



YOUTH PROGRAMS

Pre School 24'/25'
After School Care 24'/25'
Art Studio
Chess Wizards
Computer Programming
Drama Club
Fun-Derland
Good Sports
Gymnastics

Kids Test Kitchen
Karate
Language Clubs
LEGO Adventures
LEGO Future House
Sports Broadcasting
Tinkergarten
Volleyball
Vacation Clubs

ADULT/COMMUNITY PROGRAMS

Youth Table Tennis
Adult Table Tennis
Social Skills Workshops
Intro to Drawing & Painting
Tai Chi
Zumba
Yoga & Mindfulness
Pickleball
College Planning

WWW.WINREC.COM

Winchester Recreation Department, 263 Main Street - Winchester MA 01890

Department Information

Winchester Recreation
263 Main Street
Winchester MA 01890
Main Office: 781-721-7125
Fax: 781-721-7129
www.winchester.us/635/Recreation-
Department

OFFICE HOURS

Monday: 8AM to 7PM
Tuesday-Friday: 8AM to 4PM

STAFF CONTACT INFO

Nick Cacciolfi

Director of Recreation
ncacciolfi@winchester.us

Chris Ellison

Program Coordinator
cellison@winchester.us

Mitchel Ulacco

Program Supervisor
mulacco@winchester.us

Jennifer Cutillo

Administrative Assistant
jcutillo@winchester.us

Michelle Blumsack

Office Clerk
mblumsack@winchester.us

Sonja Ferraguto

Pre-School Director
sferraguto@winchester.us

Carol McCollem

WRAP Director
cmccollem@winchester.us

Lisa Paganis

WRAP Assistant Director
lpaganis@winchester.us

REGISTRATION

Online: www.winrec.com
Register or add yourself to the waitlist
for classes 24/7

FINANCIAL AID INFO

Financial Assistance may be available
upon request. Applications available
online or by request.

SPECIAL CIRCUMSTANCES

Those requiring special assistance,
please contact the Recreation Director.

TUITION

Tuition must be paid at the time
of registration. Visa, Master Card,
Discover are accepted. Checks should
be made payable to Winchester
Recreation Department.

PAYMENT PLANS

Payment plans are available please
reach out to Michelle Blumsack
mblumsack@winchester.us or call 781-
721-7125 for more information.

E-ANNOUNCEMENTS

Please sign up for our general email list
to receive periodic updates and new
program information via email.

WEATHER CANCELLATIONS

Weather cancellations we will do
our best to send an email out but all
cancellations will be posted on our
registration website:
www.winrec.com

FLEXIBLE SPENDING

Town of Winchester
Tax ID # 046-001-371

NEIGHBORS HELPING

NEIGHBORS

NHN is a fund set up to help support
Winchester families who might
otherwise be unable to afford recreation
programs. To donate: Add Neighbors
Helping Neighbors to your cart, then
select the amount you would like to
donate.

WINCHESTER RECREATION WINTER 2024 PROGRAM GUIDE

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Disclaimer: Occasionally there may
be an error, typo or change in the day,
times, fees or location in the brochure.
If so, we will do everything possible to
correct the situation
promptly.

PHOTO PERMISSION

Participants in Winchester Recreation
Sponsored activities permit the taking
of photos and videos of themselves
and their children for publication and
use. Instructions to the contrary must
be made in writing to the Recreation
Department.

PROGRAM REFUND/CANCELATION/TRANSFER POLICY*

Notice must be given 5 business days prior to a program start date for a refund.

- Programs costing less than \$100: Full refund less \$10

- Programs costing \$100+: Full refund less 10% of the program fee

- Transfers will be charged \$10 administrative fee.

- Only medical refunds can be given after the program has begun; however these will be prorated for classes attended and a \$10 administrative fee will be applied. (physician documentation required).

*This excludes CHILDCARE PROGRAMS & PRE-SCHOOL please see specific policies for WRAP & Kid Connection.

Welcome to Winter 2024

Happy New Year!

As we are ending a very successful and busy fall season, we are excited to present this year's winter programs. We have a little something for everyone in this brochure and are continuing to look for new programming opportunities. Our goal is to grow additional adult programming and continue to offer new and enriching youth programming each season. If you have an idea or request, please let us know! We are always on the lookout for new instructors. Information on how to work and teach with us is below.

At this year's Fall Town Meeting, we were very fortunate to have the following recreational capital projects funded. Thank you to the Capital Committee and Town Meeting Members for their support!

- Ginn Field- Funding was allocated for design and construction for new lights at Ginn Field. The current lighting system at the field has served us well (over 30 years of service), however they have become antiquated and need upgrading.
- Town Playgrounds- Funding for the full replacement of playgrounds at Leonard & McDonald Fields and funds for repair work at several of the school playgrounds was allocated. Public input will be sought out for the new playgrounds. We anticipate some open meetings as plans are discussed and developed for these locations.
- Packer Ellis Tennis Courts- Funding was allocated for engineering and design work for much needed improvements and repairs to the Packer Ellis Tennis Courts. The 101-year-old has not received any major improvements in a long time, and this funding is the first step to help preserve these courts. Packer Ellis Clay Courts are one of the largest clay court public facilities in the county, and the largest in the New England area.

In addition to the above projects, the Recreation Department has funded several ventures at the Mystic School utilizing grant money to offset costs from the operating budget.

- Safety & Security- New entry doors were purchased and installed along with a state-of-the-art security system and key card access for staff. Doors are equipped with cameras and a remote door locking system to allow for control of who has access to the building. Over \$25,000 in C3 grant money was used for this project.
- Window Treatments: The Department funded the purchase and installation of 59 new window blinds for all the classrooms at the Recreation Department. \$13,000 in C3 grant money was used for this project.

We are very grateful for the support in all the above projects and funding and are continuing to develop and plan additional improvements to the facilities we operate.

Wishing you all a very happy and healthy New Year!

Sincerely,
The Winchester Recreation Department

Have an idea, request or want to teach a program?

We want to know! We are always looking to offer a variety of fun and exciting programs to add to our offerings throughout the year. Share your knowledge with our community and help our department grow! There are many opportunities for those looking to run programs whether youth, teen or adult focused. There are two ways to join our team and offer programs, see below.

OPTION 1 -Contracted Vendor: Currently own a business that has up to date liability insurance/workers compensation. Program revenue is based on per participant rates.

OPTION 2 - Recreation Employee: You are hired through the Recreation Department as a seasonal or temporary town employee being paid an hourly rate. Rate of pay is based upon experience and skill set according to the town's salary schedule.

For more information contact Coordinator: Chris Ellison, ellison@winchesters.us 781.721.7125

Kid Connection Preschool 2024/2025 Registration

SONJA FERRAGUTO PRE-SCHOOL DIRECTOR SFERRAGUTO@WINCHESTER.US

Celebrating 30 years of preschool learning!!

Kid Connection is a community based preschool operated by the Winchester Recreation Department. Our focus is on developing the “whole child” emphasizing social/emotional growth and pre-academic skills. We have been serving the Winchester community for 30 years, and pride ourselves on the longevity of our dedicated teachers and our low teacher to child ratio. Our theme-based curriculum combines learning through play with teacher directed activities in a nurturing environment. Enrichment opportunities throughout the year include music, yoga, gymnastics, local field trips, and more. We have large, bright classrooms and an expansive outdoor play area and sport court. We respect each parent as their child's first educator and strive to create a strong home/school connection. Kid Connection is a school year program that follows the Winchester Public School calendar and is licensed by The Department of Early Education and Care (EEC).

CORE PROGRAMS

STEPPING STONES - Age 2.9 by Sept. 1 Days: Tuesday, Wednesday, Thursday: 9:00am-12:00pm

Stepping Stones offers a first preschool experience for your child, where they explore through hands on activities with support for their emerging independence, social/emotional, and self-help skills. Our themed curriculum focuses on learning through play, and the introduction of early learning concepts.

Tuition: \$4,535/year billed in ten equal payments of \$453.50 Max class size 16/3 teachers

ALPHABET SOUP - Age 3.5 by Sept. 1 Days: Tuesday, Wednesday, Thursday: 9:00am-12:00pm

Alphabet Soup offers a structured preschool experience for younger 3's, preparing for our pre-kindergarten classes in Little Rascals and Building Blocks. Our themed curriculum focuses on learning through play, creativity, exploring art materials, introducing letters and numbers, and improving fine motor skills through writing and manipulatives. Children build friendships and a sense of community that help them grow confident and respect others.

Tuition: \$4,455/year billed in ten equal payments of \$445.50 Max class size 18/3 teachers

LITTLE RASCALS - Age 3.10 by Sept. 1 Days: Monday – Thursday, 9:00am-12:15pm

In Little Rascals, children become more independent learners, focusing on self-help skills, social interactions and abstract thinking. Dramatic play, creative learning centers, cooperative games and teacher-guided explorations contribute to a rich learning environment, preparing your child for both our Building Blocks class and Kindergarten.

Tuition: \$5,380/year billed in ten equal payments of \$538.00 Max class size 18/3 teachers

BUILDING BLOCKS - Age 4.3 by Sept. 1 Days: Monday – Friday, 9:00am-12:30pm

Building Blocks is a pre-kindergarten class combining teacher led activities and student explorations to create an engaging and active learning environment. The themed curriculum focuses on early math and literacy skills, responsibility and cooperation, self-help skills, and growing independence, preparing your older preschooler for kindergarten.

Tuition: \$6,500/year billed in ten equal payments of \$650.00 Max class size 18/3 teachers

BUILDING BLOCKS - Extended Day Days: Monday – Friday, 9:00am-2:00pm

The full day option extends the Building Blocks Day, providing more time for learning through play and socializing with classmates. Children bring their own lunch and engage in activities that allow for additional exploration of the daily curriculum. The full day also helps to meet the needs of older 4's or younger 5's, who benefit from an additional year of preschool before kindergarten.

Tuition: \$9,300 billed in ten equal payments of \$930.00 Max class size 18/3 teachers

Add extended day or additional day options to the above core programs by adding Stay and Play or Discovery Days to your child's registration. Information on next page.

Kid Connection Preschool 2024/2025

Additional Days and Extended Day Options:

Discovery Days and Stay and Play are only open to students enrolled in Kid Connection classes to add or extend days. Depending on enrollment, classes may be mixed age.

DISCOVERY DAYS: Monday 9:00-12:00 & Friday: 9:00am-12:00pm

Acting out stories, exploring art materials, music, and movement, building and creating... more of what your child loves about learning! If you prefer a full week schedule for your younger preschooler, you can add one or two Discovery Days to complete their week.

Tuition: \$1,400/year per day added billed in ten equal payments of \$140.00 per day

STAY AND PLAY:

Choose your days/pricing below:

This program gives your child extra time for fun and learning! Our extended day program is offered Monday through Friday, from the time your child is dismissed from their class, until 2:00pm. Your child will have lunch (provided from home), quiet time, and additional time for activities, including craft projects, games, story time, and outdoor play. Our teacher to child ratio is 1:6. You may register for 1-5 days of extended care on days when your child normally attends. We require a minimum of 3 children enrolled to hold this program on any day.

Monthly cost for extended day options:

- \$115/month for 1 Day
- \$210/month for 2 Days
- \$310/month for 3 Days
- \$400/month for 4 Days
- \$490/month for 5 Days

*Single days/drop-ins are available at a fee of \$35/day if enrollment is not full. We ask that parents request by the Friday before to ensure adequate staffing. Contact Sonja Ferraguto, Director - sferraguto@winchester.us (781)759-9743

FEES, TUITION AND MONTHLY BILLING:

Registration fees: a non-fundable fee of \$50 is due upon registration, and is payable via cash, check, or credit card.

Currently enrolled families may also charge their credit card on file.

Deposit: A non-refundable deposit in the amount of one month's tuition is due to secure your child's spot for the 2024/25 school year. This deposit covers the tuition for September.

Due date: February 2, 2024 for newly enrolled students, including siblings of current students. May 31, 2024 for all currently enrolled students continuing in the program

MONTHLY BILLING: Yearly tuition is divided into ten equal payments to cover September through June. Enrollment forms for 2024 will be distributed in late June, including a payment authorization form to be used for automatic payments to be established. The monthly billing cycle will begin September 1st, to cover the following month's tuition, with the final monthly payment due May 1st, to cover June tuition. Financial aid applications are available upon request.

Come to our **OPEN HOUSE** on January 11, 2024 at 6:30pm to meet the teachers, learn about our curriculum and see the amazing classrooms. Tours are also available by appointment by contacting Sonja Ferraguto, Director by calling (781)759-9743 or emailing her at sferraguto@winchester.us.

Priority Registration 1/2-1/10. Open registraion 1/10-1/19 or ongoing as space allows.



Winchester Recreation After School Care

WRAP AFTER SCHOOL CARE 2024-2025

WRAP Director: Carol McCollem cmccollem@winchester.us

WRAP Assistant Director: Lisa Paganis lpaganis@winchester.us

PRIORITY REGISTRATION: January 23, 2024 at 10AM(offered only for families currently enrolled in WRAP childcare)

OPEN REGISTRATION DATE: February 6, 2024 at 10AM(new student enrollment)

The Winchester Recreation Department offers an EEC licensed after school childcare program for children entering K – 6 at our WRAP program, centrally located in the Recreation Department Mystic Building at 263 Main Street.

The WRAP program is licensed by the Department of Early Education and Care and follows the Winchester Public School Calendar. Care is provided on all early release days, as those costs are built into the monthly fees. When schools are closed for vacations, holidays, professional development days or snow days, the programs are generally closed, however there are times where we may offer additional registration option, subject to additional fees. (Vacation Programs, No School Days/Teacher Professional Development Days)

Each WRAP classroom is specifically designed and outfitted with age-specific equipment and materials for a developmentally friendly space for each grade. The WRAP program has use of the gym, a newly renovated sport court, 2 age specific playgrounds and opportunities for children to enroll in a wide variety of enrichment programs offered at the Rec. Department during their afterschool care. Enrichment offerings are registration based and have included programs such as art, martial arts, cooking, language learning, STEM based programs, sports and fitness, and gymnastics. WRAP also provides additional enrichment opportunities throughout the week in their daily structure, activity-based clubs, homework time, opportunities for free and structured play, choice-based activities, early release day field trips, performers, and special events.

REGISTRATION INFORMATION: Based upon availability, parents can enroll by calling 781-721-7125 and paying the non-refundable \$50 registration fee. Once enrolled, parents must complete the registration packet and submit the packet to the Recreation Department prior to your child attending the program. First Month tuition will be charged on June 15, 2023, and once charged is nonrefundable. The remaining tuition payments will be charged on the first of each month starting in September and will cover the following months tuition. Monthly payments end on May 1, which covers June enrollment.

REGISTRATION OPTIONS: 5 Day, 4 Day, 3 Day, 2 Day options available (You select days) Pricing for these options are listed in the pricing section below.

PRICING/FEE STRUCTURE

5 days/wk \$565/month

4 days/wk \$505/month

3 days/wk \$405/month

2 days/wk \$275/month

Select the appropriate number of days during the week, each day is subject to availability. Register early to ensure your child's spot. Transportation to WRAP is available through Winchester Public Schools. Please see the school transportation information on the Winchester School website for information.

WITHDRAWAL POLICY: When registering, you are committing for the entire school year. Families looking to withdraw are required to give ONE MONTH (30 days) advanced notice if you plan on dropping your child out of the after school program. **No exceptions.**

Additional information on WRAP can be found on our website www.winrec.com



Vacation Programs

FEBRUARY/APRIL WRAP VACATION CLUB (Kindergarten – Grade 2 ONLY!)

Join us for this special vacation club for children in Kindergarten – Grade 2! Join Director Carol McCollem, Lead Teacher Carol Arria, Lead Teacher Chrissy Mandraccia and other WRAP staff for four days of fun and games, arts/crafts, and special projects. There will be different daily themes, and some days may include special performers. Space is extremely limited, so do not delay in registering! Participants are responsible for bringing lunch, drink and snacks daily. PLEASE NO PEANUT OR NUT PRODUCTS. Those that are currently enrolled in our Winchester Recreation After School Program (WRAP) do not need to fill out the February or April Vacation Parent Registration Forms, however **new participants must complete the Vacation Club Parent Registration Forms (see form link located in online registration) 1 week before the start of the program.**

FEBRUARY VACATION CLUB Dates: February 20 - 23 (Tuesday-Friday, 4 days) Time: 8:00AM to 4:00PM Location: Winchester Recreation Department.

APRIL VACATION CLUB Dates: April 16 - 19 (Tuesday - Friday, 4 days) Time: 8:00AM to 4:00PM Location: Winchester Recreation

PRICING OPTIONS:

\$100 per day or
register for all 4 days for \$385.

Art Studio Vacation Workshop

ART STUDIO WORKSHOP APRIL VACATION (6 - 12yrs)

Through carefully structured exercises and demonstrations participants will have an opportunity to explore the key elements and methods that form the foundations of the drawing process, painting and sculpting. Our focus will be composition, proportion, exploration of line and shape in an environment that encourages personal creativity. Participants will create artworks in different techniques and mediums through age appropriate projects. On the last day of the workshop, at 12:00 pm, an art show will be held for the parents, relatives, and friends of participating students. Everyone is welcome! Join us for our celebration of ART! Please bring a snack or small lunch (NUT FREE) and water bottle each day.

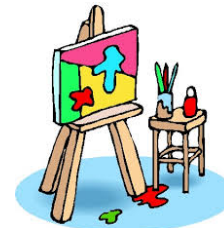
Date: April 16th - April 19th (Tuesday - Friday, 4 days)

Time: 9:00AM - 1:00PM

Fee: \$310.00

Location: Winchester Recreation

Instructor: Seda Matevosian



Vacation Sports Blast

This program is the perfect solution for that active/athletic child who is always looking to play sports/games. This multi-sports program combines a number of sports and games that your child is sure to love! Recreation Department Program staff, Chris Ellison and Mitch Ulacco, will coordinate games that include, wiffleball, soccer, floor hockey, basketball and some of the old school gym classic games, jailbreak, dodgeball etc. Register for one day or book the entire 4 - day program! Participants should wear comfortable clothing, bring a water bottle, and a nut free snack. Pack some warm clothes as we might go outside as well! Program takes place at the Recreation Department Gym at the Old Mystic School Building, 263 Main Street. Grades 3rd - 5th.

Dates: February 20th - 23rd (Tuesday - Friday, 4 Days)

Time: 9:00AM - 12:00PM

Fee: \$50 per day or \$175 for all 4 days

Location: Winchester Recreation

Instructor: Chris & Mitch



781.721.7125

WWW.WINREC.COM

263 Main Street, Winchester MA

Little Chefs

Do you have a picky eater or a Little Chef at home who is just really keen to spend time in the kitchen? If so, Little Chefs is the perfect opportunity to get your budding chefs into the kitchen, creating healthful masterpieces while learning skills and techniques. We focus on making delicious food with attention to making healthy choices and indulging in some treats. We provide the food, the supplies and the experience. The finished product goes home with your chef to share with the family. Safety is our top priority at Little Chefs.

Date: February 20th - February 23rd 9:00AM - 12:00PM

Location: Winchester Recreation

Fee: \$475.00 per session (cost includes all food/supplies)

Instructor: Little Chefs Staff

Min 8/Max 15

*For allergy questions/concerns on any recipes, please reach out directly to Kelly Barry kelly@littlechefs.net

Pre-School Activities

WINTER FUN-DERLAND (2 - 4yrs)

Join Winchester Recreation and Mrs. McCollem for this fun and exciting program. This program will incorporate a number of your favorite pre-school games, sports and activities that will keep your kids moving and socializing with others! (6 week session).

Dates: Thursdays, January 4th - February 15th (Off 2/1)

Time: 10:00AM - 10:45AM

Location: Winchester Recreation

Fee: \$85.00

Instructor: Carol McCollem Min 6 Max 16

TINKERGARTEN (1.5 - 8yrs w/caregiver)

Join us outside for fun, open-ended and child-led lessons designed to engage kids in joyful, nature-based play! This Winter will focus on persistence and each lesson is designed to support different aspects inspired by the unique survival powers of a different "animal superhero." Discover the magic of winter and how to play and learn outdoors in all four seasons!

Want to check it out first? Register for one of our FREE TRIAL CLASSES:

Friday, January 12th 10am-11am (Ginn Field)

Saturday, January 13th 9:30am-10:30am (Ginn Field)

Friday Session: January 19th - March 22nd (Off 2/23), 10-11AM

Saturday Session: January 20th - March 16th, 9:30AM-10:30AM

Location: Ginn Field

Fee: \$190.00

Instructor: Becca Wickham & Lauren Backman

Min 4 Max 12

LII' NINJA (AGES 3-5)

Does your child love to run, jump, climb and tumble? Then this "play" on American Ninja Warrior is the perfect class. Each week your child will participate in stretching, elements, obstacles and games to help gross motor skills, fitness and fun. From swinging on a high bar to balance beams, climbing structures and tumbling on mats to leaping into a ball pit - your child is sure to have a blast!

Dates: Wednesdays, 1/31 - 3/13 (off 2/21)

Time: 10:00AM - 10:50AM

Location: Winchester Recreation

Fee: \$140 Instructor: Knucklebones Staff Min 8 Max 12

TODDLER TUMBLERS w/Adult (1.5-3yrs)

This is a perfect blend of fun and learning for you and your little tumbler! Miss Jenn brings oodles of energy to keep kids moving in her preschool gymnastics class. Each week will have a different theme that includes various activities such as rolls, walking across the beam, swinging like monkeys and jumping like frogs on the vault. The class also includes a range of fun games like using the parachute, bubbles and stamps to keep the children engaged. For participation, children must have proficient walking skills, wear comfortable clothing and have bare feet. (10 weeks)

Dates: Tuesdays, February 6th - April 30th (Off 2/20, 3/5, 4/16)

Time: 8:45AM - 9:25AM

Location: Winchester Recreation

Fee: \$150.00

Instructor: Jennifer McGrath

Min 6 Max 12

PRE-K GYMNASTICS (3-5yrs)

This is an all by myself class! Children will learn to be independent, while learning basic gymnastics skills in a fun easy setting. They will start bridges, forward and backward rolls, cartwheels, handstands and so much more, using bars, beam and vault. This is a fun filled class complete with parachute, stamps and smiles. (10 weeks)

Dates: Tuesdays, February 6th - April 30th (Off 2/20, 3/5, 4/16)

Time: 9:30 - 10:15AM

Location: Winchester Recreation

Fee: \$150.00

Instructor: Jennifer McGrath

Min 6 Max 12



Rentals at Win Rec

The Winchester Recreation Department offers evening and weekend rentals (based on activity schedules). Community members can rent our gym for a variety of activities.

All renters must have an adult onsite at all times. Recreation equipment is available for use upon request. A staff member is onsite to assist with any equipment needs and set up. If you are bringing in an outside vendor or performer to run games or events, the Town of Winchester will require proof of insurance from all businesses.

BIRTHDAY PARTY RATES & INFORMATION

Days/Times Available:

Monday – Friday: Call for availability/rates.

Weekends: \$300 fee includes 2 hours for party/event, with 30 minutes of set up and 30 min for breakdown (total 3 hours)

Gym Rentals: \$100/hour 2 hour minimum.

Email request forms/questions to: mulacco@winchester.us

Request form: <https://www.winchester.us/DocumentCenter/View/5792/Mystic-Gym-Request-form>

DocumentCenter/ View/5792/Mystic-Gym-Request-form

Table Tennis

TABLE TENNIS

We are excited to bring one of the fastest growing sports to Winchester! Table Top Tennis, this program is for beginners, experienced, as well as those new to the sport. During this one hour program, fundamental table tennis techniques and match strategies will be taught. Maximum of sixteen players per session. (8 weeks)

YOUTH TABLE TENNIS (4th - 8th)

Date: Thursdays, January 25th - March 21st (Off 2/22)

Time: 5:30PM - 6:30PM

Fee: \$115.00

Location: Winchester Recreation

Instructor: Shaya Hedayatian

Min 4/Max 8

ADULT TABLE TENNIS

Date: Thursdays, January 25th - March 21st (Off 2/22)

Time: 6:30PM - 8:30PM

Fee: \$125.00

Location: Winchester Recreation

Min 4/Max 8

Youth Programs

LEGO ADVENTURES: (2nd - 5th)

Get Your Lego Game On! Are you a Lego master? If so, it's time to show off your skills! Each week in Lego Adventures, there is a new challenge to build: From skyscrapers to farms, bridges to airports, space stations to main streets, and everything in between! First, our Right Brain Curriculum instructors will review the history of what we are about to build: How airports graduated from landing strips to vast travel networks, how Depression-era farms survived hordes of grasshoppers, how aeroelasticity explains why the Tacoma bridge nicknamed "Galloping Gertie" collapsed. Then, it's time to build! You will create a model of each type of structure out of an enormous assortment of provided Legos, then present your creation as we photograph and document it. Learning and Legos: A perfect match!

Dates: Mondays, January 22nd - March 18th (Off 2/19)

Time: 3:30PM - 4:30PM

Fee: \$160.00

Location: Winchester Recreation

Instructor - Right Brian Curriculum Min 8 Max 14



LEGO FUTURE HOUSE (2nd - 5th)

If you can imagine the future, you can build it!

What will life on Earth be like in the year 2122? That is the question you will ponder as our Right Brain Curriculum teachers take you on a tour of smart homes, driverless cars, robotic chefs, self-sustaining skyscrapers and more. Learn how futurists predict life on Earth will evolve and discover how innovators around the world are changing it already. Then it will be your turn to do the imagining. You will create your own Lego house of the future – designing space-age furniture for every room in the house and a futuristic vehicle for the garage. Even the family pet will get a reboot! You will consider how virtual reality, climate change and interactive robots could change life on Earth and beyond. So get in your virtual time travel machine and start designing your Future House!

Dates: Mondays, January 22nd - March 18th (Off 2/19)

Time: 4:45PM - 5:45PM

Fee: \$160.00

Location: Winchester Recreation

Instructor - Right Brian Curriculum Min 8 Max 14



Please be aware that classes are subject to change/cancellation based on program enrollment numbers. Winchester Recreation will notify participants 48 hours in advance if a program has the potential of being postponed or cancelled due to low enrollment. For ALL weather updates/cancellations please visit www.winrec.com

Youth Programs

AFTER SCHOOL LANGUAGE CLUB:

FRENCH (K - 5th)

Bonjour! Learn French in a fun and engaging atmosphere! This program is designed for children to learn another language in the same way they learn to speak in their native tongue; by listening, repeating, and speaking. Native teachers allow students the opportunity to learn authentic pronunciation and gain a broader perspective in cultural awareness. The class follows the VMM approach (visuals, manipulatives, and motion) through music, games, role-play, art projects, holidays and cultural activities, practice with student portfolio, and much more. This program is suitable for those with little to no experience as well as students with previous experience. (10 weeks)

Date: Tuesday, January 9th - March 19th (Off 2/20)

Time: 4:00PM - 5:00PM

5:00PM - 6:00PM

Fee: \$165.00

Location: Winchester Recreation

Instructor: Global Child

Min 6 Max 10



KIDS TEST KITCHEN (K-5)

On a mission to get eaters of all ages and abilities, cooking, tasting, and thinking about healthy ingredients! Each class presents students with opportunity to explore new or familiar foods in their raw, unmanipulated state. Participants will slice, dice, peel, measure, and cook until they've prepared the finished dish. Class closes with an opportunity to taste the result of their hard work. Students receive a printed recipe card and the focal ingredient - or a sample of the finished dish - so they can show off what they learned! Even the most reluctant eaters enjoy Kids' Test Kitchen, where participation is encouraged, and the choice to taste is always one's own. Lessons are planned to celebrate seasonal produce, whole grains, and legumes. The Menu is subject to change to accommodate dietary restrictions or product availability. Kids have food allergies, but they shouldn't miss out on the fun. Staff are well trained in allergies and will work around them, making sure that everyone is having fun and staying safe. *Please clearly disclose all food allergies and/or dietary restrictions upon registration.

Dates: Thursdays, January 4th - February 8th

Time: 3:30PM - 4:30PM

4:45PM - 5:45PM

Fee: \$200.00

Location: Winchester Recreation

Instructor: Kids Test Kitchen

Min 8 Max 10

KENPO KIDS KARATE (Gr. K-5)

This Kenpo Karate program is for children in grades K-5, with or without martial arts experience. Lessons focus on bully awareness, confidence building, goal-setting and most important of all respect, for self and others. This class works on age & rank appropriate strikes, kicks, blocks, self-defense techniques and forms. Martial arts training will help develop greater social skills and nurture their mental and emotional growth. We emphasize the 5 Principles of Kenpo: Effort, Etiquette, Character, Sincerity and Self-Control. (12 weeks)

Date: Mondays, January 22nd - April 22nd (Off 2/19, 4/15)

Time: 3:15PM - 4:00PM

4:15PM - 5:00PM

Fee: \$180.00

Location: Winchester Recreation

Instructor: Brian Sweetser

Min 8 Max 17

Bay State Martial Arts uniforms are required and are available only through the instructor for an additional cost.

GOOD SPORTS LINCOLN (Gr. 2nd- 5th)

Sports, sports, and more sports! You can discover a new sport, develop new friends, and seek new challenges. You will have fun learning about sportsmanship, team play, exercise, and skill development. Games may include, but are not limited to basketball, floor hockey, soccer, dodgeball and more. Children are also encouraged to develop their own games. Grab your friends and sign up - spots will fill quickly!

Dates: Fridays, January 5th - February 16th

Time: 2:20PM - 3:30PM

Location: Lincoln Elementary

Fee: \$120.00

Instructor: Michael Toomey

Min 8/Max 20

DRAMA CLUB WITH KIDSTOCK! (K-5)

In Kidstock! Drama Club, participants will explore the foundational elements of theater, empowering students to become the center of their own story, fostering teamwork, expression, positive conflict resolution, strong interpersonal skills...and so much more! (6 Weeks)

Dates: Fridays, January 26th - March 8th (Off 2/16)

Time: 3:00PM - 4:00PM

4:15PM - 5:15PM

Fee: \$135.00

Location: Winchester Recreation Gym

Instructor: Kidstock!

Min 8 Max 16



Youth Programs

SPORTS BROADCASTING & PRODUCTION (Ages 12-18)

Join WinCAM's expert instructors for a three-session, intensive sports broadcasting course, designed to get you up to speed with all facets of multi-camera, live productions. You'll learn camera shooting techniques, graphics generation, sound mixing, and the fundamentals of streaming live video. You'll also have the opportunity to put these skills to the test, working on a WinCAM crew for a live high school sports event! Each course is limited to 4 students ages 12-18 priced at \$35 for all three classes. The price includes a year membership to WinCAM and access to our equipment, facilities and training. Those that complete the course can go on to join our volunteer team to assist in covering WHS Varsity sports. For more information on the course, get in touch with kaylaa@wincam.org.

Date: Wednesday, January 3rd & Thursday, January 4th

Time: Day 1: 4:00PM - 5:00PM

Day 2: 4:00PM - 5:30PM

Location: WinCAM

Fee: \$35.00

Instructor: WinCAM Staff

Max 4

Day 3 (90-120 minutes at WHS Gym or O'Brien Rink):

Multiple game dates available for participation. Work with the instructor to select a game/date. Each person will get to cycle through different on-set roles Hockey Crew Positions: Camera Operator, Audio Mixer, Graphics Operator

Basketball Crew Positions: Camera Operator, Graphics Operator

CHESS WIZARDS (1st - 5th)

Chess Wizards is a premier chess education company providing fun, informative and challenging chess lessons to students. Chess Wizards teaches children many important life concepts, such as learning the ability to win graciously, accept defeat with dignity and sportsmanship. Students will be divided into groups according to their chess experience. At the end of this session, each student will have the chance to participate in a mini chess tournament. (10 classes)

Dates: Fridays, January 19th - March 29th (Off 2/23)

Time: 3:30PM - 4:30PM

4:30PM - 5:30PM

Fee: \$250.00

Location: Winchester Recreation

Instructor: Chess Wizards

Min 8 Max 11



ART STUDIO (Ages 6 - 12yrs)

Through carefully structured exercises and demonstrations, kids will have an opportunity to explore the key elements and methods that form the foundations of the drawing process, painting, and sculpting. Our focus will be composition, proportion, perspective, exploration of line and shape in an environment that encourages child's personal creativity. Kids will create artwork in different techniques and mediums through age appropriate projects. Materials are included. (6 weeks)

Dates: Wednesdays, February 7th - March 20th (Off 2/21)

Time: 3:15PM - 4:30PM

4:45PM - 6:00PM

Fee: \$230.00

Location: Winchester Recreation

Instructor: Seda Matevosian

Min 6 Max 10



FUN GYMNASTICS (Grades K - 5th)

Get ready to have some fun! Parachute, stretching, splits, simon says, jumps, bridges, rolls, cartwheels, handstands, walkovers, jumping, running, swinging on the bars, balance beam and learning how to vault. All of this in a no pressure atmosphere - this class has it all. Come join us for some after school FUN! Wear comfortable clothes, no shoes, and long hair should be tied back. (10 weeks)

GRADES K - 2

Date: Tuesdays, February 6th - April 30th (Off 2/20, 3/5, 4/16)

Time: 3:00PM - 3:45PM

Location: Winchester Recreation

Fee: \$150.00

Instructor: Jennifer McGrath

Min 6 Max 12

GRADES 3rd-5th

Date: Tuesdays, February 6th - April 30th (Off 2/20, 3/5, 4/16)

Time: 4:00PM - 4:45PM

Location: Winchester Recreation

Fee: \$150.00

Instructor: Jennifer McGrath

Min 6 Max 12

YOUTH VOLLEYBALL SKILLS (3rd-5th)

Join WHS Volleyball alumni Mitchel Ulacco to learn the basics of volleyball through a variety of age appropriate exercises, drills, and games. Players will learn to bump, set, serve, and basic footwork. Volleyball is a widely popular sport around the world. This sport teaches kids about teamwork and helps establish socialization with peers. (6 Weeks)

Date: Thursdays, January 25th - March 7th (Off 2/22)

Time: 3:00PM-4:00PM

Location: Winchester Recreation Gym

Fee: \$100

Instructor: Mitchel Ulacco

Min 4 Max 12

Computer Programming

COMPUTER PROGRAMMING WITH PYTHON Level 2: (4th-8th)

Programming with Python Level 2 will continue where the Introduction to Computer Programming Python Class left off. Initially we will do a review of what was covered last year. After that we will continue to introduce new concepts such as dictionaries, for loops, ranges, sorting, and reading/writing files. We will make heavier use of functions and will introduce some basic object-oriented programming concepts. Some of the projects we are going to program include Snake, Xs and Os, Memory Game and a Minecraft Maze Game.

Grades 6-8
Date: Wednesdays, February 7th - May 29th (Off 2/21, 4/17)
Time: 4:30PM - 5:30PM
Fee: \$515.00
Location: McCall Middle School

Grades 4-7
Date: Thursdays, February 15th - June 13th (Off 2/22, 3/21, 4/18)
Time: 4:30PM - 5:30PM
Fee: \$515.00
Location: McCall Middle School
Instructor: Blackrock Networks
Min 4 Max 8

COMPUTER PROGRAMMING WITH PYTHON Level 4: (6th-8th)

This class continues where Programming with Python Level 3 left off. We will begin learning how to use Python to write basic web applications on the internet. Students will get an overview of how internet websites work, and we will cover some details about Hyper Text Markup Language (HTML). Students will write Python programs to generate HTML, and then view it in their web browser. Students will learn about web forms and different kinds of input controls that can be used. They will write their own web forms and Python programs to process the form data. Students will learn about web servers and execute their web applications using a web server hosted on their own Raspberry Pi. We will also cover some Unix terminal commands and basic file permissions operations.

Date: Fridays, February 9th - May 31st (Off 2/23, 4/19)
Time: 4:30PM - 5:30PM
Fee: \$515.00
Location: McCall Middle School
Instructor: Blackrock Networks
Min 4 Max 8



COMPUTER PROGRAMMING WITH JAVA Level 2: (7th, 8th, 9th, 10th)

Programming with Java Level 2 will continue where Level 1 left off. We will continue building our understanding of Java syntax, and practicing the concepts learned in Level 1. We will work on building larger programs that span multiple weeks, and there will be more projects where the students write the code entirely on their own. Class projects will include the tank game, and network chat program.

*Students must have completed Python Level 4 to enroll in this class.

Date: Thursday, February 15th - June 13th (Off 2/22, 3/21, 4/18)
Time: 5:35PM - 6:35PM
Fee: \$515.00
Location: McCall Middle School
Instructor: Blackrock Networks
Min 4 Max 8

LOOKING TO SCHEDULE A NIGHT OUT WITH FRIENDS? WANT A COUPLE OF HOURS TO YOURSELF? SIGN UP FOR . . .



PARENTS NIGHT OUT

LEAVE YOUR KIDDOS WITH OUR WRAP TEAM WHILE YOU TAKE A COUPLE OF HOURS TO YOURSELF! YOUR CHILD WILL HAVE FUN WITH 2 HOURS OF GAMES, ACTIVITIES, PIZZA & MORE!

DATE: Friday, January 26th
(next month TBD)

TIME: 6-8pm

PLACE: Winchester Recreation Department

GRADES: K-6

PRICE: \$25 per child

Questions? Contact Carol McCollem at cmccollem@winchester.us

Social Skills Workshops

SOCIAL SKILLS WORKSHOP (2nd -7th)

In today's fast-paced, high-tech society, teaching children manners is more crucial than ever. One of the most important jobs we have as parents and teachers is to help children develop social skills, show them how to interact with others in a polite manner, and teach them to treat everyone with respect. Whether the occasion is a family gathering, a meal at a restaurant, or a quick trip to the grocery store, children can apply our lessons in any social situations and practice good manners so that they become a habitual part of their lives and set them apart.

For more information visit:
www.newenglandschoolofprotocol.com

Dates: Tuesday, March 26th
Time: 7:00PM - 8:30PM
Location: Winchester Recreation
Fee: \$80.00

Instructor: New England School of Protocol Min 6 /Max 20

CHILDREN'S CONVERSATION SKILLS WORKSHOP (2nd - 7th)

For many children it is easy to strike up a conversation or join one already in progress but for others engaging in small talk or starting a conversation can be challenging. Developing a child's conversational skills and etiquette is important as it helps them build confidence, cultivate friendships, and understand social expectations. A child who is good at communicating verbally will often produce better written communication and interpret what they read more accurately, helping them in all areas of academics.

Dates: Thursday, February 15th
Time: 6:00PM - 7:00PM
Fee: \$80.00

Location: Winchester Recreation
Instructor: New England School of Protocol Min 6/ Max 20

PRE-TEEN NETIQUETTE WORKSHOP (5th - 8th)

In today's world teens are growing up on gadgets, learning how to communicate via a screen and language developed through short-cuts and texting. This makes face to face interaction much more difficult. Introduce your teens to the art of conversation. They will learn what to say and how to act when meeting someone for the first time or when trying to develop friendships. These skills will help enhance their communication and interpersonal skills. For more information visit: www.newenglandschoolofprotocol.com

Dates: Tuesday, March 26th
Time: 6:00PM - 7:00PM
Location: Winchester Recreation
Fee: \$80.00
Instructor: New England School of Protocol Min 6 /Max 20

TEEN INTERVIEW WORKSHOP (8th-12th)

Do you have a high school student getting ready to interview? Are you a teen looking for an internship or preparing for a college interview? Interviewing can be challenging for students especially when they haven't interviewed before. However, putting one's best foot forward during an interview is a critical step towards landing a great job during high school, and a valuable skill to develop for the future. Parents, think back to your first interview. Did you know what to expect or say? Interviewing can be a stressful experience for teens whether they are looking for their first job or going to their first college interview. Learn self-presentation skills and important talking points to help succeed at an interview.

Dates: Thursday, February 15th
Time: 7:00PM - 8:30PM
Location: Winchester Recreation
Fee: \$80.00
Instructor: New England School of Protocol Min 6/ Max 20

Adult Programs

PICKLEBALL 101-THE BASICS!

Come learn the fundamentals of this popular paddle sport, including: court layout, strokes & shots, serve and return of serve, drop shots, rules of the game and how to score. Must be able to attend all 4 classes. Paddles and balls will be provided. Wear tennis sneakers and bring water!

Dates: Tuesdays, January 16th - February 6th
Time: 6:00pm-7:15pm
Fee: \$60
Location: Winchester Recreation Gym
Instructor: Marjorie Berger



PICKLEBALL OPEN PLAY

Group play court rental! Grab a group of friends and rent out a time slot to play! **Please note that the court is slightly under regulation size.** Net provided, bring your own paddles and balls. One reservation per person per month.

Session 1: Tuesdays, January 16th - February 6th
Time: 7:15pm-9:00pm
Session 2: February 27th - April 9th
Time: 6:00PM - 7:15PM or 7:15PM - 9:00PM
Fee: \$50 a night
Location: Winchester Recreation Gym

Adult Programs

YOU CAN AFFORD COLLEGE IF...

you PLAN in advance; you UNDERSTAND the financial aid process; you ACT early enough to be successful. Financial aid goes to the families who plan and act in advance - before December of the child's sophomore year of high school. This course will teach you the concepts and strategies that will help you maximize your financial aid by understanding the process and why implementing strategies may increase a family's eligibility even if you have a "high income" or own a business. The greatest amount of financial aid goes to the families who act in the early years of high school. REMEMBER: Procrastination equals less financial aid. All schools are not alike, so it is important to know your options and opportunities. A free financial aid analysis will be available to all attendees. For information, visit www.collegefundingadvisors.com.

Date: Tuesday March 26th

Time: 6:30PM - 8:30PM

Location: Winchester Recreation

Fee: \$21.00 Single \$30.00 Couple

Instructor: Don Anderson

Min 6 Max 12

CHEN TAI CHI

Initially conceived as a martial art by a Chinese military officer during the Ming dynasty, Chen Tai Chi, or Taijiquan, boasts a rich history spanning centuries, and is deeply rooted in Taoism and Traditional Chinese Medicine. Beyond its martial arts origins, Tai Chi is practiced for its myriad physical and mental health benefits and is recognized today as a functional exercise program suitable for all ages, particularly advantageous for individuals dealing with chronic pain conditions. Executed with concentrated intention and precise movements, Tai Chi enhances balance, range of motion, and postural strength.

According to Traditional Chinese Medicine (TCM), the optimal balance and flow of qi, or vital energy, are integral to both mental and physical well-being. Uniquely, Tai Chi possesses the capacity to restore deficient areas of qi and clear obstructed meridians, resulting in increased energy, improved bodily function, and a heightened sense of calm and groundedness. Correct body positioning induces a natural relaxation in certain areas (yin and "soft") while maintaining engagement in others (yang and "hard"), facilitating the smooth flow of qi and calming the mind. Our Chen Tai Chi program focuses on the health-related benefits of Tai Chi and includes:

- 1. Learning underlying concepts and principles
2. Cultivating inner awareness through standing practices
3. Moving the body as one continuous unit
4. Learning the Chen 9 Form during our 8-week session

Dates: Mondays, January 22nd - March 18th (Off 2/19)

Time: 6:00PM - 7:00PM

Location: Winchester Recreation

Fee: \$120

Instructor: Frances Phelps

Min 12 Max 25

YOGA + MINDFULNESS for STRESS RELIEF (Adults)

Increase your strength, balance and flexibility with mindful movements. Calm your mind and sooth your nervous system with simple and effective breathing and meditation techniques. These welcoming classes are designed to guide beginners as well as experienced yogis looking to return to the heart of their practice. Bring your yoga mat and any props that support your practice

Session 1: Wednesdays, January 17th - February 7th

Session 2: Wednesdays, February 28th - March 20th

Time: 6:00PM - 7:00PM

Location: Winchester Recreation

Fee: \$60.00 per session (4 weeks)

Drop in Fee: \$17

Instructor: Linda Devinentis

Min 5 Max 10

ZUMBA MORNINGS

Looking to change up your workout? Zumba is an easy to follow, calorie burning, dance fitness party! It combines Latin and international music with a fun and effective workout. Feel the music and let loose! Beginners welcome, no experience required.

Date: Mondays, January 8th - April 8th (Off 1/15, 2/19)

Time: 9:00AM - 10:00AM

Location: Winchester Recreation

Fee: \$220.00

\$20.00 (One class trial - limit 1 per person)

Instructor: Laura Gordon

Min 4 Max 20



INTRODUCTION TO DRAWING AND PAINTING

The drive to create imagery is as old as human consciousness. The great French artist Paul Cezanne said, "One should begin by studying geometric forms: the cone, the cube, the cylinder, the sphere. When one knows how to represent the forms and planes of such things, one would know how to paint". If you can draw basic geometric shapes then the artist within you is ready for exploration. We are going to start with the fundamentals of pencil drawing from simple geometric shapes through line, tonal value, (different techniques of shading), perspective, proportion and composition. We will smoothly transition from pencil drawing of a still-life to a monochromatic acrylic painting on canvas. Students will receive one on one instructions and step by step demonstrations.

Bring drawing board 18x18 or 24x36, THE REST OF THE MATERIALS WILL BE PROVIDED.

Date: Wednesdays, February 7th - March 20th (Off 2/21)

Time: 7:00PM - 8:45PM

Location: Winchester Recreation

Fee: \$350.00

Instructor: Seda Matevosian

Min 6 Max 10

Winchester T-Ball League

WINCHESTER RECREATION T-BALL LEAGUE (Ages 4 - 6*)

This program is for boys and girls ages 4 - 6. Children are placed on teams according to age and receive their very own MLB replica jersey and hat. Practices start mid/late April (based on field conditions) with game play starting after each team has practiced for 2 weeks. Games/practices will be played 1x per week (Mon, Tues, Wed or Thurs) please note make-ups could be scheduled on Fridays). The Rookie Division will practice/play typically on Monday or Tuesdays, the Veterans Division (Age 6) will play mainly on Wednesdays or Thursdays. Team schedules will be set two weeks prior to the start of the season. Please note days may vary each week, depending upon each team's schedule. 9 weeks, weather permitting. Please no coaching/player requests.

PROGRAM INFORMATION:

Dates: Season will begin the week of April 23rd and run until June 15th (weather permitting)

Time: 5:30PM - 6:45PM

Location: Each team's location will be determined when schedules are released in April

Fee: \$115.00



Rookie Division: *Age 4 & 5 *for players that are 4 years of age as of May 1st 2024 and no older than 5 on May 1st, 2024

- Players will hit off a batting tee for the entire season
- Players will bat every inning
- Games will last 3 innings or for 75 minutes, whichever comes first
- Every player plays the field every inning
- There will be no walks or strikeouts and score will not be kept

Veterans Division: *Ages 6 *for players that are 6 yrs of age as of May 1st, 2024

- Players will hit off batting tee for the first half of the season and coaches will pitch remainder of season
- Each player will be allowed 3 swings and misses before a batting tee will be placed to hit, no strikeouts
- Games will be 3 innings or for 75 minutes, whichever comes first
- Every player plays the field every inning
- There will be no walks or strikeouts and score will not be kept

Schedules will be sent to you by coaches prior to the start of the season. Please note we cannot guarantee a specific day for practices/games. Schedules will be based upon field availability.

-TBALL COACHES NEEDED-

If you are interested in volunteering as a coach for either program this season please contact cellison@winchester.us or select "yes" when asked during registration. Please add coaches name and email at registration.

SPRING/SUMMER JOB OPPORTUNITIES

POSTINGS WILL BE MADE AVAILABLE ONLINE AND ON OUR FACEBOOK PAGE

<https://www.winchester.us/jobs.aspx>

Summer Program Counselors

Spring/ Summer Tennis Maintenance/Gate Staff

Spring/Summer Tennis Court Supervisors

Packer Ellis Tennis Supervisors

For more information on job opportunities, please contact Winchester Recreation directly.

781.721.7125

Field Use and Permitting Information

The Winchester Recreation Department oversees the use and permitting of all the fields and park spaces for the Town of Winchester. We encourage all residents to enjoy the town recreational spaces, and get out and be active! Fields and parks are free to use for any unorganized play or pick up games as long as a permitted group is not utilizing the space. Permit holders have priority use and the ability to bump non-permitted users off of the permitted space during their permitted activity.

Please note that any organized and/or fee based activities must be permitted through the recreation department such as youth private coaching, tennis lessons, sports & fitness training and clinics, organized games with referees and uniforms, camps and tournaments. Additionally, residents can permit and reserve a field for a birthday party, one time event, or neighborhood game. Permit fees apply based on the amount use, field space requested and priority tiers. Fee based programs must possess liability insurance with the town of Winchester listed as an additional insured. Non-fee based permitted use may not require liability insurance for use, contact the Recreation Director for guidance. For information on permitting policy, fees and procedures please visit the Town Recreation Web Page: <https://www.winchester.us/635/Recreation-Department>

The Field use policies and procedures are developed and maintained by the Winchester Field Management Committee and approved by the Winchester Select Board. Information on the Field Management Committee can be found here:

<https://www.winchester.us/334/Field-Management-Committee>

Parent Info: Camps and Clinics separate from the Recreation Department must promote that their programs have been permitted by the Town of Winchester Recreation Department on their promotional materials. Camps must also be licensed by the Winchester Board of Health and be stated that on their documentation. Fee based activities that do not state they have been permitted by The Town of Winchester may not possess the minimal liability coverage and may not have conducted background checks on their staff. If in doubt, please notify the Recreation Office: 781-721-7125

