

Youth

Art Classes
After School Programs
April Vacation Care
Ballet Classes
Chess Instruction
Fencing
Fishing Programs
Karate Classes
Music Classes
Pre-School Programs
Science & Engineering
Spring/Summer Tennis
Winchester Recreation T-Ball
Wood-shop

NEW PROGRAMS

Creative Dance
On-site Archery
Tap, Hip Hop, Jazz

Adult

Biking
Hobbies & Design
Financial Planning Classes
Health & Fitness
Spring/Summer Tennis
Tours & Exploration
Yoga

NEW PROGRAMS

Adult Ballet
Becoming Weather-wise
Belly Dancing
Zumba

Community

Community Gardens
Concerts on the Common
EN KA Events & Parade
Town Day Festivities

Register at:

www.winrec.com
781.721.7125



Photo Credit: Cyndey Ambrose Photography

BIRTHDAY PARTIES AT
WINCHESTER RECREATION

This is a new and exciting way to celebrate the birthday of the special person in your life.

**ONLY
\$165^{.00}**



Rent the Space and Staff

This birthday party package includes the gymnasium/ game area, as well as a classroom for two hours. A recreation staff will be on-site to coordinate fun games and activities for one hour. You supply the cake and treat and we will supply the fun!

Chairs/Tables are included.

140-BP-02 Rent the Space and Staff \$165.00

LOOK WHO TURNED

20yrs old!

Happy Birthday Kid Connection!

Kid Connection turned 20 in January and we are having a big birthday party to celebrate on Sunday, May 18th from 3PM - 5PM at Kid Connection (263 Main Street Winchester Recreation Dept.) All current and past alumni families and children are invited. There will be party activities for the children, photo booth, pony rides, balloon animals, painting and **THE MUSIC MAN!**

We hope to see you!

Date: Sunday May 18th, 2014

Time: 3:00PM - 5:00PM

Location: Winchester Recreation

**HELP US BE GOOD
NEIGHBORS**

**Winchester Recreation and
Community Education
Parking and Entrance Policies**

In an effort to ease traffic concerns and increase neighborhood safety we ask for your help in following the guidelines listed below.

- All parking on the school side of Madison Avenue is 15 minutes. *This should only be used for drop-off/pick-up and program registrations only.*
- Program parking should take place in the Madison Avenue parking lot or in the Marshall Road parking lot.
- No parking should take place on the non-school side of the building on Madison Avenue
- Handicap vehicles only are allowed to park in the handicap spaces provided.
- Please DO NOT turn around in our neighbors driveways.
- Please dispose of all trash in the proper trash receptacles.



*Thank you for your cooperation
and understanding in these
important matters.*

Welcome to our SPRING 2014 programming guide

Staff Directory

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Carol McCollem

After School Director
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Department Information

Address: 263 Main Street

Winchester MA 01890

Hours: Monday - Friday

8:00AM - 4:00PM

Phone: 781.721.7125

We hope our 2014 Spring/Summer Course Catalog finds you and your family looking forward to the warm weather! Our Spring/Summer Catalog represents a host of new and exciting possibilities that will engage, challenge and allow you and your family to explore the wonderful world of recreation and community education within your very own community. Please take a moment with your family to browse through our many offerings. You will find a number of new programming for children and adults! Make a commitment to get out of the house this spring/summer. Our full summer programming catalog will be released in May.

We hope to see you around town!

Sincerely,

Winchester Recreation & Community Education Staff

Disclaimer: OOPS! Occasionally there may be an error, typo or change in the day, times, fees or location in the brochure. If so, we will do everything possible to correct the situation promptly. Thank you for your patience and understanding should these situations arise.

TABLE OF CONTENTS

Community Programs/EN KA	1
Swim Winchester/Winchester in Transition	2
Pre School/Kid Connection 2014/2015/April Vacation.....	3
After School Kindergarten A.S.K/Vacation Club.....	4
Winchester After School Program W.R.A.P.....	5
Winchester Recreation T-Ball/Youth Organizations	6
Summer Pre-School Half Day Adventure	7
Summer Adventure Program	8
Pre-K/Youth Programs	9- 10
SNL Football & Super Soccer Stars	11
After School Programs/Golf/Guitar/Fish On/Track.....	12 - 15
Youth Spring Tennis/ Youth Summer Tennis.....	16 - 17
Winchester Youth Center	18 - 21
Adults Spring Tennis/Adult Summer Tennis	22 - 23
Adult Exploration	24
Finance & Benefits	25
Hobbies & Design	26
Hobbies & Trainings	27
Registration Form/Department Info	28

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Community Events & Discount tickets

TOWN DAY

Come one and all to Winchester's Town Day! It is full of exciting, heart warming activities and you will be able to check out what local businesses and organizations have to offer! Town Day is scheduled for Saturday, June 7th. For more information and a schedule of events, please check the official website at www.townday.org. Be sure to stop by the Winchester Recreation tent as we have some great activities scheduled for the kids and family!

TOWN DAY FUN RUN FOR KIDS (Ages 3 - 10)

The WYC is sponsoring a series of races for 3-10 year olds on Town Day morning on the track at Manchester Field. Beginning at 8:00am, the WYC Peer Leaders will get all of the participants warmed-up and then the races will begin. Every child who is registered by May 25th will receive a t-shirt!

- 3 & 4 year olds: 50 yards
- 5 & 6 year olds: 100 yards
- 7 & 8 year olds: 200 yards
- 9 & 10 year olds: 400 yards

Date: June 7th
Time: 8:00AM **Location:** Manchester Field
Fee: \$10.00 **142-FR-01A**

COMMUNITY GARDENS

Winchester has community garden plots located next to the Westside Fire Station on Lockeland Road. A small number of half plots may be available for purchase to Winchester Recreation residents who would like to garden but do not have garden space. Current garden plot participants have first priority to renew each year. However, by April 1st, we will know if space is available for the upcoming season.

For more information, call the Recreation Department 781.721.7125.

Please understand that Winchester Recreation only coordinates the scheduling of plots. Any necessary equipment, including hoses, is the responsibility of plot holders. We will ask each gardener for an email address. Upon receiving each plot holder's address, we will dispense and address book so the plot holders can exchange information directly.

142-CG-00A \$20.00 Plot



AMC THEATER TICKETS

AMC Theater, formally known as general Cinemas, offers discount movie tickets through the Winchester Recreation and Community Education Department. Tickets may have some restrictions on new releases. The price is the same for adults and children. This is over a \$3.00 savings per ticket! The nearest AMC Theater is located in Burlington. Tickets can be reserved online, or in person at Winchester Recreation.

Please note: all tickets must be picked up at Winchester Recreation, 263 Main Street. 141-SE-03 \$7.50 per ticket

WATER COUNTRY TICKETS

Enjoy New England's premier water park located in nearby Portsmouth, New Hampshire. Now, you and your family can enjoy all 20 acres and 14 adventures rides including an amazing wave pool for a substantial discount. Purchase your tickets through Winchester Recreation for \$31 and save almost \$7 per ticket! Families can purchase up to 10 tickets at a time. It's never too early to start planning for the summer.

141-SE-03 \$31.50 Adult or Children

LIGHTS, CAMERA, EN KA!

Hollywood arrives in Winchester and the En Ka Fair on Friday, May 16th and Saturday, May 17th. Catch a glimpse of Tinseltown and enjoy the rides, games and food. Browse for book deals and shop for baked goods and bargains. The annual En Ka Street Fair is great family fun. This year, don't miss the live entertainment events and character appearances. Just follow the big lights to downtown on Friday from 5 to 11pm and Saturday from 10am to 10pm. Fairgrounds are located across from Town Hall, at the corner of Skillings Road and Mt. Vernon Street.

EN KA

FAIR & PARADE

Fair: Friday, May 17th
Parade: Saturday, May 18th
www.enkasociety.org

EN KA STREET FAIR & PARADE

Kicking off this year's fair will be several En Ka events and activities:

EN KA YARD SALE

Saturday, May 3rd, 9am - 2pm
En Ka Exchange (1037 Main Street, Winchester). Rain date is May 10th.

EN KA DAY AT MAHONEY'S

Wednesday, May 14th, 10am - 5pm
Mahoney's Rocky Ledge Garden Center, 242 Cambridge Street, Winchester

Mahoney's will generously donate a percentage of the day's sales to En Ka. Buy flowers, plants, tools, gift certificates and more!

EN KA PARADE

May 17th, 9 am
Line the streets of downtown Winchester for En Ka's annual parade. The parade departs from Winchester High School and concludes at our fairgrounds.

EN KA QUILT RAFFLE

May 17, 9 pm
This year's quilt, a tribute to Hollywood, will be raffled off at the fairgrounds.

EN KA BOOK DONATIONS

April 1st and May 5th
Please drop lightly used children's and adults books in the collection shed at the Carriage House by the Sanborn House, adjacent to Ambrose School at 27 High Street in Winchester. Books should be placed in small boxes, wrapped in plastic.

The En Ka Street Fair has been a tradition in Winchester since 1934, and is the primary fundraiser for the En Ka Society, a volunteer women's organization in Winchester. ALL Fair proceeds go back into the community, through grants awarded to local non-profit, civic and charitable organizations. For more information or to volunteer at the "Lights, Camera, En Ka" Fair please visit www.enkasociety.org.



Swim Winchester & Youth Organization Contacts

SWIM WINCHESTER

What is Swim Winchester?

Swim Winchester is a non-profit organization formed by local residents committed to bringing an all-season community swimming pool to Winchester. The group was launched in October 2012 by Winchester residents Catherine Curtis and Bryn Buck, who felt a town pool was a much-needed resource that should be incorporated into the vision of a new Winchester High School. Now that the WHS project has been approved by town voters, Swim Winchester is working towards having an indoor-outdoor pool complex included on the new high school campus. Schools offer an excellent site for swimming pools because of shared resources such as parking and facilities, and a swimming pool would enrich the school in turn (the swim team has for years been compelled to practice and compete at distant sites).

What kind of pool is Swim Winchester advocating for?

Swim Winchester envisions a community pool that is open to everyone with programs for all ages. In 2013 SW commissioned a pool feasibility study conducted by Counsilman-Hunsaker, an industry-leading consultancy. The study, financed by private donations from over 100 Winchester residents, supports a sustainable model for a community pool complex. Ideally our pool(s) would offer something for everyone: swim lessons from infancy on up; access for people with disabilities; competition space for the high school and club teams; classes and rehabilitation opportunities for seniors; space for fitness and socializing; and recreational swim space for all ages. Because we are still in the early stages, we welcome ideas and opinions: what would your ideal community pool look like?

Why is having a community pool important?

A community pool provides recreational opportunities, promotes water safety, and supports community wellness initiatives. Currently, most Winchester families have to travel out of town for recreational and fitness swimming. Local swim clubs have years-long waiting lists, and initiation and membership fees can be cost-prohibitive for many families. Winchester residents are spending thousands of dollars at aquatic facilities elsewhere. We hope that money could be spent to benefit our community instead.

How can I get involved?

Swim Winchester needs your support! Thus far we have raised more than \$20,000 to finance the feasibility study and send a representative to a national conference on building community pools. Support us at Winchester Town Day and at the Farmer's Market this summer. For more information please visit our web site at swimwinchester.org. If you'd like to get more involved personally, we'd love to hear from you! Contact us by email at winchesterswims@gmail.com or visit us on Facebook at www.facebook.com/SwimWinchester.

WINCHESTER IN TRANSITION 2014 (WIT)


The Multicultural Network is offering an opportunity for two important community conversations this spring.

"Inclusion for All," on Sunday, March 23 from 2:15-4:30 p.m. in the Winchester Public Library Meeting Room, will highlight the experiences of those who don't always feel included or valued, whether it is because they or a family member have a physical impairment, or face emotional or psychological challenges. The improvisational theater company, True Story Theater, will re-tell stories through drama to heighten our understanding of others' experiences and world views and panelists will share their perspectives and offer suggestions for moving forward. Please join us for what is sure to be an eye-opening and enriching afternoon. This program is conducted in collaboration with the Winchester Disabilities Access Commission.


This is the third in a series of "tracks" –community conversations—leading up to WIT-2014: Access in Action on Sunday, April 6. "Access in Action" will focus on strategies and action plans to address the issues raised in all three "tracks": inclusion; how to have more of a voice in civic life; access to housing, and development in our town center. Location TBA. There will be an American Sign Language (ASL) interpreter at both programs. For more information go to www.GetToWit.org

EMPLOYEE SPOTLIGHT - Annette Kennedy

Annette Kennedy, Director of the Kid Connection Preschool and Fun School at the Winchester Recreation and Education Department will be riding in the 4th annual Ride For Angels. A group of cyclists will embark on one of several length rides throughout the Northeast MA and Southern NH portions of New England to raise funds and awareness of Angel Flight NE's mission. Angel Flight Northeast is a non-profit organization that provides free flights in private aircraft by volunteer pilots, for persons who need access to medical care or have other compelling needs. There is never a charge for an Angel Flight! For more information go to on Angel Flight NE or www.rideforangels.info. Join me for the 4th Annual Ride for Angels -Sunday, September 7, 2014



For more information or to register go to www.bikereg.com





Kid Connection 2014-2015

KID CONNECTION 2014 - 2015

Annette Kennedy, Director

The goal of Kid Connection, our licensed pre-school, is to support parent and child as they deal with the daily challenges of their new experiences and their individual needs. The result is a successful and rewarding pre-school experience.

Kid Connection accepts children who are 2.9 years of age by Sept. 1, 2014 through age five. We will hold an Open House, Wednesday, Jan. 22 at 7:00 PM at the Winchester Recreation Dept., 263 Main St. There, you will learn about Kid Connection, meet the teachers, and talk with other parents. Kid Connection is in session from mid-Sept. through mid-June.

- All returning students and their siblings must register by Jan. 15, 2014 for placement. A \$25, non-refundable application fee is required for returning students, and a \$50, non-refundable application fee is required for new students.

- We will accept general registration for the lottery through Jan. 28 with a \$50, non-refundable application fee. Please note those students not chosen in the lottery and placed on the waiting list will not be eligible for a refund of their \$50 application fee.
- We will choose new students by lottery on January 29th and have notifications in the mail by February 3rd. We will give preference to Winchester residents.
- Accepted students must deposit one month of the total tuition by Feb 10. Failure to make this payment may result in the loss of the student's space in the class. The balance is payable monthly.

STEPPING STONES: 2-DAY PROGRAM

150-PS-01A Ages: 2.9- by the start of school
Tu. & Th. 9:00AM-11:30AM
\$1900 or \$190 per month

ALPHABET SOUP: 3-DAY PROGRAM

150-PS-02A Ages: 3.4- by the start of school
Mon., Wed., & Fri. 9:00-11:30AM
\$2700 or \$270 per month

LITTLE RASCALS: 4-DAY PROGRAM

150-PS-03A Ages: turning 4 yrs of age
Tu., Wed., Th., & Fri. 9:00AM-11:45AM
\$3700 or \$370 per month

BUILDING BLOCKS: 5-DAY PROGRAM (Half Days)

150-PS-04A Ages: Turning 5 (Not in Kindergarten)
Mon.-Fri. 9:00AM -12:00PM
\$4050 or \$405 per month

BUILDING BLOCKS: 5-DAY PROGRAM(3 Full Days)

150-PS-05A Ages: Turning 5 (Not in Kindergarten)
Mon & Fri. 9:00AM -12:00PM
Tues., Wed., Thur 9:00AM - 2:00PM
\$6600 or \$660 per month

For more information or to register for the lottery, call the Recreation Dept. 781-721-7125



APRIL VACATION CLUB - PRE-SCHOOL

Pre-School is out for the spring break, so what do you have planned for your kids? Join the Winchester Recreation Department for four days of supervised fun and games, arts and crafts, and special projects. We have different themes for each day and some days may include a special performer. This fun filled program is open to children ages 2.9 - 5 not in Kindergarten. The Winchester Recreation Staff supervise the children. Student to teacher ratio is 8 to 1. Space is limited, please register early! Participants are responsible for bringing a lunch, drink and snacks daily. PLEASE NO PEANUT OR NUT PRODUCTS. Children must be toilet trained.

Busy parents can choose all four days or any day needed. Some activities may be off-site

Table with 4 columns: DAYS/DATES, TIME, COST, COURSE. Rows include (4-day) Tuesday April 22 - Friday, April 25th for \$150.00 and (1-day) Tuesday, Apr. 22nd for \$40.00.



After School Kindergarten 2014-2015

AFTER SCHOOL KINDERGARTEN PROGRAM (A.S.K)

Carol McCollem, Director

We are pleased to announce our after-school kindergarten program for after-school kindergarten care and recreation activities. This program is held at the Recreation Dept., 263 Main St. Parents may choose a two-day (Monday and Friday only), three-day or five day option. A.S.K. which is licensed by the Dept. of Early Education and Care, follows the Winchester Public School calendar. It is not in session when schools are closed because of inclement weather or when school closes at mid-day for vacation.

This is a program designed for children enrolled in the Winchester Public School's All Day Kindergarten Program. Early release days are included in the A.S.K. program. Please note that this year's tuition fee does not include your Winchester Public School bus pass. Each family is responsible for purchasing its own pass space is limited, please register to reserve your spot! The Winchester Recreation Department reserves the right to cancel any program due to low enrollment.

Will There Be Transportation?

Transportation is provided for students; however, parents are responsible for purchasing their own bus passes through the Winchester School Dept.

How Do I Sign Up?

To enroll in the ALL DAY AFTER SCHOOL KINDERGARTEN (A.S.K.) for the entire school year, participants must be enrolled in the Kid Care program, have filed their paperwork, and paid the registration fee and the first month's tuition payment before attending A.S.K.

Program. Space is limited, please register or reserve your spot! The Winchester Recreation Department reserves the right to cancel any program due to low enrollment. A \$25.00 non-refundable registration fee is due prior to registration.

What Are the Fees and Due Dates?

Monthly payments are through automatic credit card payment only. The first payment, due at the time of registration, is for Sept.

Subsequent monthly payments will begin Sept. 1 for the remaining nine months. If someone withdraws from the program after June 1, one month's payment is forfeited, unless we can fill the participant's spot.

A.S.K. DAILY/WEEKLY OPTIONS

2-DAY OPTION

150-ES-96A Mon. & Fri. 12:30-3:15PM \$185/month \$1850/year

150-ES-96B Mon. & Fri. 12:30-6:00PM \$365/month \$3650/year

5-DAY OPTION

150-ES-97A Mon. & Fri. 12:30-6:00PM Tu., Wed., Th. *RAS-6:00PM \$615/month \$6150/year

*Right After School

3-DAY OPTION (Identify the three days)

150-ES-98A Monday 12:30-6:00PM \$180/month \$1800/year

150-ES-98B Tuesday 2:35/2:50-6:00PM \$95/month \$950/year

150-ES-98C Wednesday 2:35/2:50-6:00PM \$95/month \$950/year

150-ES-98D Thursday 2:35/2:50-6:00PM \$95/month \$950/year

150-ES-98E Friday 12:30-6:00PM \$180/month \$1800/year

Register at www.winrec.com - space is limited -

APRIL VACATION CLUB -Elementary School (K-5)

Choose all four days or just one. School is out for the Spring break, so what do you have planned for your kids? Join the Winchester Recreation and Community Education for four days of supervised fun and games, arts and crafts and special projects. We have a different theme for each day. Some days may also include a special performer or field trip. This program is open to students, K- Gr. 5. The Winchester Kid Care staff will supervise the children. The student-teacher ratio will be 13:1. Space is limited, so register early! Participants are responsible for bringing a snack and lunch daily. Please no peanut or nut products.

Busy parents can choose all four days or any day as needed. Some activities may be off-site. 8 am-5 pm Recreation Department.

Table with 4 columns: DAYS/DATES, TIME, COST, COURSE #. Rows include (4-day) Tuesday Apr. 22nd - Friday Apr. 25th, (1-day) Tuesday, April 22nd, (1-day) Wednesday, April 23rd, (1-day) Thursday, April 24th, (1-day) Friday, April 25th.



After School Programming (W.R.A.P) 2014-2015

WINCHESTER RECREATION AFTER SCHOOL PROGRAM(W.R.A.P)

Carol McCollem, Director

Since 1995, the Recreation Dept. has offered W.R.A.P, a licensed, extended day program, for children in Gr. 1-5. This year our program will be offered at the Recreation Dept., 263 Main St., and will include students from each of the five elementary schools. There is a 5-day and a 3-day/week option. Enrollment is limited. The program begins the first day of the school year. These programs are not in session when Winchester Public Schools are closed. W.R.A.P. is in operation 5 days a week from the end of the school day until 6 pm. We have Gr. 1, Gr. 2, Gr. 3 and 4, and Gr. 5 and 6 classrooms. Please note that students from all grades will do some activities together. There is time for playing sports and games, a quiet space for homework and computers, and a caring staff. Students will also have electives to choose from throughout the year. Students must register for the entire year.

Please note that W.R.A.P. includes all early release days throughout the year. Typically, these days are reserved for field trips. W.R.A.P.

W.R.A.P., which is licensed by the Department of Early Education and Care, follows the Winchester Public School calendar with the following exceptions: it is not open when school closes at mid-day for a vacation period or closes early because of bad weather. Early release days are included as long as you are registered for the respective day with W.R.A.P.

Please note that this year's tuition fee does not include your Winchester Public School bus pass. Each family is responsible for purchasing its own pass.

Will There Be Transportation?

Transportation is provided for students; however, parents are responsible for purchasing their own bus passes through the Winchester School Dept.

How Do I Sign Up?

To enroll, a family may choose 3 or 5 days a week for the entire school year. Participants must be enrolled in the Kid Care program, have filed their paperwork, and paid the registration fee and the first month's tuition payment before attending the WRAP Program.

What Are the Fees and Due Dates?

Monthly payments are through automatic credit card payment only. The first payment, due at the time of registration, is for September. Subsequent monthly payments will begin Sept. 1. for the remaining nine months. If someone withdraws from the program after June 1, one month's payment is forfeited, unless we can fill the participant's spot.



GRADE 1 - Entering grade 1 Fall 2014

5 DAY OPTION 150-ES-30A 5 days/wk. \$440/month

3 DAY OPTION Select 3/days \$295/Month
150-ES-31A Monday
150-ES-31B Tuesday
150-ES-31C Wednesday
150-ES-31D Thursday
150-ES-31E Friday

Grade 2 - Entering grade 2 Fall 2014

5 DAY OPTION 150-ES-40A 5 days/wk. \$440/month

3 DAY OPTION Select 3/days \$295/Month
150-ES-41A Monday
150-ES-41B Tuesday
150-ES-41C Wednesday
150-ES-41D Thursday
150-ES-41E Friday

Grade 3/4 - Entering grade 3/4 Fall 2014

5 DAY OPTION 150-ES-50A 5 days/wk. \$440/month

3 DAY OPTION Select 3/days \$295/Month
150-ES-51A Monday
150-ES-51B Tuesday
150-ES-51C Wednesday
150-ES-51D Thursday
150-ES-51E Friday

Grade 5/6 - Entering grade 5/6 Fall 2014

5 DAY OPTION 150-ES-60A 5 days/wk. \$440/month

3 DAY OPTION Select 3/days \$295/Month
150-ES-61A Monday
150-ES-61B Tuesday
150-ES-61C Wednesday
150-ES-61D Thursday
150-ES-61E Friday



NEW!! Youth Leagues



WINCHESTER RECREATION T-BALL

WINCHESTER RECREATION T-BALL (Ages 4 - 6)

This program is for boys and girls ages 4 - 6. Children will be placed on teams according to age, and will receive their very own MLB replica jersey and hat. Practices will start during the week of April 28th, game play will start after each team has practiced for 2 weeks. *Dates/Times located to the left*

Junior Sluggers Division, Tuesdays

Date: April 29th - June 17th (8 weeks)

Time: 5:30PM - 6:45PM

Location: Parkhurst Field

Fee: \$85.00 141-PS-06C

Rookie Division, Thursdays

Date: May 1st - June 19th (8 weeks)

Time: 5:30PM - 6:45PM

Location: Parkhurst Field

Fee: \$85.00 141-ES-06C

Wednesdays will be reserved as rain dates

Junior Sluggers Division: Age 4 & 5

- Junior Division is for players that are 4 years of age as of May 1st 2014 and no older than 5 on May 1st, 2014
- Players will hit off a batting tee for the entire season
- Players will bat every inning
- Games will last 3 innings or for 75 minutes, whichever comes first
- Every player plays the field every inning
- There will be no walks or strikeouts and score will not be kept

Rookie Division: Ages 6

- Rookie Division is for players that are 6 yrs of age as of May 2nd, 2014 and no older than 7 on May 2nd 2014
- Players will hit off batting tee for the first half of the season and coaches will pitch remainder of season
- Each player will be allowed 3 swings and misses before a batting tee will be placed to hit, no strikeouts
- Games will be 3 innings or for 75 minutes, whichever comes first
- Every player plays the field every inning
- There will be no walks or strikeouts and score will not be kept.

-The season will conclude with a banquet for all players and coaches, date TBA.

VOLUNTEER COACHES WANTED
contact Jim Sullivan jsullivan@winchester.us

WINCHESTER YOUTH SPORTS ORGANIZATION
CONTACT INFORMATION

<u>ORGANIZATION</u>	<u>CONTACT</u>	<u>PHONE</u>	<u>EMAIL/WEBSITE</u>
Winchester Recreation	Chris Nelson	781.721.7125	cnelson@winchester.us
Winchester Soccer Club	Alex Blumsack	n/a	www.winchestersoccer.net
Winchester Youth Boys Lacrosse	Pat Gill	781.729.5183	pgill@comcast.net
Winchester Youth Girls Lacrosse	Keith Goodwin	781.729.8261	n/a
Winchester Youth Baseball/Softball	Bob Nutile	781.729.2566	www.sybs.org
Winchester Pop Warner	Brandon Bergstrom	n/a	www.winchesterpopwarner.net
Winchester Youth Basketball Association	Gary Grassey	n/a	www.wybahoop.com
Winchester Youth Hockey Association	n/a	n/a	www.winchesteryouthhockey.com

If you are a local sports organization or club and you would like to have your information published on this page please contact Jim Sullivan at jsullivan@winchester.us.



Half Day Adventures (3 - 5yrs)

HALF-DAY ADVENTURES
9:15AM - 12:15PM
at the Recreation Department
263 Main Street

Directed by Annette Kennedy,
Director of Kid Connection

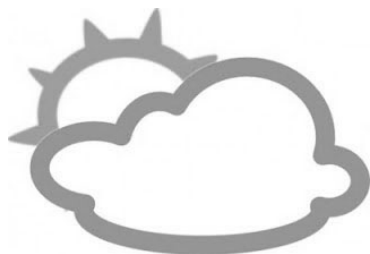
The kids are out of school and they have the long lazy days of July and August ahead. They could spend their summer days in front of the TV or your children could be using their imagination to create projects that are a reflection of their own unique talents. Summer activities, science projects and arts and crafts give children the opportunity to learn and practice their skills. The Summer Adventure program encourages children to work with a wide variety of materials, and one of the best things about summer projects are they can be done outside!

So come along and join in the fun, and excitement of the Summer Adventure

HALF-DAY PROGRAM

Each week will offer a completely different set of fun activities appropriate for children ages 3 to 5 years old. We will offer many engaging happenings that will allow your child to be an explorer, artists, builder, superhero and so much more! The children will have arts and crafts, splash time at the Winchester Splash Park, reading with ROAR, program for the Winchester Library, performances by Kid Stock, and weekly appearances from the Music Man and good old fashion FUN! Our caring, devoted and loving staff will offer many diverse activities such as songs, games, sports, science activities; face painting, and sandbox activities that children will love. Child-to-counselor ratio is approximately 6:1.

Note to Parent:
We will be going to the Splash Park at Borgard beach every Friday by bus.



Frequently Asked Questions:

Where do I drop my child off for the Half Day Program?

At the Recreation Department, 263 Main Street at 9:15AM in the parking lot on Marshal Street.

What do the children need to bring to the program?

Bring a snack. With a growing number of participants and staff having severe peanut allergies, we are asking that NO PEANUT PRODUCTS be brought to the program. Also, bring plenty of fluids, a bathing suit, and towel with child's name on it, and water shoes. Participants must wear sneakers for running the gym and playground and have sunscreen applied before coming to the program. Please provide additional sunscreen for counselors to apply after water play. Each child should have backpack to tote all his/her belongings to and from the program. Please label all personal belongings with your child's name.

What time does the Half Day Program begin and when does it end?

The program begins at 9:15AM and ends at 12:15PM. For the safety of your child, please do not drop off your child at the program earlier than the times listed above. There will be no supervision before 9:15AM. We also ask that you please pick your child up on time at 12:15PM.

What if I need to pick my child up early?

To ensure the safety of your child, we request that any child who will be leaving early bring a note stating the time of dismissal and the name and phone number of the person picking them up. The parent or guardian should sign the note, which should be given to the Head Counselor or the Program Director. Those picking up early will pick up at the normal location.

SUMMER FUN - Age 3 by 6/30 and potty trained

143-DC-01A	June 23-27	\$120.00
143-DC-02A	June 30-July 3 ^(off 7/4)	\$70.00
143-DC-03A	July 7-11	\$120.00
143-DC-04A	July 14-18	\$120.00
143-DC-05A	July 21-25	\$120.00
143-DC-05A	July 28-Aug 1	\$120.00
143-DC-06A	Aug. 4-8	\$120.00
143-DC-07A	Aug. 11-15	\$120.00

SAFARI - Age 4

143-DC-11A	June 23-27	\$120.00
143-DC-12A	June 30-July 3 ^(off 7/4)	\$70.00
143-DC-13A	July 7-11	\$120.00
143-DC-14A	July 14-18	\$120.00
143-DC-15A	July 21-25	\$120.00
143-DC-16A	July 28-Aug 1	\$120.00
143-DC-17A	Aug. 4-8	\$120.00
143-DC-18A	Aug. 11-15	\$120.00

SUNSHINE - Age 5

143-DC-21A	June 23-27	\$120.00
143-DC-22A	June 30-July 3 ^(off 7/4)	\$70.00
143-DC-23A	July 7-11	\$120.00
143-DC-24A	July 14-18	\$120.00
143-DC-25A	July 21-25	\$120.00
143-DC-26A	July 28-Aug 1	\$120.00
143-DC-27A	Aug. 4-8	\$120.00
143-DC-28A	Aug. 11-15	\$120.00

COUNSELOR IN TRAINING Age 14

Our objectives in this program are to develop leadership and self esteem while teaching the adolescent how to work with young children and plan and perform camp activities. We also hope that the CIT has a rewarding and enjoyable experience. Please note that placement in this program is not guaranteed. Those enrolled must interview with the Program Director prior to the beginning of the program. Interviews will take place after May 1. Please note that we are unable to guarantee future camp counselor positions to those in our CIT program.

To be accepted into the CIT program, participants must be at least 14 years old, and have a successful interview with the CIT Coordinator and the Half Day Summer Adventure Director. Those chosen will work primarily with the half-day programs. We can accept only a limited number of applicants.

Each CIT must attend a minimum of three, 1-week, Summer Adventure sessions. The hours are Monday through Friday from 8:30 am-12:30 pm. Mandatory Orientation June, 19 2:30-4PM

Application will be accepted through May 24.

143-DC-81A	June 30-July 3 ^(off 7/4)	\$45.00
143-DC-82A	July 7-11	\$75.00
143-DC-83A	July 14-18	\$75.00
143-DC-84A	July 21-25	\$75.00
143-DC-85A	July 28-Aug. 1	\$75.00
143-DC-86A	Aug. 4-8	\$75.00
143-DC-87A	Aug. 11-15	\$75.00



Summer Adventure Program (K - 5)

WINCHESTER RECREATION SUMMER ADVENTURE PROGRAM @ McCall M.S.

Dates: June 30th - August 15th, 7 Week Options

Times: Full-Day Adventures 9:00AM-3:00PM & Extended Afternoons 3:00PM-6:00PM

Grades: K - 5 **Location:** McCall Middle School

What will your kids be doing over summer vacation? The WRSAP full-day camp is the perfect fit for your active, creative, adventurous, social, and fun-loving child!

AGES: The full-day program is designed for children entering grades 1-6. Children entering Kindergarten may be allowed to participate in the full-day program but parents must first speak with the full-day Director before registering their child.

ACTIVITIES: Each day includes creative arts & crafts, active outdoor sports & games, swimming lessons at Borggaard Beach, tennis lessons at the Packer Courts, group adventures and tons of other fun activities. Each week offers a new theme which is integrated into our art projects, group games, and afternoon activities.

STAFF: Child-to-counselor ratio is approximately 7:1. Our experienced, energetic staff members are high school and college students and adults who are committed to making sure all of the children have a positive and memorable time at the WRSAP.

FREQUENTLY ASKED QUESTIONS

What time does the Full-Day Program begin and end each day?

The full-day program begins at 9:00 am and ends at 3:00 pm daily. We offer extended afternoon hours from 3:00-6:00pm at an additional cost. Please note: extended hours will not be available for children entering Kindergarten.

How do the children get to and from the Beach and Tennis Courts?

A school bus will transport children to and from Borggaard Beach and the Packer Courts. Each child should come to camp with a bathing suit and towel expecting to swim each day and are welcome to bring a tennis racquet from home, however racquets are available for everyone to use at the Courts.

What should my child bring each day?

Children should arrive each day wearing sneakers, active clothing, and sunscreen. They should bring a backpack carrying a water bottle, snack, lunch, bathing suit, towel, additional sunscreen, and change of clothes. The WRSAP is a nut-free program so children are not allowed to bring any food containing peanuts or tree-nuts. We also ask that children leave all toys and games at home.

SUMMER ADVENTURE INFO

Weekly Option

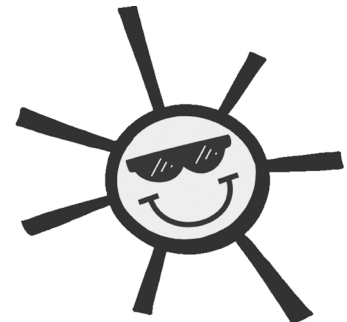
	COST	Superfriends(1st &2nd)	Sequoia (3rd & 4th)	Sachem(5th & 6th)
Week 1: June 30-July 3: "Winter Olympics" (Off 7/4)	\$164.00	143-DC-41A	143-DC-51A	143-DC-61A
Week 2: July 7-11: "Under the Sea"	\$215.00	143-DC-42A	143-DC-52A	143-DC-62A
Week 3: July 14-18: "Over the Rainbow"	\$215.00	143-DC-43A	143-DC-53A	143-DC-63A
Week 4: July 21-25: "Space is the Place"	\$215.00	143-DC-44A	143-DC-54A	143-DC-64A
Week 5: July 28-August 1: "Mythical Creatures"	\$215.00	143-DC-45A	143-DC-55A	143-DC-65A
Week 6: August 4-8: "Superheroes"	\$215.00	143-DC-46A	143-DC-56A	143-DC-66A
Week 7: August 11-15: "Game Show Mania"	\$215.00	143-DC-47A	143-DC-57A	143-DC-67A

Extended Day Program - 3:00PM - 6:00PM

Weekly Option

(must be enrolled in full day for this option)

	COST	CODE
Week 1: June 30-July 3 \$48 (No program Friday, July 4)	\$48.00	143-DC-71B
Week 2: July 7-11 \$60	\$60.00	143-DC-72B
Week 3: July 14-18 \$60	\$60.00	143-DC-73B
Week 4: July 21-25 \$60	\$60.00	143-DC-74B
Week 5: July 28-August 1	\$60.00	143-DC-75B
Week 6: August 4-8	\$60.00	143-DC-76B
Week 7: August 11-15	\$60.00	143-DC-77B



Register online at WWW.WINREC.COM



Youth Programming

KICK & PLAY (12 months - 24 months)

Kick & Play is a caregiver-child pre-soccer and movement program for toddlers, aged 12 to 24 months. Experienced early childhood instructors along with our puppet friends, Mimi and Pepe, take children and caregivers through a world of exciting physical activity. Individualized attention, positive reinforcement and engaging original music help develop pre-soccer skills that have toddlers balancing, running, kicking and playing - all while having a blast! (13 week session)

Date: Wednesday, April 9th - June 18th (11 weeks)
Time: 9:00AM - 9:40AM
Location: Winchester Recreation
Fee: \$245.00 141-PS-19A
Instructor: Super Soccer Stars Staff
Max. 10

MINI MUSIC MAKERS (2 - 4yrs)

This program will introduce your child to the joys of music with a focus on socialization, verbalization, creativity, and imagination. Through songs, dancing, and playing musical instruments, your child will explore a variety of musical topics.

(6 week session)
Date: Thursdays, May 1st - June 5th
Time: 9:00AM - 9:45AM
Location: Winchester Recreation
Fee: \$70.00 142-PS-05A
Instructor: Andrew Gentzow, a Board Certified Music Therapist, leads the class

TIGER TOTS (Ages 4 - 6)

An introduction to Kenpo Karate designed for children Ages 4 - 6. Children will be instructed in basic punches, kicks, blocking & forms. Bully awareness and Japanese terminology will also be introduced. Student safety comes first as we emphasize the five rules: Effort, Etiquette, Character, Sincerity and Self Control. (six sessions) Karate uniforms are required and are available through the instructor.

Date: Mon, May 12th - June 23rd (Off 5/26)
Time: 1:30PM - 2:15PM
Location: Winchester Recreation
Fee: \$80.00 142-PS-03A
Instructor: Brian Sweetser

BABES IN ARTLAND (2 - 4yrs)

This program encourages parents and children to interact in a creative and challenging environment with their children, along with social involvement with other preschool children. Children will explore working with paint, glue and other craft materials. Parents and children will have loads of fun when they team up and create all sorts of crafts. (6 week sessions)

Date: Fridays, May 2nd - June 6th
Time: 10:00AM - 10:45AM
Location: Winchester Recreation
Fee: \$75.00 142-PS-01A
Instructor: Carol McCollem



TINY TIGERS (Grades 1 - 5)

This program is designed for children entering grades 1 - 5 with or without previous karate experience. Our instructor introduces beginning students to basic punches, kicks, blocks and forms. All Students are welcome to participate in self-defense: "No Contact" sparring, bully awareness, history of Karate and terminology. Student safety comes first as we emphasize the five rules: Effort, Etiquette, Character, Sincerity and Self Control. Choose what option works for you. Karate uniforms are required and are available through the instructor.

Date: Mondays, May 12th - June 23rd (Off 5/26)
Time: 3:15PM - 4:00PM
Fee: \$80.00 142-ES-08A
Location: Winchester Recreation
Date: Mondays, May 12th - June 23rd (Off 5/26)
Time: 4:00PM - 4:45PM
Fee: \$135.00 142-ES-08B
Location: Winchester Recreation
Instructor: Brian Sweetser

MINI SOCCER (4 - 6yrs)

Shoot it, trap it, kick it! Participants will learn fundamental skills from coaches through unique drills, games, teaching techniques, trivia and more. Emphasis will be on learning, participating, and having FUN in an appropriately competitive atmosphere. Skills taught include dribbling, passing, shooting, and more. The clinic culminates with tournament day! Clinic is coed, please bring appropriate size soccer ball, appropriate clothing, and a water bottle. 6 weeks

Date: Mondays, April 28th - June 2nd
Time: 3:15PM - 4:00PM #142-PS-02A
4:30PM - 5:25PM #142-PS-02B
Location: Mullin Field
Fee: \$80.00
Instructor: Thundercat Sports



These programs will be instructed by Fifth Degree Black Belt, Brian Sweetser. Owner of By State Martial Arts in Woburn, he has over 13yrs of experience teach children & adults of all abilities and fitness levels. Sensei Brian also holds state and World Championship Titles for competition and has been inducted into the "International Hall of Fame."



Youth Programming

TWINKLE TOES DANCE (2-4yrs)

Come dance the winter blues away with this new Recreation Dance Class. Join instructor, Katelyn Martinson as she teaches Ballet this winter at the Recreation Department. This class will be full of wiggles, giggles and fairy princesses twirling around the gymnasium! If you have ballet shoes please bring them to each class. If not, don't worry, socks and an imagination will work great!

Date: Fridays, March 28th - May 16th

Time: 9:30AM - 10:10AM

Location: Winchester Recreation Gym

Fee: \$75.00 142-PS-05A

Instructor: Katelyn Martinson



CREATIVE DANCE PLAY (3yrs)

This program provides children to develop self-awareness, locomotor and non-locomotor skills, creative expressions, imagination, teamwork exercises to develop flexibility, strength and coordination. Classes are 30 minutes once a week. 6 weeks

Date: Thursdays, May 1st - June 5th

Time: 10:30AM - 11:00AM

Location: Winchester Ballet Conservatory 9 Mt. Vernon St. Winchester

Fee: \$115.00 142-PS-12A

Min/Max: 7-16

TAP, JAZZ, HIP HOP (6 - 9yrs)

Program Description Tap, Jazz / Hip Hop (ages 6 - 9) Class includes warm up, stretching, center-floor exercises, traveling combinations and choreographed routines. 6 weeks

Date: Thursdays, May 1st - June 5th

Time: 4:45PM - 5:45PM

Location: Winchester Ballet Conservatory 9 Mt. Vernon St. Winchester

Fee: \$120.00 142-PS-14A

Min/Max: of participants 7-25

TAP, JAZZ, HIP HOP (10 +)

Class includes warm up, stretching, center-floor exercises, traveling combinations and choreographed routines. 6 weeks

Date: Thursdays, May 1st - June 5th

Time: 5:45PM - 6:45PM

Location: Winchester Ballet Conservatory 9 Mt. Vernon St. Winchester

Fee: \$120.00 142-ES-43A

Min/Max: 7-25

PRE-BALLET (4-5 yrs)

This class builds on the movements learned in Creative Dance Play, Children learn the joy of movement with the emphasis of rhythm, coordination and flexibility. Basic ballet positions and terminology are introduced. Interacting with other children in a positive environment add to the child's sense of self awareness. Classes are 45 minutes once a week.

Dates: Thursday, May 1st - June 5th

Time: 1:00PM - 1:45PM

Location: Winchester Ballet Conservatory 9 Mt. Vernon St. Winchester

Cost: \$115.00 142-PS-16A

WOODWORK SHOP (Gr. K)

Let your Kindergartner put his or her building skills to use. In this six-week creative woodworking class, your child will create a number of functional master pieces that can be used throughout their home. We will use nails, hammers, glue and crafts to make all projects (no power tools.) 6 weeks

Date: Fri, May 2nd - June 6th

Time: 1:00PM - 2:00PM

Location: Winchester Recreation

Fee: \$105.00 142-ES-14B

Instructor: Daneile Wilson



COMING THIS SUMMER

Information will be in our Summer Brochure & Online

THUNDERCAT SPORTS CONCERTS ON THE COMMON SPORTS VACATION CAMPS

Please be sure to check online for additional program. Due to scheduling space issues we cannot coordinate all programs in advance.

All of our summer programming can be found in our Summer Brochure that will be released in early May or Online



Youth Programming

SUPER SOCCERSTARS



Get the ball rolling for ages 2 and up with Super Soccer Stars of Winchester! Super Soccer Stars is quickly becoming the most popular children's soccer program in the state. Dynamic, trained coaches work with every student to develop skills, self-confidence, and teamwork in a fun, non-competitive environment. Positive reinforcement and an extremely low child-to-coach ratio ensure that each child will improve his or her soccer skills through engaging warm-ups, drills, and games - all while having endless fun! Each child receives a free t-shirt on the first day of class.



SATURDAY SESSIONS - Saturday, April 12th - June 21st

No class 5/24, 10 weeks

Ages	Time	Fee	Code	Max.
4.6 - 5 yrs	8:50AM - 9:40AM	\$245.00	142-PS-20A	15
2 - 3 yrs	9:00AM - 9:40AM	\$245.00	142-PS-21A	28
4.6 - 5 yrs	9:50AM - 10:40AM	\$245.00	142-PS-22A	45
3 - 4.6 yrs	10:50AM - 11:35AM	\$245.00	142-PS-23A	45
5 - 7 yrs	11:45AM - 12:45PM	\$245.00	142-PS-23A	15
4.6 - 5 yrs	11:45AM - 12:35PM	\$245.00	142-PS-23A	15
3 - 4.6 yrs	11:45AM - 12:30PM	\$245.00	142-PS-23A	15

All programs from above located at Parkhurst Field

WEEKDAY SESSIONS - April thru June 2014

Tuesdays, April 8th - June 17th (11 weeks)

3 - 5 yrs	12:00PM - 12:50PM	\$245.00	142-PS-24A
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Wednesdays, April 9th - June 18th (11 weeks)

2 - 3 yrs	10:20AM - 11:00AM	\$245.00	142-PS-24B
3 - 4 yrs	11:10AM - 11:55AM	\$245.00	142-PS-25A
3 - 5 yrs	12:10AM - 1:00PM	\$245.00	142-PS-26A

Thursdays, April 10th - June 19th (11 weeks)

3 - 4 yrs	9:30AM - 10:15AM	\$245.00	142-PS-27A
2 - 3 yrs	10:20AM - 11:00AM	\$245.00	142-PS-28A

Fridays, April 11th - June 20th (11 weeks)

2 - 3 yrs	11:20AM - 12:00PM	\$245.00	142-PS-28A
3 - 5 yrs	12:15PM - 1:05PM	\$245.00	142-PS-31A

All programs from above located at Mullins Field

SATURDAY NIGHT LIGHTS (K - 6th) *please note location below*

The mission is to provide the youth of Winchester & Arlington a place to promote the positive social and athletic enjoyment of flag football. The aim is simply to have fun playing the great game of flag football in a safe/fun environment that will help the youth learn about physical activity and the proper skills and techniques required to play the game. Developing Character and Sportsmanship is goal. This allows coaches to work on skills and plays that will be used in the games. At scheduled game time, teams will be on the main field for games that will be refereed by officials. Sessions will meet 30 minutes prior to game time listing below for practices. Teams will be developed week 1 followed by 5 weeks of game play. In the interest of keeping teams balanced, please no team requests. One mouth guard will be provided for each participant. They must be worn by all players at all times. Players will also receive a game shirt and playbook! Program run by Jim Murphy, former All New England at Northeastern University, New England Patriots Practice Squad and Head Football Coach at Merrimack College.

Dates: Saturdays, April 26 - June 14 (Off 5/24, 6/7)

Where: Peirce Turf Field, Arlington MA

SNL Flag Football will be back in Winchester Fall 14'. Due to field limitations/availability, we are unable to host a spring season in Winchester

Teams: 8 - 10 players per team

Cost: \$120.00 per child

Division	Arrival	Game Time	Code
K, 1st & 2nd Grade	6:00pm	6:30 - 7:30pm	142-SL-01A
3rd & 4th Grade	6:00pm	6:30 - 7:30pm	142-SL-02A
5th & 6th Grade	7:00pm	7:30 - 8:30pm	142-SL-03A
7th, 8th & 9th Grade	8:00pm	8:30 - 9:30pm	142-SL-04A



Flag Football Coaches Needed: If you are interested in coaching the Saturday Night Lights Flag Football program, contact Jim Murphy at jkmurphy1212@gmail.com or when you sign up for the program indicate that you are interested in coaching. This can be done on-line. Coaches will be contacted prior to the season beginning by one of the coordinators.



Youth Programs

ART STUDIO (Ages 6 - 12yrs)

Students will experiment with basic drawing elements, composition, proportion, perspective, line, shading - to learn a variety of techniques in different media including pencil, charcoal, watercolors, oil pastels, collage, printmaking, sculpting and much more. Students will develop and expand personal imagery and technical skills, strengthen observational skills while exploring color, shape, form, space, and the effects of light and shadow through age-appropriate projects. They will learn about artists and their styles through slide shows and reproductions.

Date: Mondays, April 28th - June 24th
(Off 4/21, 5/26)

Time: 3:30PM - 5:00PM

Location: Winchester Recreation

Fee: \$185.00 142-ES-15A

Date: Tuesdays, April 29th - June 17th

Time: 3:30PM - 5:00PM (Off 4/22)

Location: Winchester Recreation

Fee: \$185.00 142-ES-15B

Date: Wednesday, April 30th - June 18th

Time: 3:30PM - 5:00PM (Off 4/23)

Location: Winchester Recreation

Fee: \$185.00 142-ES-15C

DISCOVER PIANO (Ages 7 +)

Children can start building a solid foundation in piano playing with this four-week lesson package. These four half-hour sessions are for students new to The Piano Studio. This course presents the basics of note reading and the fundamentals of how to move hands and fingers over the piano keys. Teacher R. J. Carroll sets the pace of lessons according to each student's age and ability. Students will experience a unique, activity-based approach to learning to read notes. Parents observe their children's lessons so they can support their progress.

The lessons are at The Piano Studio of Winchester at 207 Highland Ave. There's a \$7 fee for a music book and learning aids, payable at the first lesson. After registering with the Recreation Department, students contact teacher R. J. Carroll directly at 781-729-8234 to arrange a lesson time.

Fee: \$99.00 plus \$7 material fee to be paid to instructor at first class.

781.721.7125

MAD SCIENCE: CRAZY

CHEMWORKS(Grades K - 4)

Join the Mad Science hands-on science fun. We're crazy about science...and hope you are too! In this program, we'll have a blast exploring chemistry and how it affects the world around us. There will be exciting hands-on activities, spectacular demonstrations, and inquiry-based discussions. We'll learn about the tools scientists use in their laboratories; atoms, molecules, and reactions; acids and bases; and fluorescence and phosphorescence. We'll also examine and investigate super sticky things by exploring suction, hydrogen bonding and static cling and see some very cool dry ice demonstrations! The best part is that each week we'll be able to continue the science fun at home with our very own lab ware take-homes!

Date: Wed, April 9th - June 4th
(Off 4/23)

Time: 3:00PM - 4:00PM

Location: Ambrose School

Fee: \$155.00 142-ES-13A

Instructor: Mad Scientists of Greater Boston

JUNIOR GOLF (6 - 15yrs)

The Barrie Bruce Golf School is proud to offer this popular program for juniors ages 6 - 15. These classes are designed to teach the fundamentals of golf in a fun but safe and nurturing environment. Our qualified instructors will assist your child in a series of five, 90 minutes lessons dealing with safety, the address position, the swing, irons, woods, the short game, and golf etiquette. These classes are for beginners and those who are in the process of developing better golf skills. *Five Sessions.*

Date: April 21st - April 25th

Session I: 10:00AM - 11:30AM 142-YS-95A

Session II: 2:00PM - 3:30PM 142-YS-95B

Location: Billerica Country Club

Fee: \$105.00

WE ACCEPT THESE MAJOR CREDIT CARDS



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BRICKS 4 KIDZ LAB (K-3)

The Bricks 4 Kidz Lab is back with a new theme – Mission 2 Space! Get inspired to go on your own adventure and join us on a Mission 2 Space! Discover some incredible structures at Kennedy Space Center's Launch Complex 39, travel the surface of the moon on a lunar rover, and explore Mars on board the "Curiosity". Our tour would not be complete without a visit to the International Space Station. We'll provide the bricks, all you need to bring for this adventure is your imagination!

The Bricks 4 Kidz Lab is a hands-on class where children explore Science, Technology, Engineering and Math concepts using LEGO® bricks. For 1 hour each week, children will build a model based on the theme for the 6-week session.

Date: Mondays, March 31st - May 12th
(Off April 21)

Time: 3:30PM - 4:30PM

Location: Winchester Recreation

Fee: \$100.00 142-ES-16A

Instructors: Bricks 4 Kidz

BRICKS 4 KIDZ ADVANCED(Gr 4-5)

The Bricks 4 Kidz Advanced Lab is a new program that offers very challenging models. Level-up in your Lego building skills! If you want more complex designs and more challenging models to build then gear up and join the fun. We have "Black Diamond" level models designed especially for advanced builders. Check out these sample models: spider, oil pump, and chameleon

The Bricks 4 Kidz Advanced Lab is a hands-on class where children explore Science, Technology, Engineering and Math concepts using LEGO® bricks. For 1 hour each week, children will build a model based on the theme for the 6-week session.

Date: Mondays, March 31st - May 12th
(Off April 21)

Time: 4:45PM - 5:45PM

Location: Winchester Recreation

Fee: \$100.00 142-ES-16A

Instructors: Bricks 4 Kidz

263 Main Street, Winchester MA



Youth Programs

JIM "GYM" SPORTS (K - 5)

Come join Recreation Program Coordinator Jim Sullivan for one of our newest programs in our recreation line-up, Jim "Gym" Sports. This after-school program is for V.O. students who can't get enough sports and games during the regular day! This program will meet right after schools and teachers will escort participants to the gym. This program focuses on fair play, good sportsmanship and proper game play. Games/sports may include: wiffleball, kickball, tenni-ball, handball, soccer, basketball, dodgeball, floor hockey and much more! Space is limited to the first 20 registrants, so please register in advance!

VINSON OWEN GRADES (K - 2nd)

Date: Wed, May 7th - June 11th (6 wks)

Time: 2:45PM - 3:45PM

Location: Vinson Owen Gymnasium

Fee: \$65.00 142-ES-01A

VINSON OWEN GRADES (3rd - 5th)

Date: Tuesdays, May 6th- Jun 10th (6 wks)

Location: Vinson Owen Gymnasium

Fee: \$65.00 142-ES-01B

Instructors: Winchester Rec - Jim Sullivan
Evan Galante

ENGINEERING FUNDAMENTALS WITH LEGO (3rd - 5th)

Power up your engineering skills with Play-Well TEKologies and over 100,000 pieces of LEGO! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as arch bridges, skyscrapers, motorized cars, and the Battletrack! Design and build as never before, and explore your craziest ideas in a supportive environment. An experienced instructor will challenge new and returning students to engineer at the next level. (8 sessions)

Design and build as never before, and explore your craziest ideas in a supportive environment. An experienced instructor will challenge new and returning students to engineer at the next level. (8 sessions)

Date: Monday, March 31st - May 12th (Off 4/21))

Time: 2:45PM - 4:15PM

Location: Vinson Owen School

Fee: \$125.00 142-ES-22A

Instructor: Play-Well Teknologies Staff

GOOD SPORTS (Gr. 1 - 5)

Sports, sports, and more sports. Grab your friends and sign up; spots fill quickly! You can discover a new sport, develop new friends, and seek new challenges. You also have lots of fun learning about sportsmanship, team play, exercise, and skill development. Games may include, but are not limited to, basketball, floor hockey, new games, soccer, and more. Children are also encouraged to develop their own games. On early release days, the program begins at 3 pm. Join up with a great team!

On early release days this program will start at 3PM.

LYNCH SCHOOL Gr. 1 & 2

Date: Monday, April 7th - June 9th

Off 4/21, 5/26

Time: After School - 4:00PM. Right after

Fee: \$95.00 141-ES-09A

LINCOLN SCHOOL Gr. 1 & 2

Date: Tuesday, April 8th - June 3rd (off 4/22)

Time: After School - 3:45PM

Fee: \$95.00 141-ES-10A

LINCOLN SCHOOL Gr. 1 & 2

Date: Wed, April 9th - June 4th (off 4/23)

Time: After school-3:45PM

Fee: \$95.00 141-ES-11A

LYNCH SCHOOL Gr. 3 & 4

Date: Thur., April 10th - June 5th (Off 4/24)

Time: After school-4 pm

Fee: \$95.00 141-ES-12A

LINCOLN SCHOOL Gr. 3 - 5

Dates: Friday, April 11th June 13th

(Off 4/18, 4/25)

Time: After School -3:45 pm

Fee: \$95.00 141-ES-13A

ENERGY YOGA (Gr. 2 - 5)

This type of energy yoga will help children to become more aware of their bodies and will improve balance, motor control, sensory awareness, attention, emotion, regulation and imagination. There will be physical, emotional, and cognitive exercises as well as postures, breathing techniques and games to boost brain power!

Dates: Mondays, April 7th - May 19th

Time: 2:45PM - 3:45PM (Off 4/21)

Location: Vinson Owen Elementary School

Fee: \$80.00 141-ES-01C

Instructor: Christine Kensicki

CHESS WIZARDS (Gr. K - 5)

Chess Wizards is a premier chess education company providing fun, informative and challenging chess lessons to students. Chess Wizards teaches children many important life concepts, such as learning the ability to win graciously and accept defeat with dignity and sportsmanship. Students will be divided into groups according to their chess experience. At the end of this session, each student will have had the chance to participate in a mini-chess tournament.

VINSON OWEN ELEMENTARY

Date: Tuesdays, April 1st - May 27th

(Off 4/22)

Time: 2:45PM - 3:45PM

Location: Vinson Owen Elementary

Fee: \$130.00 142-ES-04A

WINCHESTER RECREATION

Date: Thurs, April 3rd - May 29th

(off 4/24)

Time: 3:30PM - 4:30PM

Location: Winchester Recreation

Fee: \$130.00 142-ES-04B

CHESS INSTRUCTION (K - 5)

Want to improve academic skills and build concentration skills? If so, chess can help. Join your friends and learn about chess strategies and tactics and more importantly have fun. No experience in playing chess is necessary. All levels from beginner to advanced are welcome. A tournament will be held at the end of the session so students can apply what they have learned in the class in actual competition. Come learn from an International Arbiter, FIDE Master and five-time Massachusetts Chess Champion with over 30 years' teaching experience. 8 Sessions.

Date: Thursday, May 1st - June 19th

Time: 3:00PM- 4:00PM

Location: Ambrose School Gr. K-5

Fee: \$115 142-ES-18A

Instructor: Eduard Duchovny, International Arbiter, FIDE Master





Youth Programs

GIRLS BASKETBALL (3rd - 5th)

This program is for 3rd-5th grade girls who already played on a basketball team. A heavy focus will be placed on fundamental skill-work including: Ball Handling, passing, layups, shooting, defense, and rebounding. The first part of each session will focus on fundamentals, while the last part of each session will be some type of competition. Fast-paced, high repetition and fun! Basketballs will be provided. Space is limited! 4 weeks

Date: Monday, March 31st - April 28th (Off 4/21)

Time: 2:45PM - 3:45PM

Location: Vinson Owen Gymnasium

Fee: \$60.00

BOYS BASKETBALL (3rd - 5th)

This program is for 3rd-5th grade boys who already play on a basketball team. A heavy focus will be placed on fundamental skill-work including: Ball Handling, passing, layups, shooting, defense, and rebounding. The first part of each session will focus on fundamentals, while the last part of each session will be some type of competition. Fast-paced, high repetition and fun! Basketballs will be provided. Space is limited! 4 weeks

Date: Thursdays, May 1st - May 22nd

Time: 2:45PM - 3:45PM

Location: Vinson Owen Gymnasium

Fee: \$60.00



About the Coach: Adrienne (Norris) Mugar

Coach Mugar played competitive basketball for 16+ years, including four years at Boston University and two years professionally overseas. Prior to college, Adrienne helped lead her team to a Wisconsin State High School Championship. She just completed her 5th season as assistant coach for the Lexington Girls Varsity Basketball team. Coach Mugar has worked with athletes of many different ages and skill levels at camps and clinics for both boys and girls. Her goal is to help athletes build confidence by improving their skills and knowledge of the game.

JUST ONCE GUITAR (13yrs +)

Have you ever wanted to learn the guitar but simply find it difficult to find the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Bring your acoustic guitar. Class limited to 15 students. For ages 13+. For more information go to justonceclasses.com Fee includes a workbook and practice DVD. Topics include:

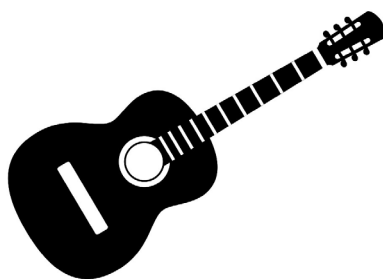
- How chords work in a song*
- How to form the three main types of chords*
- How to tune your guitar*
- Basic strumming patterns*
- How to buy a good guitar (things to avoid)*
- How to play along with simple tunes*

Date: Monday, May 5th

Time: 6:30PM - 9:00PM

Location: Winchester High School

Fee: \$56.00 142-JS-01A



LEGO MOVIE WORKSHOP (Ages 5 -10)

EVERYTHING IS AWESOME! Bring the new LEGO MOVIE to life! Join the team from Event-FULL!, LLC (www.event-full.net) and create your very own scene from the movie! Build a construction site, fire station, police station, school, movie theater and MORE!! You will have the opportunity to meet and use Emmet, Wyldstyle, Abraham Lincoln, Ninja Turtles, Scribble Face Cop and MORE!!! The LEGOs will stay with us but your memories will last a lifetime! Each participant will take home a framed photo of themselves with their LEGO Movie creation. Please send your child with a peanut-free snack and drink. Limited to 20 participants.

Date: Saturday, May 10th

Time: 1:00PM - 4:00PM

Location: Winchester Recreation

Fee: \$60.00 141-ES-77A

Instructors: Event-FULL, Diane Benson & Beth

CHEMISTRY CAPERS (Ages 5-10)

Unlock your inner scientist as you investigate the basics of chemistry in a fun and interactive way. Explore the chemical properties of slime and make super slimy samples to take home. Build a better super-ball, analyze mysterious liquids, and make your own balloons. Not to be confused with the boring kind of chemistry! Kids will select designs to build bridges and soaring skyscrapers. We'll put our skills to the test to build a house for a bird and construct a geodesic catapult. Six Sessions

Date: Weds, April 2nd - May 14th (Off 4/23)

Time: 3:30PM - 4:30PM

Location: Winchester Recreation

Fee: \$110.00 142-ES-20A

Instructor: Wicked Cool Science



AMERICAN GIRL DOLL (Ages 5-10)

CREATE & PLAY-Slumber Party

Join Beth and Diane, the team from Event-FULL!, LLC (www.event-full.net) and bring your special friend (does not have to be an American Girl Doll - feel free to bring a favorite stuffed animal if you choose) to this workshop for several hours you will both enjoy! What you make and take home will lead to several hours of continued play and enjoyment at home! Each participant will create a sleeping bag, pillow and slumber party play food. Please send your child with a nut-free snack and drink. Class is limited to 20 participants

Date: Saturday, May 10th

Time: 9:00AM - 12:00PM

Location: Winchester Recreation

Fee: \$60.00 141-ES-51A

Instructors: Event-FULL, Diane Benson & Beth Meditz



Youth Programs

FISH ON! (K - 5th)

Join the Winchester Recreation Department on Saturday Mornings for some fishing fun! In this program we'll teach you the basics of fishing including: fishing rod/reel set up, knot tying, lure choice as well as choosing how and where to cast. If you have experience fishing we can help you learn more advanced techniques to catch the fish of your dreams! Lures will be provided, please bring your own fishing rod. While we don't guarantee that you'll catch a fish, we do guarantee you'll have fun! Six Sessions.

Date: Sat., May 3rd - June 14th (Off 5/24)

Time: 9:00AM - 10:00AM (K - 2nd)

142-ES-99A

10:15AM - 11:15AM (3rd - 5th)

142-ES-99B

Location: Wedge Pond, Winchester MA
Fee: \$110.00 Includes Fishing Vest & Tackle box
Instructor: Evan Galante & Jim Sullivan



ON-SITE ARCHERY (2nd - 5th)

On Site Archery is coming to Winchester This Spring! The program is lead by USA Archery certified instructors from On Site Archery. You will learn the fundamentals of target archery, including proper shooting form, range safety, range procedures, scoring and much more. No equipment - No problem! OSA provides everything that is needed for you to participate. Come and join On Site Archery for lots of shooting time, camaraderie and fun! 5 weeks

Date: Thursday, May 1st- May 29th

Time: 3:30PM - 4:30PM

Location: Mullins Field

Fee: \$100.00 142-ES-45A

Instructor: On-Site Archery

SPRING FENCING (Ages 7 +)

Back by popular demand! Join us for this exciting sport, one of the fastest growing in the world! Young people are fascinated by the movements and excitement of fencing and are eager to find a place that they can go and learn this originals, modern sport. Fencing develops physical fitness, the ability to develop strategy, concentration as well as camaraderie and respect. (8 sessions)

Wednesday: Beginner - Advanced (Ages 7 and Older)

Dates: April 9th - June 4th 5:30PM - 6:45PM \$180.00
142-ES-40A

Please note this class will be OFF 4/23

Wednesday: Beginner - Advanced (Ages 12 and Older)

Dates: April 9th - June 4th 6:30PM - 8:00PM \$180.00
142-ES-41A

Please note this class will be OFF 4/23

Friday: Beginner/Intermediate (Ages 7 and Older)

Dates: April 4th - May 30th 3:30PM - 4:45PM \$180.00
142-ES-42A

Please note this class will be OFF 4/25.

Friday: Beginner/Advance (Ages 10 and Older)

Dates: April 4th - May 30th 5:00PM - 6:30PM \$180.00
142-ES-42B

Please note this class will be OFF 4/25.

Location: Winchester Recreation Department, 263 Main Street

SUMMER FENCING (Ages 7 +)

Join us for this exciting sport, one of the fastest growing in the world! Young people are fascinated by the movements and excitement of fencing and are eager to find a place that they can go and learn this originals, modern sport. Fencing develops physical fitness, the ability to develop strategy, concentration as well as camaraderie and respect. During this summer session we will be offering 9 classes for the cost of 8 classes.

Wednesday: Beginner - Intermediate (Age 7+)

Dates: June 11th - August 27th (Off 6/25, 7/2, 7/30)
Time: 5:30PM - 6:45PM

Fee: \$180.00 142-ES-40A

Wednesday: Beginner - Advanced (Age 12+)

Dates: June 11th - August 27th (Off 6/25, 7/2, 7/30)
Time: 6:45PM - 8:00PM

Fee: \$180.00 142-ES-40A

ON TRACK(Ages 8yrs - 14yrs)

Join the Winchester On Track Program and learn more about the basics of track! If your child loves to run, jump or throw, this is the place to be! Track and field is one of the fastest growing sports in the nation. Our organized track and field events are a great way for kids (ages 8-14) to stay healthy and learn the essential elements of track and field - running, jumping and throwing!

Elementary Program (Ages 8 - 11)

Dates: April 30th - June 4th

(*June 11th Local Meet at McCall)

Times: 4:00PM - 5:00PM

Location: Skillings Track

Fee: 95.00 142-ES52A

Middle School (Grades 6-8)

Dates: April 30th - June 4th

(*June 11th Local Meet at McCall)

Time: 2:45PM-3:45PM

Location: Skillings Track

Fee: 95.00 142-MS-52A

Instructors: Tara, Brenda, Ken and Shane Tully

WINCHESTER HERSHEY

TRACK AND FIELD MEET

(Ages - 9 - 14*)

This event, sponsored by the Winchester Recreation and Community Education Dept., occurs at the NEW Manchester Track. The meet is open to all youth who will be ages 9-14 by *12/31/14. We have running races of many distances, a long jump, and softball throw competitions. All entrants, grouped by age, are eligible for selection to Hershey's State Meet to be held this July. Those with qualifying times/distances from the state meet have their winning times sent for consideration for the National Meet held in Hershey, PA, in August. Registration begins, by the track, at 3 pm, June 11, the day of the race. The rain date is Thursday, June 12. Participants should bring a labeled, filled water bottle. Racing spikes are not allowed. Members of our "On Track" program will be participating in this meet as well as other athletes from Winchester.

Date: Wednesday June 11th

Time: 3:00PM

Location: McCall Field track

Fee: NO COST TO RESIDENTS



Spring Tennis - Youth

In case of inclement weather, we hold these morning and evening lessons at a local indoor tennis facility. A 2014 Tennis Membership is needed. A 2014 season or lesson pass is required.

Instructors for all tennis programs:
Jim DiPanfilo & Staff

PARENT & CHILD: Ages 5-7

Parents, you can improve your game and learn to teach tennis to your child. Practicing together can be fun. We show you how. A 2014 Tennis Membership for your child is necessary to register. Instructor-to-student ratio is 1:5. Parents attend for free. Please note that it is one parent per child. Seven Sessions

142-TY-06A Wed. May 14 5:30-6:15pm

Location: Packer-Ellis Tennis Courts
Fee: \$99.00

ROOKIE RACQUETS: AGES 4 & 5 NOT IN KINDERGARTEN

Instructors: Jim DiPanfilo & Staff
Rookie Racquets are "the starting gate for tennis greatness!" We may have a budding superstar right here in Winchester. In this program, participants learn to hit, throw, and "toss" the tennis ball while playing tennis-related games. Racquets are provided. Instructor-to-student ratio is 1:5. A 2014 Tennis Membership is necessary to register. These weekly classes meet for seven sessions, except for the Monday course, which meets for only six sessions.

142-TY-01A Mon. May 12 2:30-3pm
(none 5/26) \$70 (6 sessions)
142-TY-01B Tu. May 13 2:30-3 pm
142-TY-01C Wed. May 14 2:30-3 pm
142-TY-01D Th. May 15 2:30-3 pm
142-TY-01E Fri. May 16 2:30-3 pm

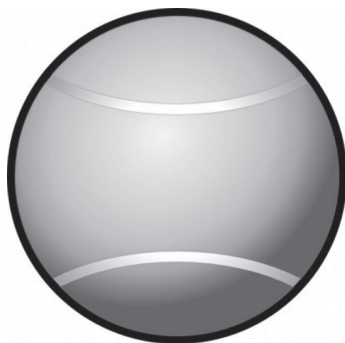
Location: Packer-Ellis Tennis Courts
Fee: \$80.00

JUNIOR TENNIS: KINDERGARTEN & GRADE 1:

This program offers 50-minute lessons focusing on the basic tennis skills. In an enjoyable and supportive environment, we introduce tennis, motor skill development, grips, balance, and basic strokes. Instructor-to-student ratio is approximately 1:5. Each participant must have a current membership at the Packer-Ellis Courts. These weekly classes meet for seven sessions, except for the Monday program, which meets for only six sessions.

142-TY-02A Mon. May 12 3:15-4:05pm
(none 5/26) \$80 (6 sessions)
142-TY-02B Tu. May 13 3:15-4:05pm
142-TY-02C Wed. May 14 3:15-4:05pm
142-TY-02D Th. May 15 3:15-4:05pm
142-TY-02E Fri. May 16 3:15-4:05pm
142-TY-02F Mon. May 12 4:15-5:05pm
(none 5/26) \$80 (6 sessions)
142-TY-02G Tu. May 13 4:15-5:05 pm
142-TY-02H Wed. May 14 4:15-5:05 pm
142-TY-02I Th. May 15 4:15-5:05 pm
142-TY-02J Fri. May 16 4:15-5:05 pm

Location: Packer-Ellis Tennis Courts
Fee: \$95.00



BEGINNER & ADVANCED

BEGINNER: Gr. 2-5 & 6-8

In these 50-min. classes, you learn how to hit "all the shots," which will give you a good match with your friends. We combine games and contests with basic fundamentals so you learn to play tennis while having fun. We do our best to group participants by age and ability. Instructor-to-student ratio is approximately 1:5. Each participant must have a current membership at the Packer-Ellis Courts. These weekly classes meet for seven sessions, except for the Monday program, which meets for only six sessions.

Grades 2-5

142-TY-03A Mon. May 12 3:15-4:05 pm
(none 5/26) \$80 (6 sessions)
142-TY-03B Tu. May 13 3:15-4:05 pm
142-TY-03C Wed. May 14 3:15-4:05 pm
142-TY-03D Th. May 15 3:15-4:05 pm
142-TY-03E Fri. May 16 3:15-4:05 pm
142-TY-03F Mon. May 12 4:15-5:05 pm
(none 5/26) \$80 (6 sessions)
142-TY-03G Tu. May 13 4:15-5:05 pm
142-TY-03H Wed. May 14 4:15-5:05 pm
142-TY-03I Fri. May 15 4:15-5:05 pm

Location: Packer-Ellis Tennis Courts
Fee: \$95.00

Grades 6-8

142-TY-04A Tu. May 13 4:15-5:05 pm
Location: Packer-Ellis Tennis Courts
Fee: \$95.00

INTERMEDIATE/ADVANCED:

Gr. 3-5 & 6-8

In this program, we combine tennis drills with lots of playing. You can use what you have learned by participating in our "game of the day." If you are considering playing organized tennis in the future, think of our Intermediate/ Advanced program now. Your acceptance into the program is based upon your ability and the discretion of the Tennis Director. Instructor-to-student ratio is approximately 1:6. Each participant must have a current membership at the Packer-Ellis Courts. Seven sessions.

Grades 3-5

142-TY-05A Wed. May 14 3:15-4:05 pm
142-TY-05B Th. May 15 4:15-5:05 pm
142-TY-05C Fri. May 16 4:15-5:05 pm
Location: Packer-Ellis Tennis Courts \$95

Grades 6-8

142-TY-07A Th. May 15 4:15-5:05 pm
Location: Packer-Ellis Tennis Courts
Fee: \$95.00

TENNIS MEMBERSHIPS REQUIRED FOR ALL TENNIS PROGRAMS

All Individuals participating in tennis programs must purchase a tennis membership prior to participation.

Tennis memberships can be purchased online or at the office



Summer Tennis - Youth

In case of inclement weather, we hold these lessons at a local indoor tennis facility. Everyone learns new skills in the youth tennis program. Our instructors are trained to work with children. Again, we are offering one-week lesson sessions, Mon.-Fri. Tennis team members can sign-up for the summer season.

All youth tennis lessons are taught at the Packer-Ellis Tennis Courts on Palmer St. Classes fill quickly, so do not delay. Each player must have a 2014 Tennis Membership to register.

PARENT & CHILD: Ages 5-7

Through this enjoyable set of lessons, parents can improve their game and learn to teach tennis to their child. Practicing together can be fun! We show you how to do it. We determine groups at the first class. There are two, 4-week sessions. Instructor-to-student ratio is 1:5. Parents attend for free; the child needs a membership. Please note that it is one parent per child.

Session I

143-TY-02A Tu. July 1 5:30-6:15 pm
Packer-Ellis Courts \$75/child (parent free)

Session II

143-TY-02B Tu. July 29 5:30-6:15 pm
Packer-Ellis Courts \$75/child (parents free)

JUNIOR TENNIS: ENTERING GRADE 1 & 2

This program offers 50-min. lessons focusing on basic tennis skills. In this enjoyable and supportive environment, we introduce tennis, motor skill development, grips, balance, and basic strokes. Instructor-to-student ratio is approximately 1:5. Each participant must have a current membership at the Packer-Ellis Courts. Please note our refund policy.

Junior Tennis: 8:30-9:20 am

143-TY-21A	June 30-July 3 (x7/4)	\$70
143-TY-22A	July 7-11	\$80
143-TY-23A	July 14-18	\$80
143-TY-24A	July 21-25	\$80
143-TY-25A	July 28-Aug. 1	\$80
143-TY-26A	Aug. 4-8	\$80
143-TY-27A	Aug. 11-15	\$80
143-TY-28A	Aug. 18-22	\$80

Junior Tennis: 9:30-10:20 am

143-TY-21B	June 30-July 3 (X7/4)	\$70
143-TY-22B	July 7-11	\$80
143-TY-23B	July 14-18	\$80
143-TY-24B	July 21-25	\$80
143-TY-25B	July 28-Aug. 1	\$80
143-TY-26B	Aug. 4-8	\$80
143-TY-27B	Aug. 11-15	\$80
143-TY-28B	Aug. 18-22	\$80

ROOKIE RACQUETS: AGES 4 & 5 AND ENTERING K

Our Rookie Racquet classes make it fun to learn basic athletic and tennis skills. We provide the racquet; you provide the child. Classes meet for 30 min. each weekday for a week. Instructor-to-student ratio is approximately 1:5 for Rookie Racquets. Each participant must have a current membership at the Packer-Ellis Courts. Please note our refund policy.

Rookie Racquets: 8:30-9 am

143-TY-11A	June30-July 3(x7/4)	\$40
143-TY-12A	July 7 - 11	\$50
143-TY-13A	July 14-18	\$50
143-TY-14A	July 21-25	\$50
143-TY-15A	July 28-Aug. 1	\$50
143-TY-16A	Aug.4-8	\$50
143-TY-17A	Aug. 11-15	\$50
143-TY-18A	Aug. 18-22	\$50

Rookie Racquets: 9-9:30 am

143-TY-11B	June 30-July 3 (X7/4)	\$40
143-TY-12B	July 7 - 11	\$50
143-TY-13B	July 14-18	\$50
143-TY-14B	July 21-25	\$50
143-TY-15B	July 28-Aug. 1	\$50
143-TY-16B	Aug. 4 - 8	\$50
143-TY-17B	Aug. 11 - 15	\$50
143-TY-18B	Aug. 18-22	\$50

Rookie Racquets: 9:30-10 am

143-TY-11C	June 30-July 3 (x7/4)	\$40
143-TY-12C	July 7 - 11	\$50
143-TY-13C	July 14-18	\$50
143-TY-14C	July 21-25	\$50
143-TY-15C	July 28-Aug. 1	\$50
143-TY-16C	Aug. 4-8	\$50
143-TY-17C	Aug. 11-15	\$50
143-TY-18C	Aug. 18-22	\$50

INTERMEDIATE/ADVANCED:

Entering Gr. 4-8

These 75-min. classes are geared for those who have taken lessons before and want to learn in a more competitive atmosphere. We combine tennis drills with lots of playing. You can use what you have learned by participating in our "game of the day." If you are thinking of playing organized tennis in the future, think of our Intermediate/Advanced Tennis class now. You acceptance into the program is based upon your ability and the discretion of the tennis director. Each participant must have a current membership at the Packer-Ellis Courts. Please note our *refund policy.

Inter./Adv. 9:30-10:45 am

143-TY-51A	June 30-July 3 (x 7/4)	\$85
143-TY-52A	July 7-11	\$95
143-TY-53A	July 14-18	\$95
143-TY-54A	July 21-25	\$95
143-TY-55A	July 28-Aug. 1	\$95
143-TY-56A	Aug. 4-8	\$95
143-TY-57A	Aug.11-15	\$95
143-TY-57A	Aug. 18-22	\$95

BEGINNER & ADVANCED

BEGINNER: Entering Gr. 3-10

In these 50-min. classes, you learn how to hit "all the shots," which will give you a good match with your friends. We combine lots of games and contests along with basic fundamentals so you learn to play tennis and have fun, too. We do our best to group participants by age and ability. To ensure a quality program, instructor-to-student ratio is approximately 1:5. Each participant must have a current membership at the Packer-Ellis Courts. Please note our refund policy.

Beg. & Adv. Beg. Gr. 3-5: 8:30-9:20 am

143-TY-31A	June 30-July 3 (x7/4)	\$70
143-TY-32A	July 7-11	\$80
143-TY-33A	July 14-18	\$80
143-TY-34A	July 21-25	\$80
143-TY-35A	July 30-Aug. 1	\$80
143-TY-36A	Aug. 4-8	\$80
143-TY-37A	Aug.11-15	\$80
143-TY-38A	Aug. 18-22	\$80

Beg. & Adv. Beg. Gr. 3-5: 9:30-10:20 am

143-TY-31B	June 30-July 3 (x7/4)	\$70
143-TY-32B	July 7-11	\$80
143-TY-33B	July 14-18	\$80
143-TY-34B	July 21-25	\$80
143-TY-35B	July 28-Aug. 1	\$80
143-TY-36B	Aug. 4-8	\$80
143-TY-37B	Aug. 11-15	\$80
143-TY-38B	Aug. 18-22	\$80

Beg. & Adv. Beg. Gr. 6-10: 9:30-10:20 am

143-TY-41A	June 30-July 3 (x 7/4)	\$70
143-TY-42A	July 7-11	\$80
143-TY-43A	July 14-18	\$80
143-TY-44A	July 21-25	\$80
143-TY-45A	July 28-Aug.1	\$80
143-TY-46A	Aug. 4-8	\$80
143-TY-47A	Aug. 11-15	\$80
143-TY-48A	Aug. 18-22	\$80

TENNIS TEAM: Ages 9-13

We have an exciting season with lots of matches ahead of us. If you like to play matches and want to represent the Town of Winchester, sign up for the tennis team. Mondays are practice days; Wednesdays are match days. All those who wish to join the team must be able to keep score, serve consistently from the baseline, and know how to play both singles and doubles matches without assistance. Selection depends upon your ability and the discretion of the Tennis Director. A current tennis membership is necessary to register for this program.

Date: Starts June 30th, Mon & Wed

Time: 1:00 pm-2:30 pm

Fee: \$225.00 143-TY-01A

*We give refunds for youth tennis lesson programs up until 7 days prior to the session start date. If you are dissatisfied with the program after the first day, you must let us know before the second day to receive a refund.



Winchester Youth Center



The WYC is a division of the Recreation Department serving Middle and High School students. Located on the backside of McCall Middle School, it offers a wide variety of leadership programs, special events, and service opportunities as well as a great space for students to call their own.

*If you are a teenager who wants:
to do something good for others...
something fun to do after school...
cool events and activities to attend...
to spread the word about important issues...
to be a role model to others...
to give something back to the community...
to learn more about yourself and what you're capable of...
...then the WYC is the place for you*

For more Information
Please Contact: Rebecca Levine
EMAIL: winchesteryouthcenter@gmail.com
Phone: 781.721.0906

The WYC offers something for everyone, come check us out and find out how you can get involved. Go to www.wynec.com for more information. You can also like us on Facebook and follow us on Twitter.

LEADERSHIP PROGRAMS

The WYC has several youth groups that focus on responsibility, respect for others, trust, commitment, teamwork, support, and community service.

Through these groups students are given many opportunities to develop their skills in the areas of communication, organization, decision-making, and leadership.

They also build confidence and self-esteem by serving as role models for their peers and making a difference in their community.

PEER LEADERSHIP YOUTH GROUP

Mondays, 5:30-7:00pm

The WYC peer leadership program is a youth group for Winchester High School students who are committed to their community and serving as role models for their peers. The Peer Leaders have weekly youth group meetings to work on further developing their leadership, communication, interpersonal, and decision-making skills; plan for upcoming projects; and have a lot of fun. They supervise the after school activities and drop-in center and serve as Project Leaders for all of the WYC's service-learning projects including all of our special events and community service projects. This group is open to any WHS student who has natural leadership skills and the desire to further develop them. Anyone interested in joining this awesome group is welcome to stop by the WYC for more information.

RELAY FOR LIFE OF WINCHESTER COMMITTEE

Wednesdays, 5:30-7:00pm

The Relay For Life Committee is responsible for all aspects of putting on the Relay For Life of Winchester, a community event to benefit the American Cancer Society. Our Relay committee is unique because although ours is a community Relay, our committee is composed of primarily of high school students. We are currently searching for some adults to join the committee as well. Our committee goals for the 3rd annual Relay For Life of Winchester are to raise \$75,000 with at least 400 participants! If you have been personally touched by cancer or are simply committed to helping us create a world with less cancer and more birthdays, please consider joining our committee. Committee positions include Fundraising, Sponsorship, Community Recruitment, and Survivorship. Contact us at winchesterrelay@gmail.com.



Winchester Youth Center Programs

WINCHESTER LANTERN WALK STUDENT COMMITTEE - Mondays @ 7:00pm

Project Leaders: Dan Holahan, Caroline Ver Planck

The Winchester Community Lantern Walk was created to raise awareness of the negative impacts of stress on our community, provide local resources for reducing stress, and encourage people to reduce stress in their own lives. The goal of the Student Lantern Walk Committee is to create a support system for those who are feeling stressed and advocate for reducing stress among teens. This group meets once a month on Monday evenings and is open to all WHS students who want to make a real difference in the lives of their peers. Please stop by the WYC or email us for more info.

PACT - Tuesdays, 6:00pm

Project Leaders: Caroline Ver Planck, Jackie Collet, Julia Salemme

PACT is the WYC's youth group just for 8th grade girls! We have created PACT with the goals of creating a dialogue about common issues girls face going into high school and inspiring a strong sense of self. Each week we will focus on the following issues: Self-image, Friends, Peer Pressure, Expectations, and Relationships. Through discussion, super fun activities, and special guest appearances, we hope to motivate girls to build self-confidence and the ability to think critically and carefully about all of the decisions that they will make during the important transitions they face in the near future. PACT will meet at 6:00pm on Tuesday evenings in the WYC beginning in March. Please check out our website or contact the WYC for more information.

DROP-IN CENTER & AFTER SCHOOL ACTIVITIES

Staff: WYC Adult staff and WYC Peer Leaders

Please note our new schedule

The WYC is open every day after school throughout the school year from 2:15-5:00. We offer drop-in hours on Monday and Fridays and organized activities on Tuesdays, Wednesdays, and Thursdays. Please read below for detailed information about our after school programs and check our website www.winyc.com for updates on upcoming activities.

DROP-IN CENTER - Middle/High School Students

The WYC's after school drop-in center is open on Mondays and Fridays only. Students must have a Drop-in Center membership to attend and can join at any time throughout the school year. Membership is \$50 for the entire school year and scholarships are available.

Drop-in center activities include arts & crafts, board games, dance parties, video games, pool, air hockey, and foosball. Students are welcome to hang out with friends, play games, do homework, and take advantage of all the cool things that the WYC has to offer. Additionally, every Friday is our movie and popcorn day. We encourage all middle school students to join us!

Dates: Mondays & Fridays, September 9-June 2

Times: 2:15-5:00pm

Registration: \$50 Location: Winchester Youth Center

WYC ZUMBA: PUMP & JUMP

A workout class designed for all! The first half of the class combines muscle conditioning exercises using resistance bands and drumsticks matched with energetic current music. The last part of the class combines zumba, hip hop and simple aerobic moves. Come join the party at the WYC! Everyone is welcome regardless of fitness level or experience.

Dates: Tuesdays, February 25-April 15

Times: 2:45-4:00

Registration: \$25 Location: Winchester Youth Center



Winchester Youth Center Programs

WYC POOL TOURNAMENTS

Come show off your pool skills and compete against your friends. Everyone will have the chance to play multiple games each week on our 3 pool tables. Everyone is welcome regardless of pool playing expertise.

Dates: Wednesdays, February 26-April 16

Times: 2:30-4:00

Registration: \$10

Location: Winchester Youth Center

WYC XBOX KINECT SPORTS & GAMES TOURNAMENTS

It's too cold to run around and play outside so come join us for some active indoor games on the XBOX 360. Whether you're an expert at Tennis, Track, or Soccer or want to show off your "Just Dance" moves, come compete against your friends in a variety of weekly sports and games tournaments.

Dates: Thursdays, February 27-April 17

Times: 2:30-4:00

Registration: \$15

Location: Winchester Youth Center

WYC INTRAMURAL BASKETBALL

Dates: Tuesdays, April 29-June 3

Times: 2:30-4:00

Registration: \$15

Location: Manchester Field Outdoor Basketball Courts

WYC FLAG FOOTBALL

Dates: Wednesdays, April 30-June 4

Times: 2:30-4:00

Registration: \$15

Location: Manchester Field

WYC ULTIMATE FRISBEE

Dates: Thursdays, May 1-June 5

Times: 2:30-4:00

Registration: \$15

Location: Manchester Field

SERVICE-LEARNING PROJECTS

Throughout the year the WYC Peer Leaders coordinate and participate in a huge variety of community service projects. The Peer Leaders are committed to making a positive difference in the world and encouraging others to do the same. If you're interested in doing something good for our community, stop by the WYC and find out how you can get involved. Please check out our website for a complete description of our service efforts.

Additionally, the WYC runs a ton of different special events throughout the year in an effort to provide teens with great alcohol & drug-free alternative activities. It's all part of the Peer Leaders' commitment to making good decisions and helping their peers do the same! Check out our website to learn about all of our special events and mark your calendars for all the things you won't want to miss.

MIDDLE SCHOOL ACTIVITY NIGHTS

Project Leaders: Cam Currie, Julia Salemme

7th & 8th grade: Friday, February 7th, 7:30-9:30pm

6th grade: Friday, March 28th, 7:30-9:30pm

McCall Gym & WYC

The WYC co-sponsors activity nights for 6th, 7th, and 8th graders with the McCall Middle School Parent's Association and McCall Student Council. Participants are welcome to hang out, play games, or watch a movie in the WYC and listen to the DJ play music for the dance in the gym. All students must enter through the front door by the McCall Auditorium, admission is \$10.



Winchester Youth Center Programs

SPRING COFFEE HOUSE

Project Leaders: Vikram Albrecht, Liv Biel, Jackie Collet, Samantha Cronin, Cubby Sivasithamparam, Becca Smith, Veronika Ward
All WHS students are invited to join us for another great night of live performances, yummy treats, and hanging out with friends at the WYC Coffee House. All attendees are encouraged to come and enjoy the relaxing atmosphere! As always, the Coffee House will feature live music and delicious homemade treats, frappes, and coffee drinks.

The Coffee House is open to high school students only. Admission is \$5. All proceeds will benefit the Peer Leaders' Habitat for Humanity trip.

Date: Friday, April 11th

Time: 8:00-10:30pm

Admission \$5.00

Location: Winchester Youth Center

5th GRADE ACTIVITY NIGHT/SCAVENGER HUNT

Project Leaders: David Geyer, Lyndsey Kowalczyk, Kat Roll, Julia Salemme, Caroline Ver Planck

All Winchester 5th graders will be invited to participate in our annual Activity Night in the Spring. Admission is \$10 and includes pizza and a t-shirt. The Scavenger Hunts offer students a chance to get acquainted with McCall Middle School, the Winchester Youth Center, downtown Winchester, and 5th graders from other schools. Please check our website for more info in the spring.

Date: Tuesday, May 13th

Time: 6:00-8:00pm

Admission \$10

Location: Winchester Youth Center

BACK-OF-THE-SCHOOL BBQ BASH

Project Leaders: Jackie Collet, Marina Derrouche

All middle and high school students are invited to join us for the 2nd annual event sponsored by WinCAM and the WYC. The BBQ Bash features free food, a DJ, dunk tank, pie-eating contest, karaoke, and more! Admission is free for all high school and middle school students. We encourage everyone to come hang out with us and then head over to the Mill Pond Stage for the Rock for Youth finals.

Date: Friday, June 6th

Time: 4:00-7:00pm

Admission: Free

Location Winchester Youth Center

TOWN DAY FUN RUN FOR KIDS

Project Leaders: Kat Roll, Lyndsey Kowalczyk, Samantha Cronin

Mark your calendars now for the Winchester Town Day Fun Run for Kids! The WYC sponsors a series of races for children ages 3-8 on Town Day morning on the track at Manchester Field. Beginning at 10:00am, the WYC Peer Leaders will get all of the participants warmed-up and then the races will begin. Every child will receive a t-shirt and a medal!

Date: Saturday, June 7th

Time: 10:00AM

Admission: Free

Location: Manchester Field Track

RELAY FOR LIFE OF WINCHESTER

Form your teams, start your fundraising, and plan to join us for the third annual Relay For Life of Winchester! Our first two Winchester Relays have raised over \$120,000! Relay For Life is the signature fundraising event of the American Cancer Society. It unites communities across the globe to celebrate people who have battled cancer, remember loved ones lost, and fight back against this disease. Teams of 8-15 people from all walks of life camp out at local school, parks, or fairground and take turns walking or running around a track or path. Each team is asked to have a representative on the track at all times, while special entertainment, music, and fun activities keep things lively. Symbolizing the 24/7 battle that cancer patients fight, Relay is an overnight event, lasting up to 24 hours in length. Teams raise money prior to the event then celebrate their fundraising efforts while honoring survivors and remembering those lost to cancer in special ceremonies during the event. The Winchester Youth Center and Connect & Commit have once again formed the Leadership Committee for the third annual Relay For Life of Winchester. Our goal is to bring community members of all ages together to raise money for the American Cancer Society, raise awareness of cancer, and honor all of the Winchester residents who have battled this disease.

Go to www.relayforlife.org/winchesterma to register your team, like us on Facebook, and follow us on Twitter @winrelayforlife.

Please contact winchesterrelay@gmail.com or the Winchester Youth Center for more information.



Spring Tennis - Adults

TENNIS MEMBERSHIPS

Tennis memberships are necessary for everyone using the Packer-Ellis Courts on Palmer St. from May (or opening day) through November 1 (or when courts close). We do not issue tennis passes; instead, the tennis supervisor has a computerized list of members. Identification may be required at the courts. Winchester residents can purchase their memberships at the Recreation Dept., 263 Main Street. As soon as the courts are open, they can get their memberships at the courts on evenings and weekends. Proof of residency is required if an individual is not listed in the most recent census. A limited number of non-resident memberships are available.

Membership	Fees:	Code:	Lessons	Fees:	Code
Resident Adult (18+)	\$165	150-TP-01A	Adult Lessons only	\$12 x # of classes	150-TP-05 A
Resident Youth	\$50	150-TP-02A	Youth Lessons only	\$4 x # of classes	150-TP-06 A
Non-resident Adult	\$265	150-TP-03A			
Non-resident Youth	\$85	150-TP-04A			

Single Use/Daily Fees:

Winchester Resident Single-Use fees are \$10 for adults and \$5 for youth.

Non-Resident Single-Use fees are \$15 for adults and \$5 for youth.

Identification is required upon membership purchase and on-site prior to game-play.

About the Courts:

The Packer-Ellis Tennis Courts in Winchester have 15 Har-Tru Tennis courts located on Palmer St. A season's membership or single-use fee is necessary for use. All tennis lessons are given at Packer-Ellis Courts. A tennis membership is necessary to register for these classes. There are two, hard surface courts at Leonard Field on Washington St. and one, hard surface court at McDonald Field. The hard surface courts do not require tennis membership. There is a supervisor at the Packer-Ellis Courts in the mornings, evenings, and on the weekends. Use of the courts is on a first-come, first-serve basis. If people are waiting, singles play is limited to 1 hr. and doubles play to 90 min. The courts are closed each day for watering from 12:30-1:30 pm or 1:00PM-2:00PM, depending on the lesson schedule.

During the spring and summer, the Winchester Tennis Association (WTA) sponsors several adult tournaments and one youth tournament. Public use of the courts may be limited on those days. Please be patient; the supervisor will work to assign courts as soon as possible. Registration forms for tournaments are available at the courts and online at www.wtawinchester.com.

ADULT BEGINNER

Here is a chance to spring into a new sport. We offer quality instruction on our quality Packer-Ellis courts. A 2014 Tennis Membership is necessary to register. Instructor-to-student ratio is 1:8. Six sessions.

Dates: Monday May 12 th (6 weeks)

Time: 7:15-8:15 pm

Location: Packer-Ellis Tennis Courts

Fee: \$80.00 142-TA-01A

Instructors: Jim DiPanfilo & Staff

ADVANCED BEGINNER

Maybe you have taken lessons before and know the basic skills and grips, but you still can't control the ball very well. This course will give you the practice necessary to improve your ball control, consistency, and serve. The course also introduces you to match play. A 2014 Tennis Membership is necessary to register. Instructor-to-student ratio is 1:8. Seven sessions.

Tuesdays, May 13th (7 weeks)

Time: 10:30-11:30AM 142-TY-02A

Tuesdays, May 13th (7 weeks)

Time: 6-7PM 142-TY-02B

Thursdays, May 15th (7 weeks)

Time: 7:15-8:15PM

142-TY-02C

Location: Packer-Ellis Tennis Courts

INTERMEDIATE

Would you like to improve your overhead? To perfect your backhand? Players at this level must be able to serve and hit consistently from the base line. Our instructors help you improve your technique and teach you more about match play. A 2014 Tennis Membership is necessary to register. Instructor-to-student ratio is 1:8. This course meets for seven sessions, except for the Monday course, which meets for only six sessions.

Monday, May 12th(off 5/26)

Time: 6:00 - 7:15 pm

Fee: \$80.00 142-TY-03A

Tuesday, May 13th

Time: 7-8:15 pm

Fee: \$95.00 142-TY-03B

Thursday, May 15th

Time: 9-10:15 am

Fee: \$95.00 142-TY-03C

Thursday, May 16th

Time: 6-7:15 pm

Fee: 95.00 142-TY-03D

SUPREME TENNIS

For advanced players only. Comparable to a 3.5-4.5 rating. Here is your opportunity for lessons, game play, and new tennis friends. Each class offers a 45-min. lesson followed by supervised and coached game play. A 2014 Tennis Membership is necessary to register. Instructor-to-student ratio is 1:8. Seven sessions.

Tuesday, May 13th

Time: 9-10:30 am

Fee: \$130.00 142-TY-04A

Wednesday, May 14th

Time: 6:30-8 pm

Fee: \$130.00 142-TY-04B

Thursday, May 15th

Time: 10:15-11:45 am

Fee: \$130.00 142-TY-04C

Location of All Programs Above:

Packer-Ellis Tennis Courts

INCLEMENT WEATHER:
In case of inclement weather, we hold these lessons at a local indoor tennis facility.



2014 TOURNAMENT SCHEDULE

Don Ellis Memorial Day Weekend: May 24-25

Youth Town Tennis Tournament: June 14-15

Mixed Doubles: July 26-27

Fall Town Championships: Sept. 6, 7, 13, 14





Summer Tennis - Adults

Join Winchester Recreation and Tennis Pro Jim DiPanfilo & Staff as everyone learns new skills in this adult tennis program. All adult tennis lessons are taught at the Packer-Ellis Tennis Courts on Palmer Street. Classes fill quickly, so do not delay with registration. Each player must have a 2014 Tennis Membership to register (see page 24)

We give refunds for adult lesson programs up until 7 days prior to the session start date. If you are dissatisfied with the program after the first day, you must let us know before the second day to receive a refund.

ADULT BEGINNER

Here is a chance to spring into a new sport. We offer quality instruction on our quality Packer-Ellis courts. A 2014 Tennis Membership is necessary to register. Instructor-to-student ratio is 1:8. Sessions are four weeks in length.

Session I

Monday, June 30th Time 5:30–6:30 pm
Fee: \$75.00 143-TA-01A
Location: Packer-Ellis Courts

Session II

Monday, July 28th Time: 5:30–6:30 pm
Fee: 75.00 143-TA-01B
Location Packer-Ellis Courts

ADVANCED BEGINNER

Maybe you have taken lessons before and know the basic skills, and grips, but you still can't control the ball very well. This course gives you the practice necessary to improve your ball control, consistency, and serve. It also introduces you to match play. Instructor-to-student ratio is 1:8. Participants must have a 2012 Tennis Membership to register. Sessions are four weeks in length.

Session I

Wednesday, July 2nd Time: 6:45–7:45 pm
Fee: \$75.00 143-TA-02A
Location: Packer-Ellis Courts

Session II

Wednesday, July 30th Time:6:45--7:45 pm
Fee: 75.00 143-TA-02B
Location: Packer-Ellis Courts

INTERMEDIATE

Would you like to give your favorite tennis pros a run for their money? Maybe our intermediate tennis lessons are just the place to start. Enjoy Winchester's outstanding tennis courts, improve your game, meet some great people, and become part of Winchester's tennis community. Players at this level must be able to serve and hit consistently from the baseline. Participants must have a 2012 Tennis Membership to register. Instructor-to-student ratio is 1:8. Classes meet for 75 min. Sessions are four weeks in length.

Session I

Mondays, June 30th 6:30–7:45 pm 143-TA-03A
Tuesdays, July 1st 6:30–7:45 pm 143-TA-03B
Wednesdays, July 2nd 5:30–6:45 pm 143-TA-03C
Location: Packer-Ellis Courts Fee: \$79.00

Session II

Mondays, July 28th 6:30–7:45 pm 143-TA-03E
Tuesdays, July 29th 6:30–7:45 pm 143-TA-03F
Wednesday, July 30th 5:30–6:45 pm 143-TA-03G
Location: Packer-Ellis Courts Fee: \$79.00

SUPREME TENNIS

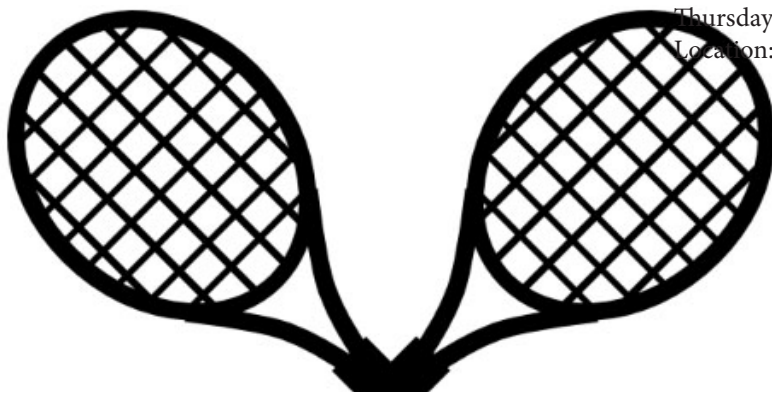
These lessons are intended for those with competitive or team play experience comparable to a 3.5–4.5 rating. They will be an opportunity for lessons, game play, and new tennis friends. Each class offers a 50-min. lesson followed by supervised and coached game play. Participants must have a 2012 Tennis Membership to register. Instructor-to-student ratio is 1:8. Classes meet for 90 min. Sessions are four weeks in length.

Session I

Thursday, July 3rd (Off 7/4) 6–7:30 pm 143-TA-04A
Location: Packer-Ellis Courts Fee: \$89

Session II

Thursdays, July 31 6–7:30 pm 143-TA-04B
Location: Packer-Ellis Courts Fee: \$89.00



INCLEMENT WEATHER:
In case of inclement weather, we hold these lessons at a local indoor tennis facility.



Adult Exploration Programs

CHINATOWN EXCURSION

Join Master Chef and cookbook author, Rose Lee, while she guides you to the delights of Chinese culture and foods. Learn your way around this unique section of downtown Boston as we explore the nooks and crannies of both old and new Chinatown. Visit Asian markets, Chinese bakeries, favorite Restaurants, Arts & Gift shops. Learn about Traditional Chinese Medicine and visit Chinatown's oldest herbal shop to meet the herbalists and learn about some of their products. Also learn about Chinatown's exotic fruits and vegetables and how to prepare them. Find a wholesale Kitchen Supplier and Asian cookware.

Enjoy Samples of Chinese Pastries and Chinatown's best BBQ. Taste the area's best Steamed Dumplings from a famous dumpling house and learn how to make them. And find a wholesale noodle company that sells Asian noodles, dumplings and wrappers. Learn about the many varieties of Chinese teas and how to make Kung-fu tea.

The tour will culminate in a sit-down lunch at a favorite restaurant. (The meal cost is not included in your registration fee. Participants share the costs, payable at the restaurant)

This is a walking tour. Wear comfortable shoes. Chinatown is near South Station and Orange/Green Line T stops. Public transportation is recommended but parking garages are available. Your registration host, upon registration, will send directions and meeting place: *One Session*

Dates: Sunday, April 13th 142-PD-02A
Sunday, April 27th 142-PD-02B
Sunday, May 11th 142-PD-02C

Time: 10:00AM - 2:00PM

Location: Directions on the meeting location will be emailed to you prior to the start of class.

Fee: \$60.00 Per Session/Date selected from above.

Instructor: Rose Lee Tours

NORTH END MARKET'S AND HISTORICAL SITES

Join us for an exciting tour of America's oldest neighborhood, "the North End," home to Boston's Italian roots and traditions, that will have you come back time and time again to enjoy this charming community's markets, food, and wine. Learn the history of this great community. Explore the culinary ambiance of old world Italy and meet the merchants who define this "Little Italy." Discover where to find high quality ingredients for true Italian cooking. Visit the finest Italian deli for the best tasting olives; learn how extra-virgin olive oils and true balsamic vinegar are produced, and sample them; taste imported sausage, prosciutto, and outstanding cheeses; meet culinary experts who offer sumptuous Italian cooking classes. Visit a hundred-year-old spice and coffee shop for a huge selection of coffee beans from around the world and hard to find spices. Discover the best pastry shops that make authentic Italian biscotti, amoretti, sfogliatelle, cannoli and other confections. Visit a pasta shop that makes large variety of fresh pastas and ravioli daily for up scale restaurants, and receive some samples. Roam through a renowned third generation Italian wine and spirits purveyor and shop in their large selection of wine, spirits, gift baskets, and exquisite imported artisan pasta bowls, vases, platters and serving pieces from Italy. Visit a wine shop specializing in smaller vineyards from around the world. Enjoy a wine tasting and learn about wines from a wine expert. This tour includes historical sites in the North End. Wear Comfortable shoes.

Directions and meeting place will be sent upon registration from the registration host. Note: Lunch and Transportation are not provided on the tour. One Session.

Dates: Saturday, May 3rd 142-PD-03A
Saturday, May 17th 142-PD-03B

Time: 10:00AM - 2:00PM

Location: Directions on the meeting location will be emailed to you prior to the start of class.

Fee: \$60.00 Per Session/Date selected from above.

Instructor: Rose Lee Tours

SPRING BIKING

Local back roads and trails take on a new look as you round each curve on a bike. Explore on and off-road trails during our rides through Lexington, Concord, Bedford and other towns. Rendezvous by car at a different starting point each week. A recently tuned hybrid bike is best for these intermediate rides. We ride about 20 miles on each outing, and helmets are required. After registering, email maryhurley@comcast.net for meeting locations. Weather cancellations are made up at end of session as needed. Instructor Mary Hurley will be your spirited leader! Eight Sessions, choose day below.

Dates: Tuesday, April 1st 142-HF-10A
Thursday, April 3rd 142-HF-11A
Friday April 4th 142-HF-12A

Time: 9:30AM - 12:00PM (All days)

Location: TBA, instructor will email meeting location prior to the first class.

Fee: \$89.00

SPRING MYSTERY WALKS

Discover new places to hike and hear tales about Native American settlers and esteemed writers such as Alcott and Emerson. We walk four to five miles, rain or shine. Enjoy the camaraderie of fellow walkers as we learn and have fun. The instructor has been the spirited leader of hikes, bike trips and other marvelous adventures for more than 20 years. She has a great following on these adventures.

Please provide email address when registering and contact instructor at maryhurley@comcast.net for meeting locations. Weather cancellations are made up at end of session as needed. 8 sessions.

Dates: Wednesday, April 2nd

Time: 9:30AM - 12:00PM

Location: TBA, instructor will email meeting location prior to the first class.

Fee: \$89.00 142-HF-13A



Finance & Benefits

LONG TERM CARE: (18+)

What is your Plan?

The good news is that people are living longer. But living a long life doesn't guarantee that it will be a perfectly healthy one. At least 70% of people over age 65 will require some long term care services at some point in their lives.

If you need care, the question is how will caring for you impact your family and your retirement savings? A well-thought out plan for addressing the need for care is essential to the physical, emotional, and financial needs of you and your family.

Topics to be covered:

- What are the long term care risks and consequences?
- What are the options?
- Is long term care insurance be appropriate for you?
- What to look for in an insurance policy and company?
- How can I fund a policy with before-tax dollars?
- What are the advantages and dis-advantages of the combined life insurance and long term care insurance policies?

Date: Wednesday, April 9th

Time: 7:30PM - 9:00PM

Location: Winchester High School

Classroom # will be emailed to participants prior to class.

Fee: \$25.00 142-BF-03A

Instructor: Len May

UNDERSTANDING THE STOCK AND BOND MARKET

The student will be able to understand bonds and stocks and the difference between them. Additionally, their function in the economy. Also, how to read and understand the stock tables and the stocks that should do well in the future, based upon certain criteria. You will enjoy this course because it is your lifeline to success.

Date: Tuesdays, May 20th & May 27th

Time: 6:00PM - 9:00PM (6hrs total)

Location: Winchester High School

Fee: \$40.00 142-BF-06A

Instructor: Jim Balducci

INVESTMENTS MADE SIMPLE

For those who have trouble understanding or managing their investments, there is hope. You will be delighted to know there are simple points to remember. You will understand 401(K) plans, Roth IRAs, mutual funds, dollar cost averaging and the 100% Principle (which informs you how to invest based on your age and investment temperament). Remember Social Security alone will not get you through retirement. We will also cover other areas that will benefit you. All questions will be answered

Date: Tuesday May 6th & Thurs, May 13th

Time: 6:00PM - 9:00PM (6hrs total)

Location: Winchester High School

Fee: \$40.00 142-BF-05A

Instructor: Jim Balducci

EXTREME COUPONING

Do you watch extreme couponing? Do you want to learn how they do it? Well, now you can! In this FUN 2-hour class you will be taught how to drastically save on fresh, produce, back to school items, household goods, clothing and MORE in your local stores. Come and learn the tricks of the trade and start saving your hard earned money today!! As a suggestion, please bring to class on non-perishable food item to be donated to the local food pantry. Most food pantries are struggling and your donation would be greatly appreciated. *One Session*

Date: Tuesday, May 20th

Time: 6:30PM - 9:00PM

Location: Winchester High School

Classroom # will be emailed to participants prior to class.

Fee: \$30.00 142-HG-04A

SOCIAL SECURITY BENEFITS

Deciding how and when to claim Social Security is one of the most critical financial decisions a person will make in his or her lifetime. Did you know that over 70% of Americans do not leverage the rules to get the most retirement benefits available to them? By not understanding the many complex rules surrounding Social Security, you could leave thousands of dollars on the table. In this class, you will learn about strategies on how to get the most from your Social Security retirement benefits. We will help you determine when you should file for Social Security benefits, and what to consider when planning for spousal, survivor and divorced benefits. You will learn the financial impact of filing early or at full retirement age. We will also discuss buy-back strategies, tax-reduction strategies and coordination with other retirement plans.

Date: Tuesday, April 8th

Time: 7:00PM - 9:00PM

Location: Winchester High School

Classroom # will be emailed to participants prior to class.

Fee: \$25.00 141-BF-07A

Instructor: Daniel R. Williams, CLU, CHFC, CFP

THE BEST WAY TO MAKE SURE A PROGRAM RUNS IS TO REGISTER EARLY!

DON'T WAIT OR HESITATE! YOU MIGHT BE TO LATE!

REGISTER ONLINE AT WWW.WINREC.COM



Extreme Couponing Instructor: Elizabeth Lahens is a married mother of two and an Extreme Couponer from Webster, MA. She recently had a grocery bill for \$375.00 prior to submitting coupons, but when she presented all her coupons, her total was 0.00! She paid nothing because of her use of coupons.



Hobbies & Design

QUILTING FOR ALL LEVELS

Come and join our quilting group - finish old projects or begin new ones. All levels, even those who always wanted to try quilting, are welcome to participate in this creative and supportive class. You will be motivated and encouraged as you make progress while you learn new and faster quilting techniques, improve your skills and share ideas and patterns. Instructor, Jane Norberg will be able to answer all your questions and guide you as you work. The sewing space at the high school has 16 sewing machines, great basting tables, and good light. 9 Sessions or drop in option.

Date: April 29th - June 17th

Time: 7:00PM - 9:30PM

Location: Winchester High School

Classroom # will be emailed to participants prior to class.

Fee: \$115.00 (8 Sessions) 142-HG-02A
\$15.00 (Daily)

Instructor: Jane Norberg

WINCHESTER BADMINTON CLUB

Winchester Recreation has teamed up with the Winchester Badminton Club to continue this adult recreational activity that has been a tradition in our town since 1932. The Winchester Badminton Club is open to all adults and is held on Tuesday evenings at the McCall Middle School Gymnasium from 7PM - 9:30PM. Supervised play begins on Tues., September 10th 2013 and runs through May 2014. Please note when school is closed, there is no program. Four courts are available at McCall, and a unique ladder system is used to ensure equal playing time for all participants.

The program fee is \$15.00 per night and includes the cost of the birds provided by the club. Season passes are available and can be purchased by the Club. Season passes are available and can be purchased at Winchester Recreation. For more information please visit the Club's page wbc.wolfberg.net or by calling Winchester Recreation. We hope to see you there.

Date: Tuesdays, September 2013 - May 2014

Time: 7:00PM - 9:50PM

Location: McCall Middle School

Fee: \$15.00 p/night

KITCHEN DESIGN

Kitchens are essential for everyday living and have become the most popular renovation project in American homes today. This course will discuss the current trends in kitchens, including floor plans, cabinetry, counters, flooring and appliances and cover the basics of kitchen design to help you get started planning your new kitchen. You will also receive helpful information about how to properly budget your kitchen, hire contractors, and select cabinetry and appliances. *One Session.*

Date: Tuesday, May 27th

Time: 7:00PM - 9:00PM

Location: Winchester High School

Classroom # will be emailed to participants prior to class.

Fee: \$25.00 142-HG-03A

Instructor: Mary Courville

Instructor Bio: Mary is an interior designer/ kitchen designer and the principal owner of Mary Courville Designs, a full service Winchester interior design firm. A member of the National Kitchen & Bath Association, Mary spent two years at Weston Kitchens in Wellesley as a kitchen designer. Her portfolio may be viewed at Marycourvilledesigns.com

HOME IMPROVEMENT

THE EASY WAY (age18+)

Most of us aren't Do-It-Yourselfers, we hire people to fix, install, upgrade and modify our homes. This workshop covers the steps to take to meet your two primary goals: 1) be charged a reasonable price for the work; 2) have the completed project match your expectations. The good news is that you don't need to become an expert on whatever it is to get the best price and good work. Attend this workshop to learn how to handle the estimator visit, how to differentiate between a swindler and a normal businessman, and how setting the payment schedule makes your job run smoothly. With a few basic contract tips you can modify their inadequate contract to become a true meeting of the minds, leading to a happy working relationship, no surprises, and never go to court. www.gettingbestprice.com

Date: Wed. May 21, 2014

Time: 7:00PM - 9:00PM

Location: Winchester High School

Classroom # will be emailed to participants prior to class.

Fee: \$20.00 142-BF-10A

Instructor: Lynette Hartwig

TRAVELING FOR FUN (age 18+)

Sure, we travel for recreation, but is it really fun? Great traveling tips to improve enjoyment of flights to Europe or within the US. There are new rules and new tools for travelers. How to travel light and even ultra-light—or just a bit less heavy. How to travel overseas without paying a dime for phone service, yet still keep in daily touch. Hassle reduction: what to do so you breeze through airport security. The Pros and Cons of package tours or designing your own tour in Europe. Whether you're going to Disney or taking your first trip across the Atlantic, have a more comfortable, safer trip with fewer snafus. Presented by the author of "Italy for First Timers" and a frequent business traveler. www.gettingbestprice.com

Date: Thursday, May 15th

Time: 7:00PM - 9:00PM

Location: Winchester High School

Classroom # will be emailed to participants prior to class.

Fee: \$20.00 142-BF-04A

Instructor: Lynette Hartwig

COLOR FOR YOUR HOME

Paint colors give you the biggest bang for your decorating buck, but with over 16,000 colors available making the right choice can be overwhelming. Before you open your wallet or grab a paintbrush learn foolproof color selection, how to find your color scheme, and the latest advances in paints. Learn how color can affect the mood of a space and why you should never pick a color in the hardware store. This presentation is filled with practical suggestions, real life examples, and generously illustrated with photo slides. Take home beautiful practical ideas on how to bring new life into your space with the magic of color. *One session.*

Date: Tuesday May 13th

Time: 7:00PM - 9:00PM

Location: Winchester High School

Classroom # will be emailed to participants prior to class.

Fee: \$25.00 142-HG-01A

Instructor: Linda Varone





Hobbies & Trainings

VOICE OVER CLASS (age 18+)

Have you ever been told that you have a great voice? This exciting class will explore numerous aspects of voice over work for television, film, radio, audio books, documentaries and the internet in your area. We will cover all the basics, including how to prepare the all-important demo, how to be successful and earn great income in this exciting field. Students will have the opportunity to ask questions and to hear examples of demos recorded by professional voice actors. Participants will have the chance to record a short commercial script under the direction of our voicecoaches.com producer. This class is informative, lots of fun, and a great first step for anyone interested in voice acting professionally. Choose your date!

Date: April 9th, 2014 142-AM-02B
August 8th, 2014 142-AM-02A
Fee: \$25.00 (per session)
Time: 6:30PM - 9:00PM
Location: Winchester High School
Instructors: Voicecoaches.com

CPR TRAINING

Do you know the warning signs of a heart attack? Would you know what to do if someone had a heart attack? Learning CPR is as easy as A-B-C. Participants will learn and practice emergency rescue skills. This course will combine lecture and stories to help you feel comfortable in case you ever need to perform CPR. Topics will include adult, children and infant CPR, rescue breathing and choke saving techniques. Wear comfortable clothing. The registration fee includes the manual and National Safety Council Certification. One Session

Date: Tuesday, April 8th
Time: 6:30PM - 8:03PM
Fee: \$50.00 142-HF-08A
Location: Winchester High School
Instructor: Susan Callum

A TASTE OF BLACKSMITHING

The discovery of iron and how to work it changed human history. Here's your chance to explore and shape this basic element. You'll learn the fundamental smithing techniques: hammering, drawing out, cutting, bending, and twisting. Using these skills and a coal-fired forge, you'll bring a piece of iron to an incandescent heat, and with anvil, hammer, and tongs, create and S-hook that's both functional and decorative. Please wear proper clothing for visiting or working in the forge: closed to shoes (preferably leather, preferably high-topped), natural fiber clothing, long pants that cover the tops of the shoes.

Please read prospecthillforge.com/safety.php before attending. This class will meet in Waltham at Prospect Hill Forge, on Guinan Street, just off Bacon Street. Directions and other important information is located on the website www.prospecthillforge.com. One Session

Date: Sunday, May 11th
Time: 6:30PM - 9:00PM
Fee: \$65.00 142-AM-05B
Location: Prospect Hill Forge, Waltham

BECOMING WEATHER-WISE

Have you always had an interest in how weather works? Well we have the class for you! In this course, basic weather concepts will be explored, including the water cycle; clouds; high and low pressure areas; winds; temperature; humidity; and extreme weather events, such as tornadoes, hurricanes and blizzards. 6 weeks

Date: Wednesdays, May 7th - June 11th
Time: 7:00PM - 9:00PM
Fee: \$85.00 142-AM-04A
Location: Winchester High School
Instructor: Frank Sanfilippo



PETDOG TRAINING: OFFERING BASIC COMPANION & INTERMEDIATE COMPANION CLASSES: Positive reinforcement training for the caring and responsible dog owner

Has "NO!" become your dog's middle name? Have your idyllic expectations of your canine companion been shattered? Then the PetDog Training classes, based on positive methods for shaping a dog's behaviors, are for you and your pup.

The goals of the Basic Companion class are: walking calmly on lead, developing acceptable social skills, and the basic cues COME, SIT, DOWN, STAY, OFF, STOP, BY ME, TAKE IT AND GIVE. Class #1 is a 2-hour orientation without the dogs, allowing for questions and answers about such issues as jumping, nipping, and house-training. Questions are also addressed throughout the 6-week session. You will learn how to gain your pet's cooperation and respect through positive reinforcement. You will learn about your pet's "language and culture." You will have a pet that is a true member of the household.

The Intermediate Companion course is for those who have completed Basic Companion, its equivalent, or with instructor consent. Objectives are to solidify basic obedience training, focus on the specific needs of the individual dog, and work towards off-lead control. All members of the household, including mature children 6 years of age and older, are encouraged to participate. Dogs must be 10 weeks or older, people and dog friendly, and up-to-date for their ages on all inoculations (including Kennel Cough).

**Proof of vaccinations must be presented at the first class. Students must prepay in order to hold a spot in the class.*

Please go to www.petdogtraining.com to register and find information about the classes or call 978-281-3141





Health & Fitness

FOCUS ON FITNESS

With Judy Whitney and Gail LaRocca

SPRING fitness classes begin Monday, April 7 and continue for 10 weeks.

Morning classes: Ballet Arts Centre, 50 Cross Street, Winchester

Evening classes: Winchester Town Hall

SPRING INTO FITNESS!

UNLIMITED NUMBER OF CLASSES PER WEEK • \$150 Code #142-HF-01A

ONE HOUR EQUIVALENT CLASS PER WEEK • \$100 Code #142-HF-02A

Drop-in rate: \$17/class

SEVEN different styles of exercise available through FOCUS ON FITNESS. Consider a combination of classes that offers muscle strengthening; cardiovascular workout; muscle stretching; and relaxation.

The SPRING schedule is listed below with the seven programming descriptions/options listed on the right.

What to bring: sneakers, water, mat, weights and a positive attitude.

FOCUS ON FITNESS SCHEDULE

Time	MON	TUES	WED	THUR	FRI	SAT
8:00AM-8:30AM						STEP
8:30AM-9:00AM						Muscle
7:55AM-8:55AM				Pilates		
9:00AM-10:00AM	Turbo Blast Muscle	Hi/Low Aerobics	Yoga	Turbo Blast Muscle	STEP	
10:15AM-11:15AM					Yoga	
4:30PM-5:30PM	20/20/20 Complete Workout		20/20/20 Complete Workout			
5:00PM-5:30PM				Turbo Blast Muscle		
5:30PM-6:00PM				Pilates		
5:30PM-6:30PM	20/20/20 Complete Workout		20/20/20 Complete Workout			

Schedule subject to change. Website www.WinchesterAerobics.com indicates cancellations due to weather and other changes when necessary.

FOCUS ON FITNESS HAS IT ALL! (Program Descriptions)

1. STEP/MUSCLE, the Saturday wakeup class.
Thirty minutes of high intensity, low impact STEP workout from 8:00-8:30a, followed by 30 minutes of concentrated muscle conditioning and stretching from 8:30-9:00a, gives you a complete workout. Come for one hour or 1/2 hour if you have to rush off to children's sports games. Jump start your weekend by beginning with a little time for yourself.

2. STEP
One full hour of cardio calorie burning STEP aerobics. This type of class is as popular as the day it was first introduced into the fitness world. People keep on coming back to this tried and true workout. We add a muscle conditioning component to amp up the workout.

3. 20/20/20 COMPLETE WORKOUT
A little bit of this and a little bit of that to give you the best all round workout ever. 20 minutes of sizzling aerobics choreographed to oldies, hip hop, show-tunes, Bollywood, Latin zumba-like tunes. 20 minutes of crucial leg, abdomen and arm toning. 20 minutes of Pilates flexibility and calming movements. Shake it, shape it then stretch it! (Low impact version of aerobics is demonstrated as well.)

4. HI/LOW AEROBICS
Every 10 weeks we spice up your workout with different genres of music to keep you on your toes. In this session we move around to the best boogie tunes from bebop and hip hop to Bollywood and rock. Worried about your knees? We'll show you the low impact version that will still get your heart rate up.

5. TURBO BLAST - MUSCLE CONDITIONING
The staple of any exercise program, come and firm and tone upper and lower muscle groups. We incorporate weights and resistance bands in an intensive workout where individuals can ramp it up or decrease intensity to meet the individual's fitness level and goals. Proven to increase your bone density. The workout is spiced up with Barre movements.

6. PILATES
Pilates is an exercise system that focuses on building strength without bulk, proper breathing, spinal awareness and flexibility. Barre exercises are used to complement the mat-work routine. Soothing music helps you to relax and concentrate on proper spinal alignment, breathing techniques, and pelvic stabilization using the abdomen, buttocks and back. There are added benefits when combined with Muscle Conditioning that blends upper and lower body movement.

7. YOGA FOR FITNESS
Drawing on a number of traditional Hatha yoga postures, this class combines strength, flexibility and breathing components with melodic background music. The instructor uses a fitness-oriented style based on the ancient secrets of health and vitality. Appropriate for all ages and fitness levels.



Health & Fitness

FOCUS ON FITNESS

THE ONE HOUR PER WEEK OPTION

Even if your time is limited, we still want you to exercise! Some people are not able to take full advantage of our unlimited number of classes and only have time for ONE HOUR per week. This may be one hour of a morning class or a one hour equivalent from our evening or Saturday menu. Join us from 4:30PM-5:00PM on Monday night and 5:30PM-6:00PM on Thursday or a whole hour from 5:30PM-6:30PM on Wednesday. You pick the combination that works for you any particular week of the session.

CHOOSE ANY OPTIONS

- **Hi/Low Aerobics**
- **Step**
- **20/20/20 Complete**
- **Yoga**
- **Muscle Conditioning**
- **Pilates**

• A la carte FOCUS ON FITNESS

PILATES MAT-WORK

Certified Instructors: Judy Whitney (morning); Gail LaRocca (evening)

A perfect mind/body program similar to Yoga and incorporating Barre technique. Soothing music helps you to relax and concentrate on proper spinal alignment, breathing techniques, and pelvic stabilization using the abdomen, buttocks and back. The purpose of Pilates mat-work is to stretch and strengthen muscles, and release tension. *No prior experience in the Pilates method of exercise necessary. Wear comfortable clothing and bring a mat and water. Ten one-hour equivalent sessions.*

Thursday, April 10th 8:00AM-9:00AM
Ballet Arts Centre, 50 Cross Street \$100 142-HF-03A

Monday, April 7th 5:10-5:30p, 6:10-6:30p (M/W); 5:30-6:00 (Th)
Town Hall Auditorium \$100 for 1hr10min per week

(Explanation: you can come for 20 minutes on M and W, plus 30 minutes on Thursday OR you can come 10 minutes early on M and/or W and do the tail end of Muscle Conditioning segment. With this option you get a bonus of 10 minutes.)

Drop-in for \$17/class. 141-HF-05A
www.winchesteraerobics.com for more details

YOGA 4 FITNESS

Certified Instructors: Judy Whitney and Lena El-Chehabi

Drawing on a number of traditional Hatha yoga postures, this class combines strength, flexibility and breathing components with melodic background music. The instructor uses a fitness-oriented style based on the ancient secrets of health and vitality. Appropriate for all ages and fitness levels. Wear comfortable clothing and bring a mat and water. Ten sessions.

Wednesday, April 9th 9:00-10:00a
Friday, April 11th 10:15-11:15a
Ballet Arts Centre, 50 Cross Street \$100
Drop-in for \$17/class. 142-HF-04A
www.winchesteraerobics.com for more details

About the instructors:

-**Judy Whitney** is the owner of Winchester Aerobics and has been teaching fitness to children and adults for over twenty five years. She is certified by the American Council on Exercise as a Group Fitness Instructor, as well as a Personal Trainer. She has earned specialty certifications in Pilates Mat-work and Yoga. Judy holds a master's degree in special education from Boston College and choreographs for McCall's Jubilation Concerts. She teaches a popular fitness class at Jenks Senior Center and Mount Vernon House. Married with three children, she is a lifelong resident of Winchester.

-**Gail LaRocca** is an ACE certified as a Group Instructor and has additional certifications in Pilates Mat-work and Yoga. Gail lectures on the culture and wildlife of East Africa and directs a nonprofit water organization, LifeWaterAfrica.org for which she earned Massachusetts' 100 Unsung Heroines of 2010 Award. She is an interior/exterior house painter as well.

NEWEST experienced instructor: Lena El-Chehabi has been teaching group fitness classes in Step and weight training since 1996. She is concentrating her passion for exercise and contemplation through yoga and is YogaFit certified. Judy Whitney comments: I am pleased to have Lena as part of our team as she brings new depth and breath to our program. Her dedication and compassion for fitness is evident in her teaching style. Gail and I welcome Lena into our organization.



Pictured Above: Judy Whitney & Gail LaRocca.



Health & Dance

HATHA YOGA

This is a moderately paced yoga class that encourages students to flow from pose to pose with meditative awareness and attention to alignment and breathing. Class may include active and physically challenging poses as well as more passive, longer holds. Students are continually encouraged to explore their inner flow and turn within for guidance on and off the mat."

Dates: Tues, April 15th - June 17th

Times: 6:15PM - 7:30PM

Location: Winchester Recreation

Fee: \$105.00 142-HF-09A

Instructor: Bettina Velona

BEGINNER TAP

This course is perfect for adults who have always wanted to learn to tap dance but never had the chance. You will learn the basic elements of tap dancing, combining rhythms, and patters to form simple combinations and steps. Have fun while learning different styles and techniques.

Dates: Tues, May 6th - June 17th

Time: 6:00PM - 7:00PM

Location: Town Hall Auditorium

Fee: \$91.00 142-DN-01C

Location: Town Hall Auditorium

ADVANCE TAP

A little exercise, and lot of fun. Move up to the next level of tap in a friendly, supportive atmosphere and increase your repertoire of patterns and combinations of steps while dancing to great music.

Ten Sessions

Dates: Tues, May 6th - June 17th

Time: 7:00PM - 8:00PM

Location: Town Hall Auditorium

Fee: \$91.00 142-DN-01D

Location: Town Hall Auditorium

ADULT BEGINNER BALLET

This program is a basic introduction to ballet barre, toning and stretching. Each week participants will gain confidence as they learn traditional ballet.

Dates: Thursday, May 1st - June 5th

Time: 11:30AM-12:15AM

Location: Winchester Ballet Conservatory Fee:

Fee: \$100.00 142-DN-01E

ZUMBA 18 + (or 14 + w/adult)

Description - Zumba Fitness is a dance and aerobics class that incorporates hip hop, salsa, Meringue, mambo, and a little bit of jazz all packed into an hour of a heart pounding workout that feels like a dance party!! This is a class where we will mix fitness with up-beat world rhythms and popular music from today with easy-to-follow choreography, for a total-body workout that goes by so fast because it is an hour of pure fun! Come join the party! 6 weeks

Dates: Tuesdays, April 29th - June 3rd

Times: 7:45PM - 8:45PM

Location: Winchester Recreation Gym

Fee: \$55.00 Full Session 142-HF-02A

\$10.00 Drop-in Fee 142-HF-02B



BELLY DANCING

Bring your friends, sister and Mom to learn this women's dance! Fast & fiery to slow & smooth, this dance includes * isolations * figure 8's *flowing hands/ arms * fast combos * and the beautiful Veil Dance! Learn the basic elements of a routine. Veils may be borrowed. Finger cymbals optional for those looking for an extra challenge or who have taken belly-dance before. Improve flexibility, increase self confidence, work all muscles (low impact)... while having FUN! Beginners & all fitness levels welcome!

Wear stretchy comfortable clothing & thick socks or ballet slippers on feet.

Dates: Thursdays, May 1st - June 5th

Time: 6:30PM - 7:30PM

Location: Winchester Recreation Gym

Fee: \$70.00 142-DN-01A

TOTAL BODY FITNESS: It's Time For Results!

WinRec is delighted to launch a brand new exercise program for spring – outdoor fitness bootcamp! Beginners and intermediates will thrive in this non-intimidating atmosphere. Expert Trainers from our friends at Ultimate Bootcamp will adapt the workouts to YOUR fitness level, allowing you to enjoy every-day victories. Each hour-long class includes calorie-blasting cardio and muscle-sculpting exercises to give you the most you can get from your workout. Whether you're looking to get outside and exercise, or you want to rev up your existing workouts, book your place online now!

Location: McCall Middle School, Manchester Field **Time** 5.40AM - 6.40AM

Date: Monday March 31st, Mon – Thurs (2x or 4x a week options)begins

REGISTER ONLINE AT www.ultimatebootcamp.com/winchester



Registration Information

Registration on-going for 2014 Spring / Summer

Spring/Summer Season April - August

Register Early to ensure a space in the course(s) you want.

Please Note: Parents/Guardians must sign the Winchester Recreation & Community Education Program Waiver to register. Waiver for is across this page on the inside back cover.

Remember you may register with:



online at www.winrec.com or by call 781.721.7125, 24 hours a day!

Holidays:

April 18th Good Friday
May 26th Memorial Day

Office Hours:

Monday thru Friday 8:00AM - 4:00PM

263 Main Street Winchester MA 01890

Every course and activity in the Recreation and Community Services Department is open to all, non residents and residents.

POLICIES AND GENERAL INFORMATION

Visa or MasterCard Accepted (except for discounted tickets) Checks Payable to the Town of Winchester

On-line Registrations: www.winrec.com 24 hours a day
Phone-In Registrations: 781-721-7126, Monday-Friday 8 am to 4 pm

Registration: Fill out registration cards according to the instructions on the opposite page. All classes have enrollment limits. Please register early to avoid disappointment. The Recreation Dept. reserves the right to cancel, alter, or change any classes if circumstances warrant. Registrations are entered on a first come/first serve basis. Please note that submittal of your registration on-line does not necessarily mean you are guaranteed placement into a program. On-line applications are picked-up first thing each morning and processed on a first come/first serve basis. Some programs may have different enrollment procedures. Please see individual program write-up for details.

Payment: Full payment must accompany your registration unless otherwise stated in the brochure. Non-refundable deposits may be required for certain trips and programs. Check the information in the individual program description.

Refunds: When a student drops a course, instructional and other costs must still be met. If you are dissatisfied with a program after the first session, you must let us know before the second session to receive your pro-rated refund. In the event of an extended illness or injury, we will issue a pro-rated voucher, if notification is given prior to the end of the course. We cannot issue refunds for trips, special events, or ticketed events unless a replacement has been found. No refunds are given for single session courses. Refunds take up to four weeks to be processed. For one-week long courses, refunds must be requested at least 7 days before the start of class.

There will be a \$5 administration fee for all refunds. This fee will be per program/per child. If the Recreation Dept. cancels a program, we do not assess this administration fee. Please note Special Refund Policy on 1-week courses. We give refunds for the programs up until seven days prior to the session start date. If you are dissatisfied with the program after the first day, you must let us know before the second day to receive a pro-rated refund.

Course Cancellations: Classes are not held on legal holidays or during school vacation weeks. There are no evening classes when Winchester High School is closed. Make-up Classes are arranged for any postponed classes, but they can be canceled because of weather and travel conditions. Contact your instructor at the next regular class meeting for details.

Filled Courses: If your course is filled, we place you on a wait list and notify you. If you paid by credit card, we do not charge your account. Whenever possible, we try to add additional classes for oversubscribed courses.

Class Location: Class location is noted with each course description. Most Community Education courses are offered at Winchester High School (WHS), Skillings Road. We post exact room assignments the first night of class. OTHER LOCATIONS ARE SPECIFIED IN THE BROCHURE.

Supplies: Except where noted, supplies and study materials are not included in the fees.

Financial Aid: Some financial aid is available; contact the Recreation Director for information.

Inclement Weather: Programs are canceled automatically when schools are closed because of inclement weather. Call 781-721-7125 if in doubt.

Handicap Access: Every possible effort is made to ensure that programs are accessible to all.



Registration Information



ONLINE REGISTRATION

This is the easiest way for you to register. Visit www.winrec.com and create your household account. You will then be able to search through our many offerings online. Select your program and simply check out. We currently accept Visa or MasterCard. Register at www.winrec.com



BY PHONE

If you are paying with a credit card call, 781.721.7125. Please have the course number and your VISA or MasterCard number available.



BY MAIL

Fill in the registration form located on the top right of this page and mail to:

Winchester Recreation Department
263 Main Street
Winchester, MA 01890

Enclose a check or money order. If you are paying with VISA or MasterCard please fill in your card number, expiration date and 3-digit security code located on the back of the card.



WALK IN

Registrations are accepted in the Recreation Office, 263 Main Street, between 8:00AM - 4:00PM, Monday thru Friday.



BY FAX

If you are paying with VISA or MasterCard, our FAX number is 781.729.7129

Please use a separate registration form for each person. If you need additional cards, simply list the necessary information on a separate sheet or make copy of the registration form.

Sex M F
Last Name _____ First Name _____

Address _____ Street _____ Town/City _____ Zip _____

Home Phone _____ Emergency Contact/Phone _____
/ /

Date of Birth _____ Grade(if applicable) _____ School(if applicable) _____
 Check if new address

Course #	Course Title	Fee
		\$
		\$
		\$

Complete if paying by Credit Card: VISA MasterCard

Credit Card Number _____ Expiration Date _____
Month _____ Year _____

3-Digit Security Code _____

Cardholder Signature _____
Name as it appears on credit card

Register by Credit Card Online or by Phone
www.winrec.com - 781.721.7123
Online 24 hours a day!

WINCHESTER RECREATION & COMMUNITY EDUCATION PROGRAM WAIVER

All registrants and their guardians agree to the following policy: in consideration of your accepting my/my child's registration. I hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I, or my child, may give against the Town of Winchester, its elected and appointed officials, agents and employees, for any and all injuries suffered by my child or me at this activity. I acknowledge that this activity has some risk of physical injury, which I am willing to assume. I understand that participation in this program will involve the use by my child and/or me of the recreational facilities and equipment of the Town of Winchester. I understand that the Town of Winchester does not have accident or medical insurance on those participating in its programs. I consider myself, and/or my child, to be in appropriate physical condition to participate in this activity. I further consent to pictures to be taken of my child or me for advertisement and/or promotion of programs.

I understand and accept the Winchester Recreation and Community Education Waiver as written:

Signature (Must be 18+) _____ Date _____

Winchester Recreation & Community Education

263 Main Street, Winchester MA 01890-3006

Photo Credit: Cydney Ambrose Photography

Concerts on the Common - Are Back!!

DATE	TIME	BAND	SPONSORS
July 2nd, 2014	6:30PM	Community Music School <i>Classic Rock</i>	Community Music School
July 9th, 2014	6:30PM	Toe Jam Puppet Band <i>Children's/Family Interactive Music</i>	Kids Stock
July 16th, 2014	6:30PM	Backburner <i>70's Classic Rock</i>	Winchester Cooperative Bank
July 23rd, 2014	6:30PM	Broadway Songs <i>Broadway Music</i>	Next Door Theater
July 30th, 2014	6:30PM	All Star Blues Band <i>Blues Music</i>	Carole's Kitchen and Bath
August 6th, 2014	6:30PM	Battle of the Bands <i>High School Students (TBA)</i>	EN KA Society
August 13th, 2014	6:30PM	Quintessential Brass <i>Brass Band</i>	Winchester Savings Bank

THANK YOU TO OUR SPONSORS!