WINCHESTER RECREATION FALL 2023

PROGRAM GUIDE

TABLE OF CONTENTS

WRAP After School	3
Gym Rentals	3
Kid Connection Pre School 23/24	4-5
Refund Policy	6
In Town Basketball	6
Youth Basketball	7
Flag Football	7
Preschool/youth Programs	8-9
Youth Programs	10-12
Computer Programming	13
Social Skills Workshops	14
Pickleball	14
Adult Programs	15
Adult Softball	16
Winchester Youth Organizations	16
Field Use Rental/Policies	17

***Periodically we will add new
programs throughout the
programming season online that do
not appear in this program guide.
Please check www.winrec.com for any
program updates, cancellations
and changes.**

Disclaimer: OOPS! Occasionally there
may be an error, typo or change in
the day, times, fees or location in the
brochure. If so, we will do everything
possible to correct the situation
promptly. Thank you for your patience
and understanding should these
situations arise.

After School Care 2023/2024

WINCHESTER RECREATION DEPARTMENT AFTER SCHOOL CARE 2023-2024

The Winchester Recreation Department offers an EEC licensed after school childcare program for children entering K – 6 at our WRAP program, centrally located in the Recreation Department Mystic Building at 263 Main Street.

The WRAP program is licensed by the Department of Early Education and Care and follows the Winchester Public School calendar. Care is provided on all early release days, as those costs are built into the monthly fees. When schools are closed for vacations, holidays, professional development days or snow days, the programs are generally closed, however there are times where we may offer additional registration options, subject to additional fees. (Vacation Programs, No School Days/Teacher Professional Development Days)

Each WRAP classroom is specifically designed and outfitted with age-specific equipment and materials for a developmentally friendly space for each grade. The WRAP program has use of the gym, a newly renovated sport court, 2 age specific playgrounds and opportunities for children to enroll in a wide variety of enrichment programs offered at the Rec. Department during their afterschool care. Enrichment offerings are registration based and have included programs such as art, martial arts, fencing, cooking, language learning, STEM based programs, sports and fitness, and gymnastics. WRAP also provides additional enrichment opportunities throughout the week in their daily structure, activity-based clubs, homework time, opportunities for free and structured play, choice-based activities, and early release day field trips, performers, and special events.

PRICING/FEE STRUCTURE: \$50 nonrefundable registration fee

- 5 days/wk \$545/month
- 4 days/wk \$490/month
- 3 days/wk \$390/month
- 2 days/wk \$260/month

-CURRENTLY TAKING A WAITLIST-
 Please contact mblumsack@winchester.us
 to be included on the waitlist

WRAP Director: Carol McCollem cmccollem@winchester.us
WRAP Assistant Director: Lisa Paganis lpaganis@winchester.us

2024 – 2025 Registration is conducted in mid January for returning students, with new student registration beginning in early February. Our Winter Brochure will include updated information and exact registration timelines.

Rental at Win Rec

The Winchester Recreation Department offers evening and weekend rentals (based on activity schedules). Community members can rent our gym for birthdays, to shoot hoops, play floor hockey, dodge ball, or just run around and get some exercise. Classrooms are also available for workshops/meetings/party space.

All renters must have an adult onsite at all times. Recreation equipment is available for use upon request. A staff member will be onsite to assist with any equipment needs and set up. If you are bringing in an outside vendor or performer to run games or events, the Town of Winchester will require proof of insurance from all businesses.

BIRTHDAY PARTY RATES & INFORMATION

Days/Times Available:

Monday – Friday: Call for availability/rates.

Weekends: \$300 fee includes 2 hours for party/event, with 30 minutes of set up and 30 min for breakdown (total 3 hours)

Email request forms/questions to: mulacco@winchester.us

Request form: <https://www.winchester.us/DocumentCenter/View/5792/Mystic-Gym-Request-form>

DocumentCenter/ View/5792/Mystic-Gym-Request-form



Kid Connection Preschool 2023/2024

KID CONNECTION PRE-SCHOOL REGISTRATION

Sonja Ferraguto, Director (781)759-9743 sferraguto@winchester.us

Our Kid Connection Preschool, located at the Recreation Department Building at 263 Main Street is designed to create a community of learning and provide a rewarding preschool experience for each child. Kid Connection has been serving the Winchester community for over 25 years, and we pride ourselves on the longevity of our dedicated teachers and our low teacher to child ratio. Theme-based curriculum combines learning through play with teacher directed activities to support early childhood learning and social emotional development in a nurturing environment. Enrichment activities throughout the year include music, yoga, gymnastics, local field trips, and more. Our convenient location provides us with large classrooms and an expansive outdoor play area including a new sport court built this past spring. We respect each parent as their child's first educator and welcome your involvement in your child's care and education as we build a cooperative relationship between teachers, children, and their families. Kid Connection is a school year program that mirrors the Winchester Public School calendar and is licensed by The Department of Early Education and Care (EEC).

STEPPING STONES - Age 2.9 by Sept. 1 Days: Tuesday, Wednesday, Thursday: 9:00am-12:00pm

Stepping Stones offers a first preschool experience for your child, where they explore through hands on activities with support for their emerging independence, social/emotional, and self-help skills. Themed curriculum focuses on learning through play, and introduction of early learning concepts.

Tuition: \$4,425/year or \$442.50/month Max class size 16/3 teachers

ALPHABET SOUP - Age 3.5 by Sept. 1 Days: Tuesday, Wednesday, Thursday: 9:00am-12:00pm

Alphabet Soup offers a structured preschool experience for younger 3's, preparing for our pre-kindergarten classes in Little Rascals and Building Blocks. Themed curriculum focuses on learning through play, creativity, exploring art materials, introducing letters and numbers, and improving fine motor skills through writing and manipulatives. The concept of community is emphasized within the classroom as self-help skills, social interactions, and growing independence are continued.

Tuition: \$4,350/year or \$435/month Max class size 18/3 teachers

LITTLE RASCALS - Age 3.10 by Sept. 1 Days: Monday – Thursday, 9:00am-12:15pm

Little Rascals extends learning opportunities for older 3's and younger 4's, who may have had an earlier preschool or daycare experience. Play and learning activities build on independence, self- confidence, and social skills. Pre-academic concepts are taught through a themed curriculum, with a focus on play-based learning, dramatic play, cooperation, and community, preparing each child for both our Building Blocks class and Kindergarten.

Tuition: \$5,250/year or \$525/ month Max class size 18/3 teachers

BUILDING BLOCKS - Age 4.3 by Sept. 1 Days: Monday – Friday, 9:00am-12:30pm

Building Blocks is a prekindergarten class which combines teacher led activities and student explorations to create an engaging and active learning environment. The themed curriculum focuses on early math and literacy skills, responsibility and cooperation, self-help skills, and growing independence, preparing your older preschooler for kindergarten.

Tuition: \$6,200/year or \$620/month Max class size 18/3 teachers

BUILDING BLOCKS - Extended Day Days: Monday – Friday, 9:00am-2:00pm

The full day option extends the Building Blocks Day, providing more time for learning through play and socializing with classmates. Children bring their own lunch and engage in activities that allow for additional exploration of the daily curriculum. The full day also helps to meet the needs of older 4's or younger 5's, who benefit from an additional year of preschool before kindergarten.

Tuition: \$9,200 or \$920 per month Max class size 18/3 teachers

**NEW- Add extended day and additional day options!
See Stay and Play and Discovery Days options on the next page!**

Kid Connection Preschool 2023/2024



KID CONNECTION ADD-ONS:

Both programs below are only open to students enrolled in Kid Connection classes who do not already attend on these days (open to Stepping Stones, Alphabet Soup, and Little Rascals) Depending on enrollment, classes may be mixed age.

NEW! DISCOVERY DAYS: Monday 9:00-12:00 & Friday: 9:00am-12:00pm

Acting out stories, exploring art materials, music, and movement, building and creating... more of what your child loves about learning! If you prefer a full week schedule for your younger preschooler, you can add one or two Discovery Days to complete their week. Play and educational activities will complement the weekly curriculum themes and learning concepts in your child's class to extend their learning.

Tuition: \$1375/year or \$137.50/month per day

STAY AND PLAY:

Choose your days/pricing below:

This program gives your child extra time for fun and learning! Our extended day program is offered Monday through Friday, from the time your child is dismissed from their class, until 2:00pm. Your child will have lunch (provided from home), quiet time, and additional time for activities, including craft projects, games, story time, and outdoor play. Our teacher to child ratio is 1:6. You may register for 1-5 days of extended care on days when your child normally attends. We require a minimum of 3 children enrolled to hold this program on any day, and children must be potty trained to attend.

Monthly cost for extended day options:

\$110/month for 1 Day

\$205/month for 2 Days

\$300/month for 3 Days

\$390/month for 4 Days

\$480/month for 5 Days

*Single days/drop-ins are available at a fee of \$35/day if enrollment is not full. We ask that parents request by the Friday before to ensure adequate staffing. Contact Sonja Ferraguto, Director - sferraguto@winchester.us (781)759-9743

2023-2024 SCHOOL YEAR REGISTRATION INFORMATION

Tours are available by appointment by contacting Sonja Ferraguto, Director by calling (781)759-9743 or emailing her at sferraguto@winchester.us

FEES TUITION AND MONTHLY BILLING:

Registration fees: a non-fundable fee of \$50 is due upon registration, and is payable via cash, check, or credit card.

Currently enrolled families may also charge their credit card on file.

Deposit: A non-refundable deposit in the amount of one month's tuition is due to secure your child's spot for the 2023 school year. This deposit covers the tuition for September.

Due date: February 10, 2023 for newly enrolled students, including siblings of current students. June 15, 2023 for all currently enrolled students continuing in the program

MONTHLY BILLING: Yearly tuition is divided into ten equal payments to cover September through June. Enrollment forms for 2023 will be distributed in late June, including a payment authorization form to be used for automatic payments to be established. The monthly billing cycle will begin September 1st, to cover the following month's tuition, with the final monthly payment due May 1st, to cover June tuition. Financial applications are available upon request.

In-Town Basketball

2023 – 2024 Winchester In-Town Basketball Program

This program is for boys/girls of all abilities and skill sets! Participants will have the opportunity to play games each week in a fun environment against classmates and friends. Game play will be held on Saturdays with skills sessions/practices for all groups meeting 1x time during the week (day and time TBD). Teams will consist of 8 – 10 players per team, with playing time being distributed evenly. During game play we will be utilizing Winchester High School athletes from both the boys’ and girls’ basketball teams to referee. Specifics on game play and rules will be set prior to the start of the season. Hoops will be set at 10ft for grades 4th – 8th, with hoops set at 8ft for grade 3, both boys and girls. Age groups could be combined based on registration numbers with your child’s team placements and complete schedule being released before the first week of practices/skills that begin the week of December 4. **Game play will begin on December 9.**

BOYS IN-TOWN BASKETBALL (Grades 3rd – 8th)

GAME SCHEDULE: Saturdays, December 9th - March 2nd (Off 12/23, 12/30, 2/24)

GRADES	TIME	LOCATION	FEE
Boys Grade 3:	10:00AM or 11:00AM	Lincoln Elementary	\$180
Boys Grade 4:	8:00AM or 9:00AM	McCall Middle School	\$180
Boys Grade 5:	9:00AM or 10:00AM	McCall Middle School	\$180
Boys Grade 6:	1:00PM or 2:00PM	McCall Middle School	\$180
Boys Grade 7:	1:00PM or 2:00PM	McCall Middle School	\$180
Boys Grade 8:	1:00PM or 2:00PM	McCall Middle School	\$180

Each team will have one skills/practice night per week and one game each Saturday starting December 9. Details will be sent to parents by their teams coaches prior to the start of the season.

GIRLS IN-TOWN BASKETBALL (Grade 3rd – 8th)

GAME SCHEDULE: Saturdays, December 9th – March 2nd (Off 12/23, 12/30, 2/24)

GRADES	TIME	LOCATION	FEE
Girls Grade 3:	8:00AM or 9:00AM	Lincoln Elementary	\$180
Girls Grade 4:	8:00AM or 9:00AM	Lincoln Elementary	\$180
Girls Grade 5:	11:00AM or 12:00PM	McCall Middle School	\$180
Girls Grade 6:	11:00AM or 12:00PM	McCall Middle School	\$180
Girls Grade 7:	11:00AM or 12:00PM	McCall Middle School	\$180
Girls Grade 8:	11:00AM or 12:00PM	McCall Middle School	\$180



PRACTICE SCHEDULE:

Days: Mondays - Friday

Each team will have one skills/practice night per week and one game each Saturday starting December 9. Details will be sent to parents by their teams coaches prior to the start of the season.

Times/Locations are subject to change based upon registration numbers in both boys’/girls’ divisions.

COACHES & ON-SITE GRADE COORDINATORS

If you are interested in coaching this year or volunteering as a Boys/Girls on-site Grade Coordinator, please reach out directly to Mitch Ulacco mulacco@winchester.us for more information.

PROGRAM REFUND/CANCELATION/TRANSFER POLICY*

Notice must be given 5 business days prior to a program start date for a refund.

- Programs costing less than \$100: Full refund less \$10

- Programs costing \$100+: Full refund less 10% of the program fee

- Transfers will be charged \$10 administrative fee.

- Only medical refunds can be given after the program has begun; however these will be prorated for classes attended and a \$10 administrative fee will be applied. (physician documentation required).

*This excludes CHILDCARE PROGRAMS & PRE-SCHOOL please see specific policies for WRAP & Kid Connection.

Youth Basketball



Rookie Division: *PreK - K

Date: Saturdays, Nov.18th - Feb. 10th

(Off 11/25, 12/23, 12/30)

Time: Game times will vary each week

Boys: 9AM, 10AM, or 11AM

Girls: 9AM, 10AM, or 11AM

Location: Vinson Owen School

Fee: \$125.00

*Must be 4yrs of age prior to Dec 1st. or in K

Veterans Division: Grades 1st/2nd

Date: Saturdays, Nov.18th - Feb. 10th

(Off 11/25, 12/23, 12/30)

Time: Game times will vary each week

Boys: 11AM, 12PM or 1PM

Girls: 11AM, 12PM or 1PM

Location: Vinson Owen School

Fee: \$125.00

WINCHESTER JUNIOR LEAGUE BASKETBALL

November 18th - February 10th (10 weeks)

Boys and Girls Ages PreK-K(4yrs) - 2nd Grade

One of our most popular programs!! This program is for boys and girls ages 4yrs old thru 2nd Grade. Children will be placed on teams according to age/grade, and will receive their very own team shirt. Focus will be on instruction as well as game play. Teams will practice for the first 20-minutes, followed by a 32-minute game each week.

Please note that times may vary each week however all games/practices are on Saturdays. You cannot request a specific time. 10 weeks (First two weeks practice).

Rookie Division : Ages 4 yrs old thru K (must be 4 by December 1)

- The Jr. Dribblers Division is for boys and girls that are PreK (4yrs of age as of December 1st) or in Kindergarten.
- There will be a separate girls Division and Boys Division if numbers permit.
- Players will rotate into the line-up every 4 minutes of the game.
- Hoops will be lowered to 7ft and mini balls will be used
- Coaches will act as referees and are allowed to be on the court to help with positioning. Volunteers will coach the teams.

Veteran Division Grades 1st - 2nd

- The Veteran Division is for boys and girls that are currently in 1st grade or 2nd grade
- There will be a separate Girls Division and Boys Division if numbers permit.
- Players will rotate into the line-up every 4 minutes of the game.
- Hoops will be lowered to 7ft and jr. size bballs will be used
- Coaches will act as referees and are allowed to be on the court to help with positioning. Volunteers will coach the teams.

VOLUNTEER COACHES WANTED - contact Mitch Ulacco mulacco@winchester.us

Flag Football

SUNDAY NIGHT LIGHTS FLAG FOOTBALL (K - 8th)

The mission is to provide the youth of Winchester with an opportunity to experience the positive social and athletic benefits of flag football. We aim to have fun playing the great game of flag football in a safe environment that will help kids learn about physical activity and the proper skills required to play the game. Developing character and sportsmanship are also top priorities. There will be practice time before each game. This time will enable coaches to work on skills and schemes that will be used in games. Teams will consist of 8-10 players and, in the interest of keeping teams balanced, no team requests will be honored. A game shirt will be provided to each participant

Dates: Sundays, September 17th to October 29th

Boys Division	Time
K - 1st	12:00PM - 1:00PM
2nd - 3rd	1:00PM - 2:00PM
4th - 5th	2:00PM - 3:00PM
6th, 7th 8th	3:00PM - 4:00PM

Girls Division	Time
K - 2nd	12:00PM - 1:00PM
3rd - 5th	1:00PM - 2:00PM
6th-8th	2:00PM - 3:00PM



Cost: \$160.00

Location: Knowlton Stadium Turf, Manchester Grass

Contact: cmcfadden@snlfootball.com for questions or info on coaching SPACE IS LIMITED TO 100 PER GROUP

Pre-School Activities

BABES IN ARTLAND (2-4yrs)

This program encourages parents and children to interact in a creative and challenging environment. Children explore with paint, glue and other craft materials. Parents and children will have loads of fun when they team up and create all sorts of crafts. (6 week sessions)

Date: Fridays, September 29th - November 3rd

Time: 10:00AM - 10:45AM

Location: Winchester Recreation

Fee: \$85.00

Instructor: Carol McCollem Min 6 Max 12

FALL FUN-DERLAND (2 - 4yrs)

Join Winchester Recreation and Mrs. McCollem for this fun and exciting program. This program will incorporate a number of your favorite pre-school games, sports and activities that will keep your kids moving and socializing with others! (6 week session).

Date: Thursdays, September 28th - November 2nd

Time: 10:00AM - 10:45AM

Location: Winchester Recreation

Fee: \$85.00

Instructor: Carol McCollem Min 6 Max 16

WINCHESTER RECREATION LACROSSE powered by Scoops (*3 - 7yrs)

Scoops Lacrosse is an introductory lacrosse program open to both boys and girls ages 3 - 7yrs of age. By focusing on the fun in fundamentals, Scoops classes are designed to ensure the game of lacrosse is learned through fun activities while keeping participants actively engaged and in motion! Each week will consist of fun age appropriate lacrosse games. We practice gratitude and positive encouragement to help build skills, and build childrens confidence levels. This program will run for 6 weeks and all participants will receive a Scoops Spring T-Shirt and Scoops Stickers. This program is pad free, no helmets, pads or gloves required. (6 weeks)

Dates: Thursdays, September 14th - October 12th

Time: 4:30PM - 5:30PM

Location: Mullen Field

Fee: \$180.00

Instructor: Scoops Lacrosse Coaching Staff

* Child must be 3 by September 1st

Min 10 Max 50



TODDLER TUMBLERS w/Adult (1.5-3yrs)

Join us this fall with your tiny tumbler this fall! This class is the perfect combination of fun and learning. Miss Jenn brings oodles of energy to keep kids moving in her preschool gymnastics class. Each week will have a different theme, children will do rolls, walk across the beam, swing like monkeys and jump like frogs on the vault. Parachute bubbles and stamps round out this magical class. Child must be proficiently walking and children should wear comfortable clothing and bare feet. (10 weeks)

Date: Tuesdays, October 10th - December 12th

Time: 8:45AM - 9:25AM

Location: Winchester Recreation

Fee: \$150.00

Instructor: Jennifer McGrath Min 6 Max 12

PRE-K GYMNASTICS (3-5yrs)

This is an all by myself class! Children will learn to be independent, while learning basic gymnastics skills in a fun easy setting. They will start bridges, forward and backward rolls, cartwheels, handstands and so much more, using bars beam and vault. This is a fun filled class complete with parachute, stamps and smiles. (10 weeks)

Date: Tuesdays, October 10th - December 12th

Time: 9:30 - 10:15AM

Location: Winchester Recreation

Fee: \$150.00

Instructor: Jennifer McGrath Min 6 Max 12

DOWNTOWN HALLOWEEN WINDOW PAINTING

Spooky frights, gruesome witches, glowing jack-o-lanterns, and scary ghosts come alive as Winchester residents paint Halloween pictures in this wonderful community event. This special event permits the participants to decorate the outside of designated windows of local businesses using specialized paint. All windows must have a "Halloween Theme." This event will take place on Saturday October 21st. This event is sponsored by Winchester Recreation & Community Education Department. Eligibility: All residents who attend any school in Winchester or reside in Winchester are eligible for this event. Window assignments/locations with instructions will be emailed one week prior to event. Entries are accepted on a first-come, first-served basis. Space is guaranteed to the first 200 entries. Other entries will be accepted based on available windows.

Date: *Saturday, October 21st (Rain Date Sunday 10/22)

Time: 9:00AM - 1:00PM

Fee: \$35.00 per window Max 100 Participant

Pre-School/Youth Programming

SOCCER SHOTS MINI (2yrs)

Soccer Shots Mini is an engaging program introducing children to fundamental soccer principles, such as using your feet, dribbling, and the basic rules of the game. Through fun games, songs, and positive reinforcement, children will begin to experience the joy of playing soccer and being active (8wks).

THURSDAY PROGRAM

Date: September 14th - November 2nd
Time: 4:00PM - 4:30PM
Location: Vinson Owen
Fee: \$315.00

Min 4 Max 5

SUNDAY PROGRAM

Date: Sundays, September 17th - November 5th
Time: 9:00AM - 9:30AM
Location: Mullen Field
Fee: \$315.00

Min 4 Max 10

SOCCER SHOTS CLASSIC (3 - 5yrs)

Soccer Shots Classic utilizes creative and imaginative games to focus on basic soccer skills like dribbling, passing and shooting. We also highlight a positive character trait each session such as respect, teamwork and appreciation. We use a progression for the scrimmages at the end of each session starting with everyone getting a soccer ball.

THURSDAY PROGRAM (AGES 3 - 5)

Date: September 14th - November 2nd
Time: 4:40PM - 5:25PM
Location: Vinson Owen
Fee: \$315.00

Min 4 Max 6

SUNDAY PROGRAM (AGES 3)

Date: Sundays, September 17th - November 5th
Time: 9:40AM - 10:20AM
Location: Mullen Field
Fee: \$315.00

Min 4 Max 10

SOCCER SHOTS PREMIER (4 - 5yrs)

Soccer Shots Premier is for children ages 4-5 who want to join a best-in-class training experience that emphasizes tactical skill development and competitive team play. The Premier program is designed for those who want to build upon what they've learned in the Classic program with increased scrimmage time, and also for those who want to experience our outstanding Soccer Shots program for the first time.

Date: Sunday, September 17th - November 5th
Time: 10:30AM - 11:15AM
Location: Mullen Field
Fee: \$315.00

Min 4 Max 10

PROFORMANCE SOCCER (4-5yrs)

This program will include skill practice along with fun soccer matches and games. There will be a heavy emphasis placed on footwork, passing, and shooting. The philosophy behind our training programs is that the mastery of fundamental soccer movements will lead to increased game performance. Performance Soccer has been running soccer training programs throughout Massachusetts for over 13 years, gaining a very strong following with soccer families for running fun but beneficial camps and clinics. (8 weeks)

Date: Wednesdays, November 15th – January 17th (Off 11/22 & 12/27)
Time: 11:00AM - 12:00PM
12:00PM - 1:00PM
1:00PM - 2:00PM

Fee: \$290.00
Location: Winchester Recreation Gym
Instructor: Miles Alden-Dunn PROformance Coach
4 Min 10 Max

FUN GYMNASTICS (Grades K - 5th)

Get ready to have some fun!!! Parachute, stretching, splits, simon says, jumps, bridges, rolls cartwheels, handstands, walkovers, jumping, running, swinging on the bars, balance beam and learning how to vault. All of this in a no pressure atmosphere, this class has it all. Come join us for some afterschool FUN !! Wear comfortable clothes, no shoes, and long hair should be tied back. (10 weeks)

GRADES K - 2

Date: Tuesday, October 10th - December 12th
Time: 3:00PM - 3:45PM
Location: Winchester Recreation
Fee: \$150.00
Instructor: Jennifer McGrath
Min 6 Max 12

GRADES 3rd-5th

Date: Tuesday, October 10th - December 12th
Time: 4:00PM - 4:45PM
Location: Winchester Recreation
Fee: \$150.00
Instructor: Jennifer McGrath
Min 6 Max 12



Youth Programs

KIDS TEST KITCHEN (K-5)

On a mission to get eaters of all ages and abilities, cooking, tasting, and thinking about healthy ingredients! We are redefining kid food! Each class presents students with opportunity to explore new or familiar foods in their raw, unmanipulated state. Then, working as a team, they'll slice, dice, peel, measure, and cook until they've prepared the finished dish. Class closes with opportunity to taste the result of their hard work. Students receive a printed recipe card and the focal ingredient - or a sample of the finished dish - so they can show off what they learned! Even the most reluctant eaters enjoy Kids' Test Kitchen, where participation is encouraged, and the choice to taste is always one's own. Lessons are planned to celebrate seasonal produce, whole grains, and legumes. This September & October, we're getting up close and personal with tomatoes, arugula, snap peas, summer squash, blueberries, and more! *Sept/October Menu: Gazpacho, Pirate Pasta with arugula, snap-pea side stunner, Summer Skillet Enchilada, Blueberry Brie Obsession, and more.*Menu subject to change to accommodate dietary restrictions or product availability. Kids have food allergies, but they shouldn't miss out on the fun. We know allergies and can work around them, making sure that everyone is having fun and staying safe. *Please clearly disclose all food allergies and/or dietary restrictions upon registration. Follow and like us on Facebook & Instagram: @kidstestkitchen

Dates: Thursdays, October 5th - November 9th

Time: 3:30PM - 4:30PM

4:45PM - 5:45PM

Fee: \$200.00

Location: Winchester Recreation

Instructor: Kids Test Kitchen

Min 6 Max 10

3D PRINTING - BlocksCAD (2nd - 5th)

MATH - CODING - 3D DESIGN

BlocksCAD is a programmatic, cloud-based, 3D Design tool that teaches Coding, 3D Design, Math & Computational Thinking. Have a blast in our 3D Design class & learn 21st century skills that include: Blocks-based coding fundamentals such as loops, variables, sequencing, and debugging. Math practice utilizing cartesian coordinates, number sense, spatial reasoning, metrics, and geometry. 3D Design & 3D printing. Each student will receive one 3D print of their choosing over the 6-week course. BlocksCAD will print these projects after class concludes and arrange a safe pickup.

Equipment needed: Students will need to bring their own Internet-accessible device to each class session (laptop, MacBook, iPad, or Chromebook). The device should have an Internet browser that is compatible with BlocksCAD (Google Chrome or Mozilla Firefox).

Dates: Mondays, November 20th - January 8th (off 12/25, 1/1)

Time: 3:30PM - 4:30PM

Fee: \$225.00

Location: Winchester Recreation

Instructor: BlocksCAD

Min 4 Max 12

CHESS WIZARDS (2nd - 5th)

Chess Wizards is a premier chess education company providing fun, informative and challenging chess lessons to students. Chess Wizards teaches children many important life concepts, such as learning the ability to win graciously, accept defeat with dignity and sportsmanship. Students will be divided into groups according to their chess experience. At the end of this session, each student will have the chance to participate in a mini chess tournament. (10 classes)

Dates: Fridays, September 29th - December 15th

(Off 11/10 & 11/24)

Time: 3:30PM - 4:30PM

Fee: \$250.00

Location: Winchester Recreation

Instructor: Chess Wizards

Min 8 Max 16

LEGO CHALLENGES: (2nd - 5th)

If you love building with Legos, this is the class for you! Each week you will be challenged to create a sensational Lego scene. Each challenge is a mystery that your teacher will reveal - A helicopter rescue scene? A space shuttle launch site? Lego Godzilla attacking a city?? Best be ready for anything! Then it's off to the races as you and a partner have limited time to create your scene and present it to the class. Presentation skills will be key as you try to persuade your classmates that your Lego creation is #1. Our Right Brain Curriculum Instructors will help you use persuasive language, eye contact and proper posture for perfected presentations. Legos and Public Speaking, now that's a match! 8 wks.

Dates: Mondays, Sept. 18th - Nov. 13th (Off 10/9)

Time: 4:00PM - 5:00PM

Fee: \$160.00

Location: Winchester Recreation

Instructor - Right Brian Curriculum

Min 8 Max 16

ART STUDIO (Ages 6 - 12yrs)

Through carefully structured exercises and demonstration kids will have an opportunity to explore the key elements and methods that form the foundations of the drawing process, painting and sculpting. Our focus will be composition, proportion, perspective, exploration of line and shape in an environment that encourages child's personal creativity. Kids will create art works in different techniques and mediums through age appropriate projects. Materials are included. 6 weeks

Session I: Wednesdays, September 27th - November 1st

Session II: Wednesdays, November 29th - Jan. 10th (Off 12/27)

Time: 3:15PM - 4:30PM

4:45PM - 6:00PM

Fee: \$230.00

Location: Winchester Recreation

Instructor: Seda Matevosian

Min 6 Max 10

Youth Programs

KENPO KIDS KARATE (Gr. K-5)

This Kenpo Karate program is for children in grade K-5, with or without Martial Arts experience. Lessons focus on bully awareness, confidence building, goal-setting and most important of all respect, for self and others. This class works on age & rank appropriate strikes, kicks, blocks, self-defense techniques and forms. Martial Arts training will help develop greater social skills and nurture their mental and emotional growth. We emphasize the 5 Principles of Kenpo: Effort, Etiquette, Character, Sincerity and Self-Control. 12 weeks

Date: Mondays, Sept. 18th - December 18th (Off 10/9, 10/23)

Time: 3:15PM - 4:00PM
4:15PM - 5:00PM

Location: Winchester Recreation

Fee: \$180.00

Location: Winchester Recreation

Instructor: Brian Sweetser Min 8 Max 17

Bay State Martial Arts uniforms are required and are available only through the instructor for an additional cost.

ULTIMATE FRISBEE (6TH- 8TH GRADE)

Ultimate frisbee is an exciting, non-contact team sport played by thousands all over the world. It's a fast-paced game where players advance a frisbee by making passes from player to player until completing a pass in the opponent's end zone. No prior experience is necessary and new players pick up the game very quickly. The program will include instruction and skills building each week, followed by a scrimmage.

This year we are excited to add an additional day to the program, allowing participants to play twice a week, including matches against other towns (home and away). We have extended the program to include a round robin tournament on November 5th! Details will be confirmed after the start of the season.

Wednesdays, September 6th – November 1st (off 9/20)

Time: 4:30PM - 6:00PM

Sundays, September 10th – November 5th (off 10/8)

Time: 3:00PM – 4:30 PM

Location: Mullen Field

Fee: \$150.00 (includes reversible game jersey)

Instructor: Nathan Swilling

Min 8 Max 24

TENNIS IN THE PARKS (Grades 1st - 8th)

The tennis program where kids play while they learn!

Led by an approved USTA tennis coach, the program will focus on developing the skills to serve, rally and play - so it's perfect for beginners and first-time players. Once the skills are there, participants will play fun matches with other players in the program. This program uses modified tennis balls, age-appropriate rackets, court sizes, and the latest fun and engaging activities that help players successfully learn and play the game quicker! All players in their first session receive and keep a new age-appropriate racket and a program tee shirt!

RED BALL TENNIS - Grades 1st and 2nd

Date: Wednesdays, September 20th - October 25th

Time: 3:30PM - 4:30PM

Location: Packer-Ellis Tennis Courts

Fee: \$90.00

Instructor: USTA Coach, Jennifer Pascucci

Min 7 Max 8

ORANGE BALL TENNIS Grades 3rd -5th

Date: Wednesdays, September 20th - October 25th

Time: 4:30PM - 5:30PM

Location: Packer-Ellis Tennis Courts

Fee: \$90.00

Instructor: USTA Coach, Jennifer Pascucci

Min 7 Max 8

GREEN BALL TENNIS Grades 6th - 8th

Date: Saturdays, September 23rd - November 4th (Off 10/14)

Time: 11:00AM - 12:00PM

Location: Packer-Ellis Tennis Courts

Fee: \$90.00

Instructor: USTA Coach, Jennifer Pascucci

Min 7 Max 8



Please be aware that classes are subject to change/cancellation based on program enrollment numbers. Winchester Recreation will notify participants 48 hours in advance if a program has the potential of being postponed or cancelled due to low enrollment. For ALL weather updates/cancellations please visit www.winrec.com

Youth Programs

FISH ON (2nd-5th)

Join the Winchester Recreation Department on Saturday Mornings for some fishing fun! In this program we'll teach you the basics of fishing including: fishing rod/reel set up, knot tying, lure choice as well as choosing how and where to cast. If you have experience fishing we can help you learn more advanced techniques to catch the fish of your dreams! Lures/Bait will be provided, please bring your own fishing rod. While we don't guarantee that you'll catch a fish, we do guarantee you'll have fun! Four Sessions.

Date: Saturdays, September 16th - October 7th
Time: 10:15AM - 11:15AM
Fee: \$90.00
Location: Leonard Pond
Instructor: Dan Medwar
Min 5 Max 8



AFTER SCHOOL LANGUAGE CLUB:

SPANISH (K - 5th)

HOLA! Learn Spanish in a fun and engaging atmosphere with Global Child! Everything we do is based on well-proven scientific studies and methods. The Global Child method allows children to learn another language in the same way they learn to speak in their native tongue; by listening, repeating, and speaking. Native teachers allow students the opportunity to learn authentic pronunciation and gain a broader perspective in cultural awareness. We follow the VMM approach (visuals, manipulatives, and motion) through Music, Games, Role-play, Art projects, Holidays and Cultural activities, Practice with Student Portfolio, and much more. The program is designed to give you the language skills to live, work, study and travel abroad. 10 wk sessions

SPANISH CLUB TUESDAYS

Tuesday, September 19th - November 28th (Off 11/7)
Time: 4:00PM - 5:00PM (K - 2nd)
5:00PM - 6:00PM (3rd - 5th)
Fee: \$165.00
Location: Winchester Recreation
Instructor: Global Child
Min 6 Max 10

Youth Volleyball Skills (3rd-5th)

Join WHS Volleyball alumni Mitchel Ulacco to learn the basics of volleyball through a variety of age appropriate exercises, drills, and games. Players will learn to bump, set, and serve as well as basic footwork. Volleyball is a widely popular sport around the world. This sport teaches kids about teamwork and helps establish socialization with peers. 6 Weeks.

Date: Thursdays, September 21st - October 19th
Time: 3:00PM-4:00PM
4:00PM-5:00PM
Location: Winchester Recreation Sport Court
Fee: \$100
Instructor: Mitchel Ulacco
Min 4 Max 12

ON THE MARK ARCHERY (4th- 6th)

Archery is back in Winchester! Discover the excitement of shooting a bow and arrow this fall and see why this Olympic sport is gaining popularity across the United States. Students will learn safety, proper form and discipline to experience the 'art of the archery.' Creative lesson plans balance fun with structured teaching to ensure that students remain engaged throughout the course. All equipment and coaching provided. Program led by certified USAA and NFAA Instructors from On the Mark Archery. (4 Weeks)

Date: Fridays, September 22th - October 13th
Time: 3:00PM - 4:00PM
Location: Winchester Recreation Sport Court
Fee: \$185.00
Instructor: On The Mark Archery
Min 10 Max 14

Sports Broadcasting & Production(Ages 12-18)

Join WinCAM's expert instructors for a three-session, intensive sports broadcasting course, designed to get you up to speed with all facets of multi-camera, live productions. You'll learn camera shooting techniques, graphics generation, sound mixing, and the fundamentals of streaming live video. You'll also have the opportunity to put these skills to the test, working on a WinCAM crew for a live high school sports event! Each course is limited to 4 students ages 12-18 priced at \$75 for all three classes. The price includes a year membership to WinCAM and access to our equipment, facilities and training. Those that complete the course can go on to join our volunteer team to assist in covering WHS Varsity sports. For more information on the course, get in touch with kay-laa@wincam.org.

Date: Wednesday, September 27th & Thursday, September 28th
Time: Day 1: 4:00PM - 5:00PM
Day 2: 4:00PM - 5:30PM
Location: WinCAM
Fee: \$35.00
Instructor: WinCAM Staff
Max 4

Day 3:
Choose one of the dates below to volunteer with us for a Varsity Girls Volleyball game or Varsity Boys Football game:
9/29 - Varsity Boys Football v. Belmont @5:45pm
10/1 - Varsity Girls Volleyball v. Reading @4:30pm
10/4 - Varsity Girls Volleyball v. Melrose @4:30pm
10/6 - Varsity Boys Football v. Melrose @5:45pm
10/10 - Varsity Girls Volleyball v. Watertown @4:30pm
10/13 - Varsity Boys Football v. Reading @5:45pm
10/17 - Varsity Girls Volleyball v. Arlington @4:30pm
10/19 Varsity Girls Volleyball v. Woburn @4:30pm
Each person will get to cycle through different on-set roles
Football Crew Positions: Camera Operator, Audio Mixer, Graphics Operator
Volleyball Crew Positions: Camera Operator, Graphics Operator

Computer Programming

INTRO TO COMPUTER PROGRAMMING WITH PYTHON Level 1: (4th-8th)

The class is a 15-week course (over 4-5 months). We will cover the basics of “real” computer programming in Python, an easy-to-learn language that is used today in many companies. The children will learn how to read, write, and modify basic Python programs. We will learn about variables, loops, if-then-else statements, and functions.

Some of the topics we will cover include how to use Python to do math problems, draw pictures, write a quiz, make secret messages, and do cool things in Minecraft (Pi Edition).

Previous typing experience is very beneficial. Previous programming experience is not expected. The class material is challenging and is best suited for students who like computers and enjoy problem-solving. This class is the first semester in a series of 4 semesters of Python programming. Class size will be limited to ensure that each student gets the support they need.

Students who wish to learn more about computer programming can continue with more advanced material in Python Level 2, Python Level 3, and Python Web Programming Level 4.

Required Supplies: There is an additional one-time cost to purchase the Raspberry Pi educational computer. You can find the links to Amazon on our website at Raspberry Pi 4 educational computer. The children will use it for their classwork and homework. They will be required to bring it with them to class each week. We will put them together on the first day of class. You do not need to set them up in advance.

If you already own a Raspberry Pi 3, you do not need to purchase a new one. Please confirm the version with us first.

Grades 6-8

Date: Wednesdays, September 27th - January 10th (Off 12/27)

Time: 4:30PM - 5:30PM

Fee: \$515.00

Location: TBA

Grades 4-6

Date: Thursdays, September 28th - January 11th (Off 11/23, 12/28)

Time: 4:30PM - 5:30PM

Fee: \$515.00

Location: TBA

Instructor: Blackrock Networks

Min 4 Max 8

INTRO TO JAVA Level 1: (7th, 8th, 9th, 10th)

We will cover the basics of Java, how it is different from Python, and what the two languages have in common. We will learn about the Java Virtual Machine (JVM), and what compiling a program means. Students will learn more about implementing and debugging algorithms to solve problems, and we will specifically focus on object-oriented software development strategies. Students will use Interfaces and Classes and understand the differences between them. They will learn to use the different levels of visibility that Java allows when writing their programs. We will explore some of Java’s APIs for input and output, as well as its support for data structures such as Lists, Maps, and Trees. Students will become familiar with JavaDoc, and how to search the Java documentation to answer their own Java API questions.

*Students must have completed Python Level 4 to enroll in this class.

Date: Thursday, September 28th - January 11th (Off 11/23, 12/28)

Time: 5:35PM - 6:35PM

Fee: \$515.00

Location: TBA

Instructor: Blackrock Networks

Min 4 Max 8

PROGRAMMING WITH PYTHON Level 3: (6th, 7th, 8th)

We will continue where the Programming With Python Level 2 Class left off. Initially, we will do a review of what was covered last semester. After that, we will continue to introduce more concepts like sorting, searching for data in a CSV file, and more about object-oriented programming. The students will also start solving simple problems using their programming skills. Some of the programs we will be writing include a matching pairs game, a sink your ship game, an image-based puzzle, and a MIDI music player.

*Students must have completed Python Level 2 to enroll in this class.

Date: Wednesdays, September 27th - January 10th (Off 12/27)

Time: 5:35PM - 6:35PM

Fee: \$515.00

Location: TBA

Instructor: Blackrock Networks

Min 4 Max 8

Date: Fridays, September 29th - January 19th
(Off 11/10, 11/24, 12/29)

Time: 4:30PM - 5:30PM

Fee: \$515.00

Location: TBA

Instructor: Blackrock Networks

Min 4 Max 8

Social Skills Workshops

SOCIAL SKILLS WORKSHOP (2nd -7th)

In today's fast-paced, high-tech society, teaching children manners is more crucial than ever. One of the most important jobs we have as parents and teachers is to help children develop social skills, show them how to interact with others in a polite manner, and teach them to treat everyone with respect. Whether the occasion is a family gathering, a meal at a restaurant, or a quick trip to the grocery store, children can apply our lessons in any social situations and practice good manners so that they become a habitual part of their lives and set them apart.

For more information visit:
www.newenglandschoolofprotocol.com

Dates: Tuesday, October 24th
Time: 6:00PM - 7:15PM
Location: Winchester Recreation
Fee: \$80.00

Instructor: New England School of Protocol Min 6 /Max 20

CHILDREN'S CONVERSATION SKILLS WORKSHOP (2nd - 7th)

For many children it is easy to strike up a conversation or join one already in progress but for others engaging in small talk or starting a conversation can be challenging. Developing a child's conversational skills and etiquette is important as it helps them build confidence, cultivate friendships, and understand social expectations. A child who is good at communicating verbally will often produce better written communication and interpret what they read more accurately, helping them in all areas of academics.

Dates: Tuesday, October 24th
Time: 7:15PM - 8:15PM
Fee: \$80.00

Location: Winchester Recreation
Instructor: New England School of Protocol Min 6/ Max 20

TEEN CONVERSATION SKILLS WORKSHOP (8th - 12th)

In today's world teens are growing up on gadgets, learning how to communicate via a screen and language developed through short-cuts and texting. This makes face to face interaction much more difficult. Introduce your teens to the art of conversation. They will learn what to say and how to act when meeting someone for the first time or when trying to develop friendships. These skills will help enhance their communication and interpersonal skills.

For more information visit: www.newenglandschoolofprotocol.com

Dates: Thursday, November 2nd
Time: 7:15PM - 8:15PM
Location: Winchester Recreation
Fee: \$80.00
Instructor: New England School of Protocol Min 6 /Max 20

TEEN INTERVIEW WORKSHOP (8th-12th)

Do you have a high school student getting ready to interview? Are you a teen looking for an internship or preparing for a college interview? Interviewing can be challenging for students especially when they haven't interviewed before. However, putting one's best foot forward during an interview is a critical step towards landing a great job during high school, and a valuable skill to develop for the future. Parents, think back to your first interview. Did you know what to expect or say? Interviewing can be a stressful experience for teens whether they are looking for their first job or going to their first college interview. Learn self-presentation skills and important talking points to help succeed at an interview.

Dates: Thursday, November 2nd
Time: 6:00PM - 7:15PM
Location: Winchester Recreation
Fee: \$80.00
Instructor: New England School of Protocol Min 6/ Max 20

Pickleball

OPEN PICKLEBALL PLAY

Come join others play Pickleball. We use Leonard Field Courts, 4 lined courts with portable nets. This program is free to all in thanks to our volunteer and USAPA Pickleball Ambassador Marjorie Berger. Participants must sign up to play using www.playtimescheduler.com. Once you register on their site, choose Greater Boston area as your region.. Blue circles are places to play in Middlesex County. Check under the following dates and times for Winchester. Please take your name off the online sign up if it turns out you can not attend.

Dates: Now until end of October
Schedule: Tuesdays 4:30PM - 7:00PM
 Thursdays: 4:30PM - 7:00PM
 Saturdays 10:00AM - 12:30PM

Location: Leonard Field Courts

Fee: OPEN PLAY - FREE

****Indoor Play-TBD****

Adult Programs

ADULT FRENCH CONVERSATION

Come explore French culture through conversation, articles, music, and short texts as well as your own interests and experiences. This course is for you if you understand 80% of spoken French and want to make progress towards greater proficiency. A wide variety of activities will help you navigate in new situations and give you insight into French culture. You will be encouraged to make short presentations. The class is taught exclusively in French. 8 weeks.

Dates: Tuesdays, October 10th - December 5th (Off 10/31)

Time: 6:30pm-8:00pm

Location: Winchester Recreation

Fee: \$190.00

Instructor: Mary Oussayef

Min 6 Max 12

ADULT TENNIS IN THE PARKS

Tennis in the Parks for Adults - Learn and Play Tennis!

This program is for brand-new, beginner, or returning novice players. Led by a USTA-approved coach, we focus on FUN and learning the basics. Get great exercise while developing the skills to serve, rally, and play tennis.

All players in their first session receive and keep a new tennis racket!

Date: Saturdays, September 23rd - November 4th
(Off 10/14)

Time: 9:30AM-11:00AM

Location: Packer-Ellis Tennis Courts

Fee: \$100.00

Instructor: USTA Coach, Jennifer Pascucci

Min 7 Max 8

YOU CAN AFFORD COLLEGE IF...

you PLAN in advance; you UNDERSTAND the financial aid process; you ACT early enough to be successful. Financial aid goes to the families who plan and act in advance - before December of the child's sophomore year of high school. This course will teach you the concepts and strategies that will help you maximize your financial aid by understanding the process and why implementing strategies may increase a family's eligibility even if you have a "high income" or own a business. The greatest amount of financial aid goes to the families who act in the early years of high school. REMEMBER: Procrastination equals less financial aid. All schools are not alike, so it is important to know your options and opportunities. A free financial aid analysis will be available to all attendees. For information, visit www.collegefundingadvisors.com.

Date: Tuesday, October 3rd

Time: 6:30PM - 8:30PM

Location: Winchester Recreation

Fee: \$21.00 Single \$30.00 Couple

Instructor: Don Anderson

Min 6 Max 12

ZUMBA MORNINGS

Looking to change up your workout? Zumba is an easy to follow, calorie burning, dance fitness party. It combines Latin and international music with a fun and effective workout. Feel the music and let loose! Beginners welcome, no experience required. (13 weeks).

Date: Mondays, September 18th - December 18th (Off 10/9)

Time: 9:00AM - 10:00AM

Location: Winchester Recreation

Fee: \$220.00

\$20.00 (One class trial - limit 1 per person)

Instructor: Laura Gordon

Min 4 Max 20

YOGA + MINDFULNESS for STRESS RELIEF (Adults)

Increase your strength, balance and flexibility with mindful movements. Calm your mind and sooth your nervous system with simple and effective breathing and meditation techniques. These welcoming classes are designed to guide beginners as well as experienced yogis looking to return to the heart of their practice.

Bring your yoga mat and any props that support your practice

Dates: Wednesdays, October 18th - November 22nd

Time: 6:00PM - 7:00PM

Location: Winchester Recreation

Fee: \$75.00

Instructor: Linda Devincentis

Min 5 Max 10

INTRODUCTION TO DRAWING FROM STILL-LIFE TO PORTRAIT

The drive to create imagery is as old as human consciousness. The great French artist Paul Cezanne said that all natural forms can be resolved into simple geometric shapes.

If you can draw basic geometric shapes then the artist within you is ready for exploration. We are going to start with the fundamentals of the pencil drawing through line, tonal value, (different techniques of shading), perspective, proportion and composition. Students will work from a variety of objects, including still life, different components of the face made out of plaster casts to progress to portrait drawing. They will receive one on one instructions and step by step demonstrations. Bring drawing board 24x36, a drawing paper 14X18 (could be + or - the size), #2HB pencil and an eraser. 8 weeks.

Date: Tuesdays, September 26th - November 28th (Off 10/31 & 11/7)

Time: 6:00PM - 8:00PM

Location: Winchester Recreation

Fee: \$400.00

Instructor: Seda Matevosian

Min 6 Max 10

Adult Softball

WINCHESTER RECREATION ADULT SOFTBALL

****Please note, this program is currently full with returning teams. If you would like to be added to a waitlist for future seasons contact Mitch Ulacco mulacco@winchester.us****

Join Winchester Recreation this Fall Season and play Softball at Ginn Field under the lights. Games will be umpired by patched umpires. Rules and Regulations for the season will be emailed to all designated coaches prior to the start of the season. USSSA rules will apply, 3 ball 2 strike count. When a batter has one strike a foul is an out. Our goal is to have 8-10 teams with teams playing 1 - 2 times per week. Total of 8/9 regular season games, that will be 7 innings in length, followed by a double elimination tournament for playoffs.

Date: Games begin the week of September 12th with game nights Tues, Wed, or Thursdays

Double elimination playoff tournament at the completion of the season, all teams make playoffs.

Game times: Tuesday, Wednesdays or Thursday 8:00pm or 9:00pm (Rotating schedule).

Location: Ginn Field, Winchester MA

League Fees: \$500.00 per team to be paid to Winchester Recreation, prior to 9/9.

Umpire Fees: Each team is responsible for coming up with \$40.00 each game to pay umpires, it is recommended that you include this fee when collecting payments from players. A minimum of 8-9 games will be played during regular season based on teams with all teams making the playoffs (double elimination tournament).



Youth Sports Organizations



These organizations run programs separate from Winchester Recreation. Contact them for offerings and registration info.

Winchester Youth Basketball (Travel Basketball)

www.winchesterbasketball.org

Winchester Youth Soccer

www.winchesteryouthsoccer.net

Winchester Pop Warner Cheer

www.winchesterpopwarner.com

Winchester Youth Baseball/Softball

www.wybs.org

Winchester Youth Lacrosse

www.winchesterlax.org

Girls Lacrosse

<https://www.winchestergirlsyouthlacrosse.com/>

Winchester Youth Field Hockey

www.winchesteryouthfieldhockey.com

Winchester Youth Football

pmanganaro@manganaro.com

Field Rental/Policies - Safety

Field Use and Permitting Information

The Winchester Recreation Department oversees the use and permitting of all the fields and park spaces for the Town of Winchester. We encourage all residents to enjoy the town recreational spaces, and get out and be active! Fields and parks are free to use for any unorganized play or pick up games as long as a permitted group is not utilizing the space. Permit holders have priority use and the ability to bump non-permitted users off of the permitted space during their permitted activity.

Please note that any organized and/or fee based activities must be permitted through the recreation department such as youth private coaching, tennis lessons, sports & fitness training and clinics, organized games with referees and uniforms, camps and tournaments. Additionally, residents can permit and reserve a field for a birthday party, one time event, or neighborhood game. Permit fees apply based on the amount use, field space requested and priority tiers. Fee based programs must possess liability insurance with the town of Winchester listed as an additional insured. Non-fee based permitted use may not require liability insurance for use, contact the Recreation Director for guidance. For information on permitting policy, fees and procedures please visit the Town Recreation Web Page: <https://www.winchester.us/635/Recreation-Department>

The Field use policies and procedures are developed and maintained by the Winchester Field Management Committee and approved by the Winchester Select Board. Information on the Field Management Committee can be found here: <https://www.winchester.us/334/Field-Management-Committee>

Parent Info: Camps and Clinics separate from the Recreation Department must promote that their programs have been permitted by the Town of Winchester Recreation Department on their promotional materials. Camps must also be licensed by the Winchester Board of Health and be stated that on their documentation. Fee based activities that do not state they have been permitted by The Town of Winchester may not possess the minimal liability coverage and may not have conducted background checks on their staff. If in doubt, please notify the Recreation Office: 781-721-7125

Program with Win Rec

Have an idea, request or want to teach a program?

We want to know! We are always looking to offer a variety of fun and exciting programs to add to our offerings throughout the year. Winchester is FULL of experts in many diverse fields! Share your knowledge with our community and help our department grow! There are many opportunities for those looking to run programs whether youth, teen or adult focused. There are two ways to join our team and offer programs, see below. To pitch an idea or request a program please e-mail jsullivan@winchester.us. To propose a program to teach please complete and submit a new program proposal form found on the Town of Winchester Recreation Web Page. Submission of a program does not guarantee the offering of any program.

TWO WAYS TO WORK WITH THE RECREATION DEPARTMENT

OPTION 1

Contracted Vendor: Currently own a business that has up to date liability insurance/workers compensation. Program revenue is based on per participant rates.

OPTION 2

Recreation Employee: You are hired through the Recreation Department as a seasonal or temporary town employee being paid an hourly rate. Rate of pay is based upon experience and skill set according to the towns R salary schedule.

For more information contact Program Supervisor: Mitch Ulacco, mulacco@winchesters.us 781.721.7125